



**NATIONAL CORE
INDICATORS[®]**
NASDDDS & HSRI

In Person Survey (IPS) State Report

2020-21 Virginia Report

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What is NCI-IDD?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

In 2020-21 a total of 48 states, the District of Columbia and 22 sub-state entities participated in NCI-IDD. Not all participating states do all surveys every year.

Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2020-21 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of 19,991 valid surveys collected across 26 states: AL, AR, CA, CO, FL, GA, HI, IL, IN, KS, KY, MI, MN, MO, NE, NV, NH, NJ, NC, OH, OR, PA, SD, TN, VA, WI.

What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

What is included in this report?

This report includes this state’s In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ▲;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ▼.

Significance is taken a .01 and account for *effect size*. For more information about significance testing and effect sized, please see [the Methodology section of the National report](#).

Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI-IDD average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. The data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are “weighted” to reflect the states’ relative population and sample sizes. We created the weights using the state’s number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*).

To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Report: <https://bit.ly/34nvqXY>.

Demographics

This section presents descriptive information of individuals surveyed.

See all states Demographic data [here](#).

Important notes on data:

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data

All NCI-IDD Averages are *weighted*

Table 1. Age

State v NCI-IDD	Mean	Min	Max	Standard Deviation	Median	N
VA	41.6	19.0	92.0	16.0	38.0	718
Weighted NCI-IDD Average	41.4	18.0	97.0	15.6	38.0	19,912

Table 2. Age Group

State v NCI-IDD	18-22	23-34	35-54	55-74	75 and older	Unknown	N
VA	8%	35%	32%	22%	3%	0%	719
Weighted NCI-IDD Average	8%	33%	34%	22%	2%	1%	19,991

Table 3. Gender

State v NCI-IDD	Male	Female	Other	N
VA	59%	41%	0%	717
Weighted NCI-IDD Average	59%	41%	0%	19,880

Table 4. Marital Status

State v NCI-IDD	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
VA	98%	1%	1%	0%	718
Weighted NCI-IDD Average	96%	1%	2%	1%	19,791

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 5. Person is a parent

Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Don't Know
VA	99%	0%	1%	0%
Weighted NCI-IDD Average	97%	1%	2%	10%

Table 6. Person's child co-resides in home (if child is under 18)

State v NCI-IDD	Yes	No	Don't Know	N
VA	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	50%	48%	2%	148

Table 7. Race

State v NCI-IDD	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Two or More	Don't Know	N
VA	0%	2%	29%	0%	63%	2%	2%	2%	0%	719
Weighted NCI-IDD Average	1%	4%	15%	0%	63%	11%	2%	1%	3%	19,762

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 8. Residential Designation

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/>

State v NCI-IDD	Metropolitan	Micropolitan	Rural	Small town	N
VA	83%	5%	5%	7%	718
Weighted NCI-IDD Average	80%	11%	3%	6%	19,844

Table 9. Type of Residence – ICFs/ID, Nursing facilities or other specialized institutional settings

State v NCI-IDD	ICF/ID, 4-6 Residents With Disabilities	ICF/ID, 7-15 Residents With Disabilities	ICF/ID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
VA	0%	0%	0%	0%	0%	719
Weighted NCI-IDD Average	2%	0%	1%	0%	1%	19,813

Table 10. Type of Residence – Group Residential Setting

State v NCI-IDD	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
VA	8%	31%	5%	719
Weighted NCI-IDD Average	9%	20%	3%	19,813

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data

All NCI-IDD Averages are *weighted*

Table 11. Type of Residence – Other Home Settings

State v NCI-IDD	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care, Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
VA	8%	29%	7%	11%	0%	0%	0%	719
Weighted NCI-IDD Average	16%	42%	3%	1%	0%	1%	1%	19,813

Table 12. Length of Time at Current Residence (If Not Homeless or in Crisis Bed Placement)

State v NCI-IDD	Less Than 1 Year	1-3 Years	3-5 Years	Over 5 Years	Don't Know	N
VA	6%	23%	11%	59%	1%	713
Weighted NCI-IDD Average	8%	18%	9%	60%	3%	19,397

Table 13. Person's Residence Owned or Controlled by Provider Agency

State v NCI-IDD	Yes	No	Don't Know	N
VA	53%	46%	2%	714
Weighted NCI-IDD Average	38%	60%	2%	18,269

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 14. Person is Named on the Lease

State v NCI-IDD	Yes, Named On Lease or Deed	Yes, Named On Other Legally Enforceable Agreement	No	Don't Know	N
VA	14%	9%	69%	8%	716
Weighted NCI-IDD Average	20%	6%	64%	9%	10,592

Table 15. Person Owns Home

State v NCI-IDD	Yes	No	Don't Know	N
VA	1%	98%	1%	718
Weighted NCI-IDD Average	2%	96%	2%	10,645

Table 16. Has ID Diagnosis

State v NCI-IDD	Yes	No	Don't Know	N
VA	89%	10%	1%	719
Weighted NCI-IDD Average	86%	13%	1%	19,875

Table 17. Level of ID (if the person has an ID diagnosis)

State v NCI-IDD	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
VA	32%	36%	18%	9%	4%	1%	644
Weighted NCI-IDD Average	39%	29%	14%	8%	9%	1%	16,768

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 18. Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness ('Don't Know' responses are included in the denominator)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
VA	30%	28%	40%	14%	10%
Weighted NCI-IDD Average	33%	30%	33%	12%	14%

Table 19. Other Disabilities ('Don't Know' responses are included in the denominator)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
VA	28%	17%	3%	33%	0%
Weighted NCI-IDD Average	24%	16%	5%	27%	1%

Table 20. Other Disabilities (continued; 'Don't Know' responses are included in the denominator)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Down Syndrome	Prader-Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities, Not Listed	No Other Disabilities
VA	6%	1%	1%	12%	7%	15%	8%
Weighted NCI-IDD Average	9%	1%	1%	10%	6%	19%	7%

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 21. Health Conditions ('Don't Know' responses are included in the denominator)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
VA	4%	14%	2%	22%	15%
Weighted NCI-IDD Average	7%	12%	2%	21%	18%

Table 22. Health Conditions (Continued)
Categories are not mutually exclusive, therefore N is not shown

State v NCI-IDD	Dysphagia	Pressure Ulcers	Alzheimer's	Oral Health or Dental Problems	Sleep Apnea	Other Health Conditions
VA	10%	3%	2%	4%	6%	37%
Weighted NCI-IDD Average	9%	2%	3%	5%	8%	42%

Table 23. Preferred Means of Communication

State v NCI-IDD	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
VA	72%	21%	2%	3%	2%	0%	718
Weighted NCI-IDD Average	75%	20%	1%	1%	2%	0%	19,817

Table 24. Primary Language

State v NCI-IDD	English	Other	N
VA	98%	2%	716
Weighted NCI-IDD Average	93%	2%	19,685

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 25. Mobility

State v NCI-IDD	Moves Self Around Environment Without Aids	Moves Self Around Environment With Aids or Uses Wheelchair Independently	Non-Ambulatory, Always Needs Assistance to Move Around Environment	Don't Know	N
VA	70%	17%	13%	1%	717
Weighted NCI-IDD Average	76%	14%	10%	1%	19,669

Table 26. Support Needed to Manage Self-Injurious Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
VA	63%	22%	11%	4%	717
Weighted NCI-IDD Average	76%	18%	5%	1%	19,063

Table 27. Support Needed to Manage Disruptive Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
VA	49%	31%	16%	3%	718
Weighted NCI-IDD Average	53%	28%	12%	7%	19,161

Table 28. Support Needed to Manage Destructive Behavior

State v NCI-IDD	None	Some	Extensive	Don't Know	N
VA	60%	25%	12%	4%	717
Weighted NCI-IDD Average	66%	20%	6%	7%	19,084

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 29. Level of Guardianship

State v NCI-IDD	None	Limited Guardianship	Full Guardian	Has Guardian, but Unable to Distinguish Level	Don't Know	N
VA	50%	7%	42%	1%	0%	719
Weighted NCI-IDD Average	53%	10%	27%	8%	2%	19,826

Table 30. Guardian's Relationship to Person

State v NCI-IDD	Family	Friend	Public Guardian or Public Administrator	Financial Institution	Non-profit Guardianship Agency	For-profit Guardianship Agency	Other	Don't Know	N
VA	79%	4%	7%	0%	1%	1%	4%	4%	356
Weighted NCI-IDD Average	70%	2%	12%	0%	3%	1%	1%	11%	6,239

Table 31. Funding source

State v NCI-IDD	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan funded	Exclusively supported by state funds	State Plan only	Don't Know	N
VA	0%	99%	16%	0%	1%	0%	719
Weighted NCI-IDD Average	2%	85%	23%	1%	1%	3%	11,257

An asterisk (*) denotes that data include at least 25% "don't know" and missing data

All NCI-IDD Averages are *weighted*

Table 32. Person receives Medicare

State v NCI-IDD	Yes	No	Don't Know	N
VA	49%	47%	3%	719
Weighted NCI-IDD Average	50%	44%	6%	11,083

Table 33. Amount of daily support received at home

State v NCI-IDD	24-hour on-site support or supervision	Daily on-site support	Scheduled, less frequent than daily support	As needed visitation and phone contact	None of these options	Don't Know	N
VA	66%	19%	7%	1%	5%	2%	719
Weighted NCI-IDD Average	51%	16%	14%	2%	10%	7%	11,048

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data

All NCI-IDD Averages are *weighted*

Choice and Decision-Making

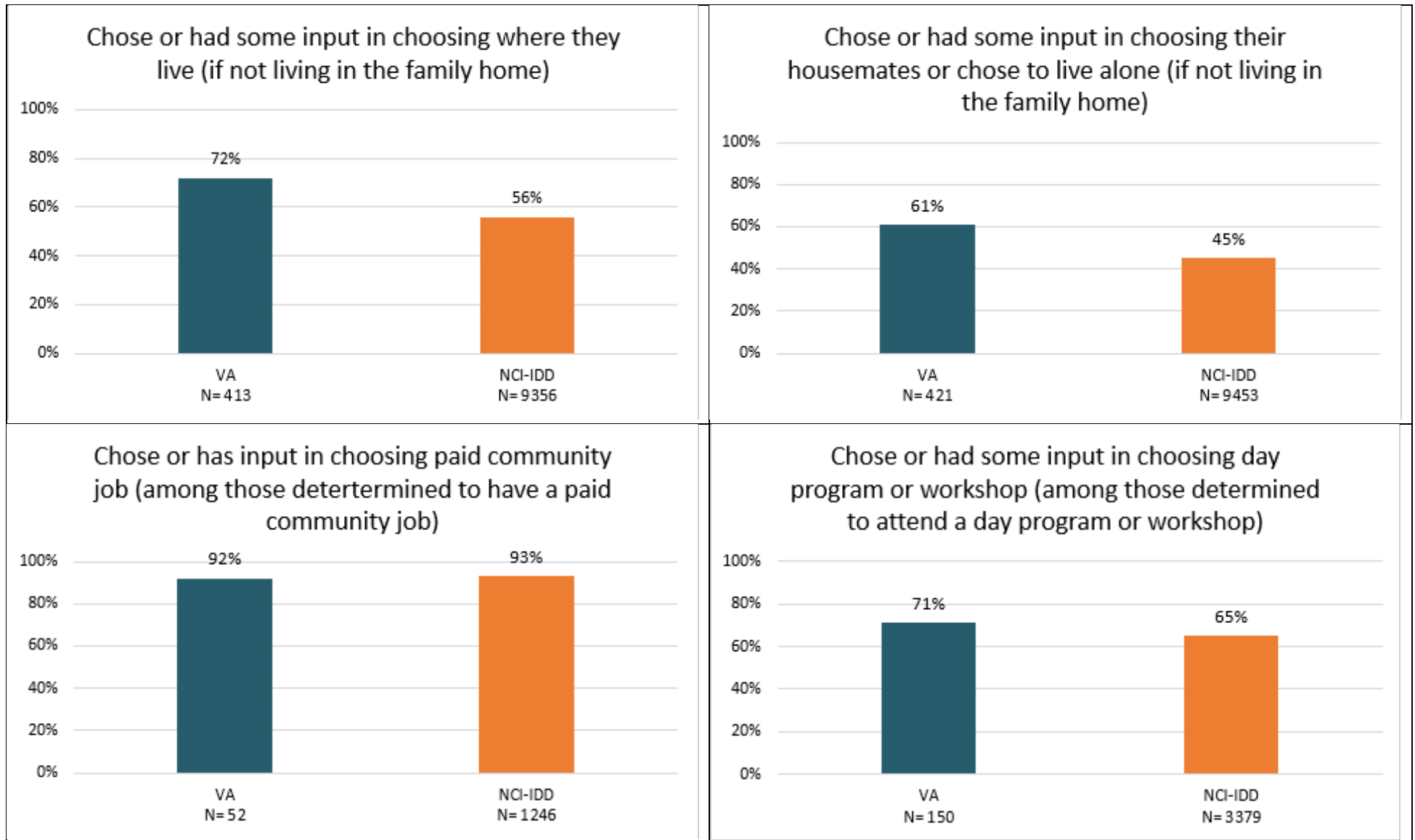
People make choices about their lives and are actively engaged in planning their services and supports.

See all states' *Choice and Decision-Making* outcomes [here](#).

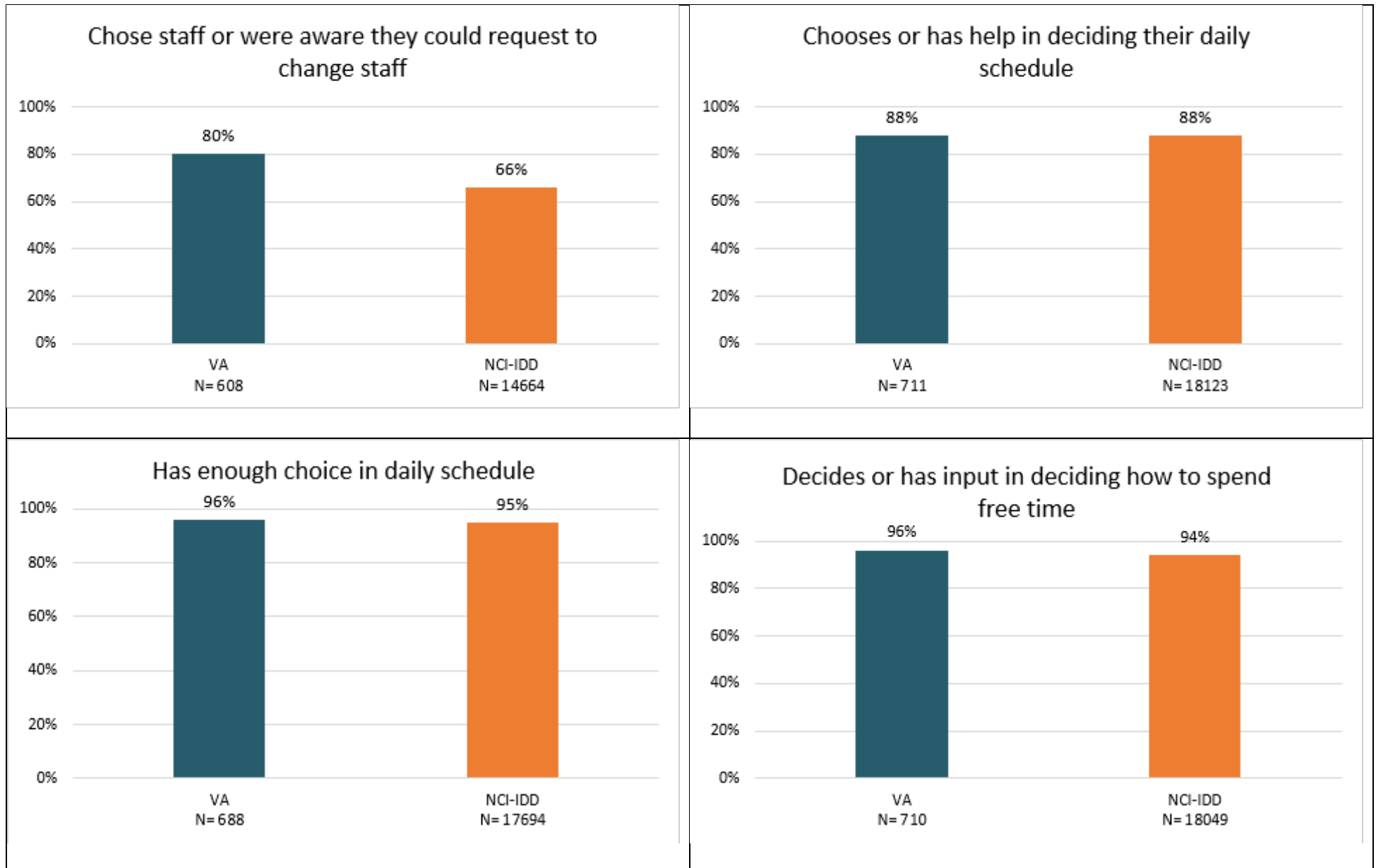
Important note on data

Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are ***risk adjusted***. Risk (or "outcome") adjustment is a statistical process that helps "level the playing field" by controlling for differences in the individual characteristics of people who completed the IPS. This analysis helps account for the fact that states have different eligibility definitions for services and may have samples with different characteristics. The indicators are risk-adjusted using the following characteristics: age, level of intellectual disability, level of mobility, and whether any behavioral supports are needed to prevent self-injury, disruptive, or destructive behavior.

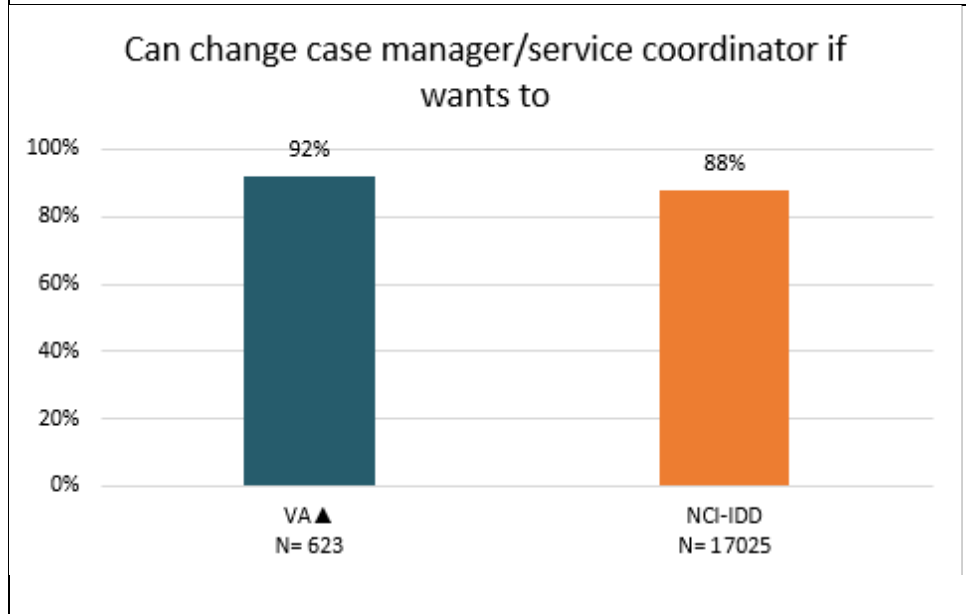
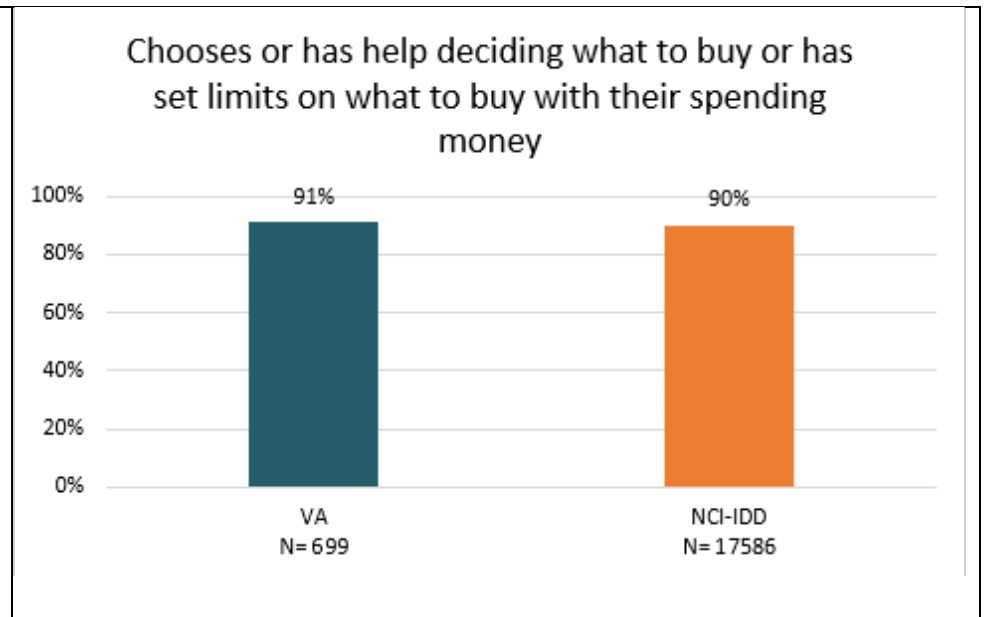
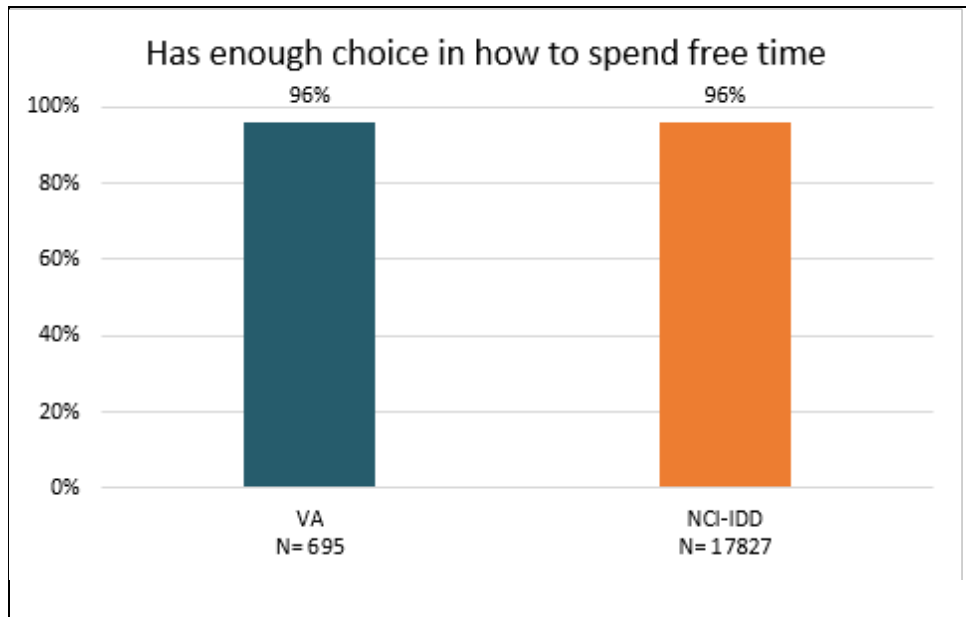
Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI-IDD Averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
 All NCI-IDD averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
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 Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
 All NCI-IDD averages are *weighted*

Table 34. Chose or had some input in choosing where they live if not living in the family home
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	72%	413
Weighted NCI-IDD Average	56%	9,356

Table 35. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	61%	421
Weighted NCI-IDD Average	45%	9,453

Table 36. Chose or had some help in choosing where they work (among those determined to have a paid community job)
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	92%	52
Weighted NCI-IDD Average	93%	1,246

Table 37. Chose or had some input in choosing day program or workshop (among those determined to attend a day program or workshop)
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	71%	150
Weighted NCI-IDD Average	65%	3,379

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
All NCI-IDD averages are weighted

Table 38. Chose staff or were aware they could request to change staff
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	80%	608
Weighted NCI-IDD Average	66%	14,664

Table 39. Chooses or has help deciding their daily schedule
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	88%	711
Weighted NCI-IDD Average	88%	18,123

Table 40. Has enough choice in daily schedule
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	96%	688
Weighted NCI-IDD Average	95%	17,694

Table 41. Chooses or has help deciding how to spend free time
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	96%	710
Weighted NCI-IDD Average	94%	18,049

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
 All NCI-IDD averages are *weighted*

Table 42. Has enough choice in how to spend free time
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	96%	695
Weighted NCI-IDD Average	96%	17,827

Table 43. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money
Adjusted average; Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	91%	699
Weighted NCI-IDD Average	90%	17,586

Table 44. Life Decisions Scale
Adjusted average

State v NCI-IDD	Average Within State	N
VA	76%	648
Weighted NCI-IDD Average	64%	15,905

Table 45. Everyday Choice Scale
Adjusted average

State v NCI-IDD	Average Within State	N
VA	92%	717
Weighted NCI-IDD Average	90%	18,274

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
 All NCI-IDD averages are *weighted*

Table 46. Can change their case manager/service coordinator if wants to
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▲	92%	623
Weighted NCI-IDD Average	88%	17,025

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 Data for CA, HI, MN, and WI are not included because items needed for risk adjustment were not available in records
 All NCI-IDD averages are *weighted*

Work

People have support to find and maintain community integrated employment.

See all states' Work outcomes [here](#).

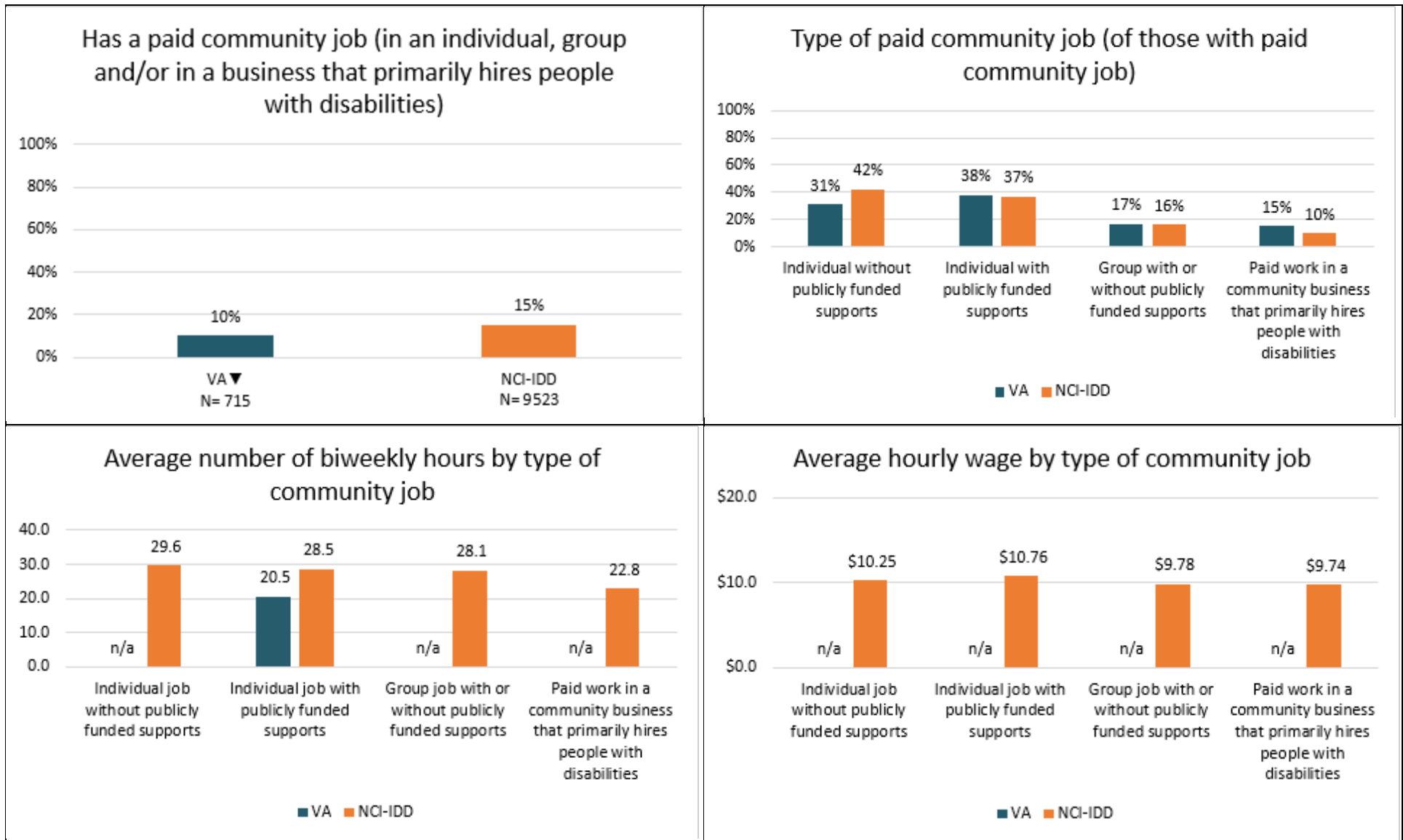
NCI-IDD reports on four types of paid community jobs:

1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave. This type was added to our definition of 'paid community job' in 2017-18.

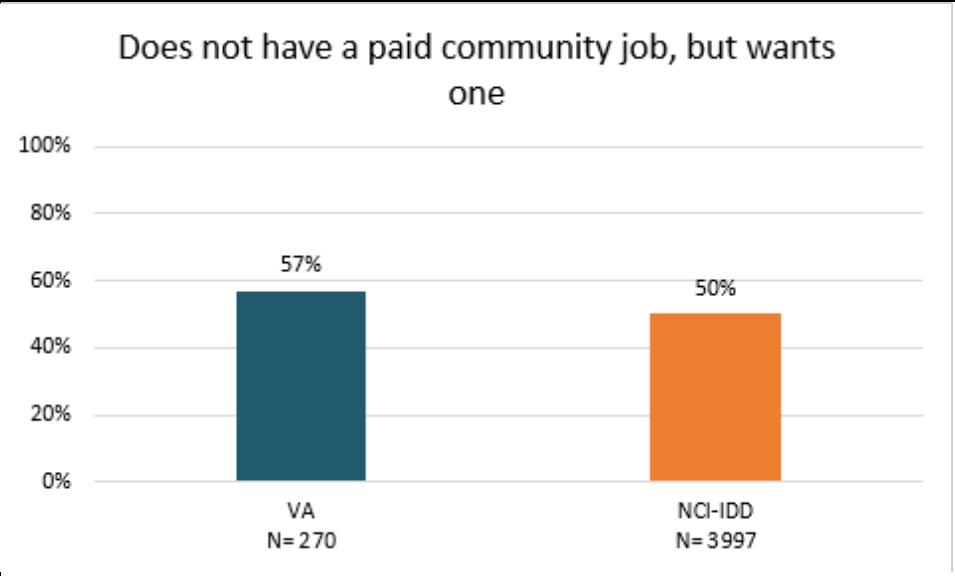
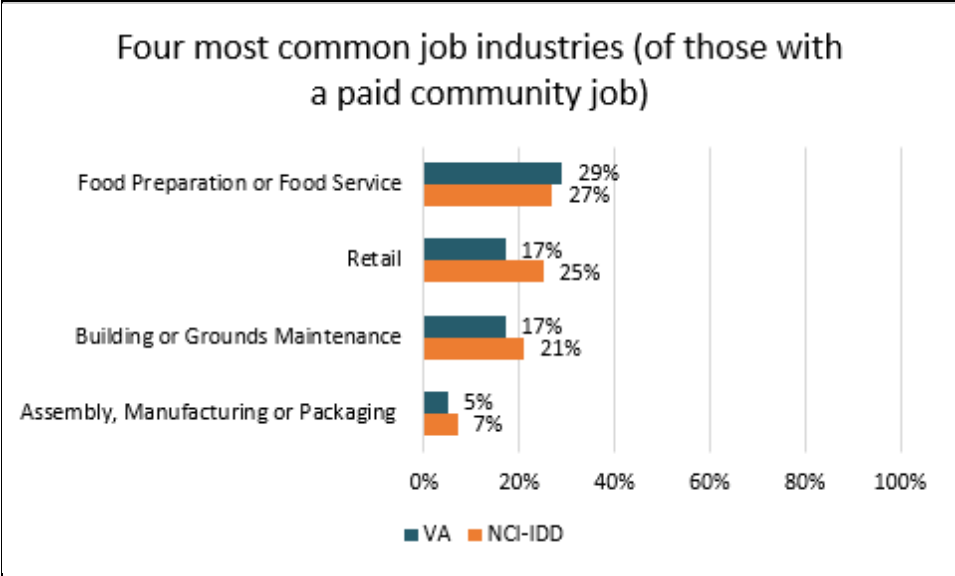
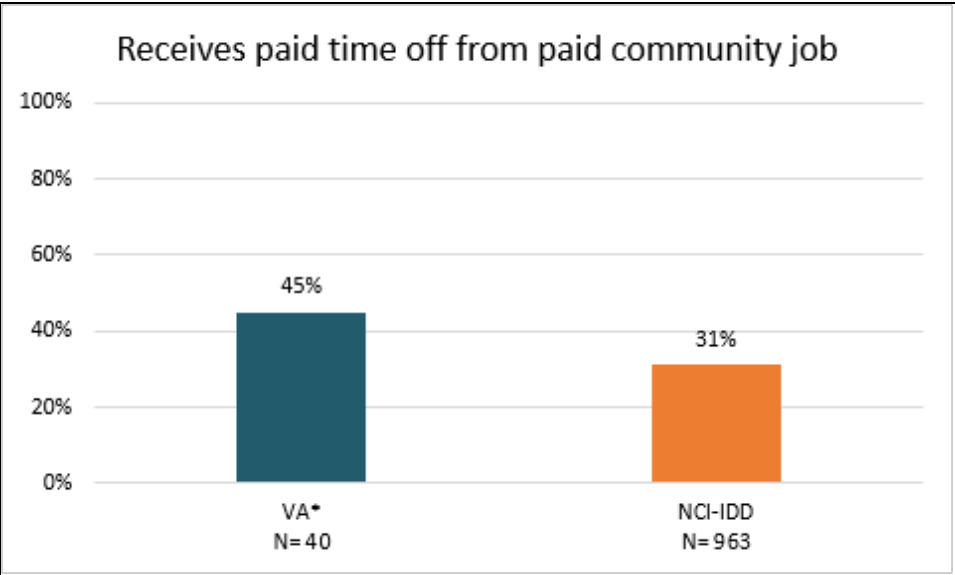
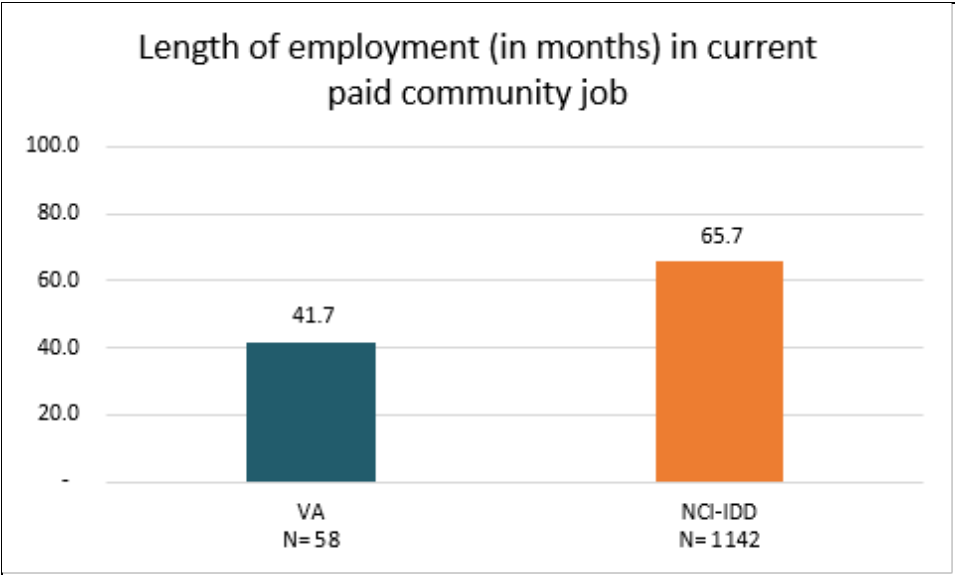
Important note on data

Several states had large amounts of missing data or data recorded as “don't know.” Where 25% or more of a state's sample had “don't know” or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

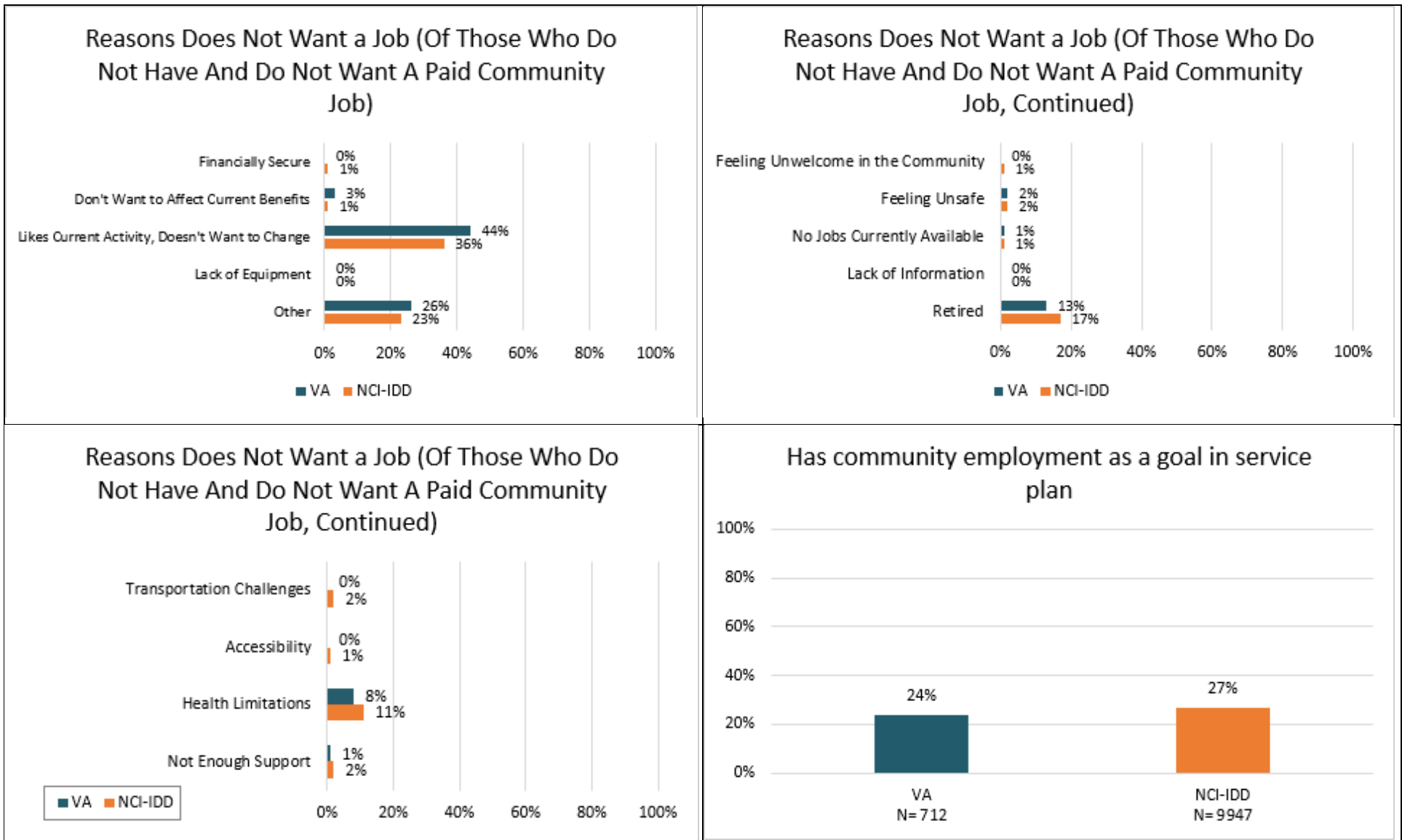
An asterisk (*) denotes that data include at least 25% “don't know” and missing data
All NCI-IDD averages are *weighted*



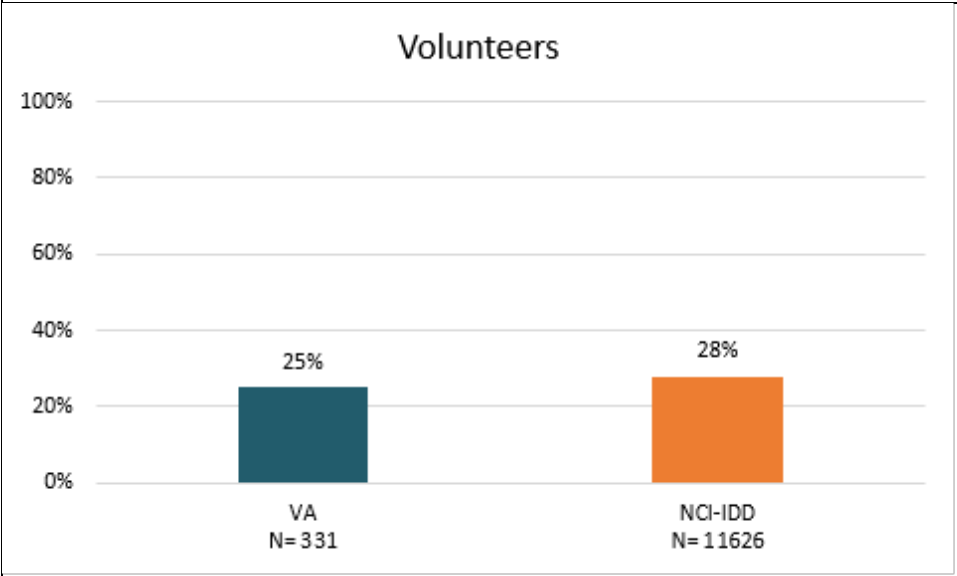
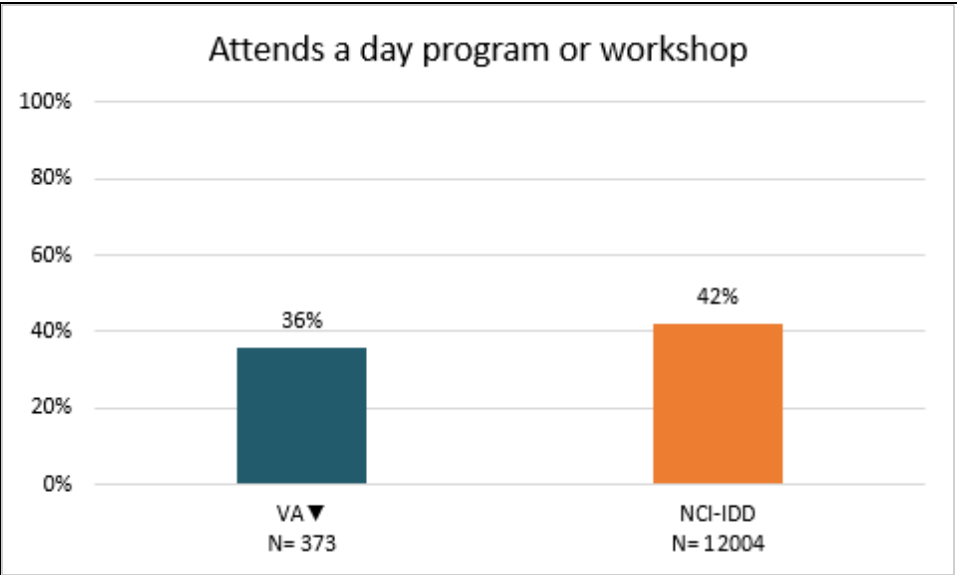
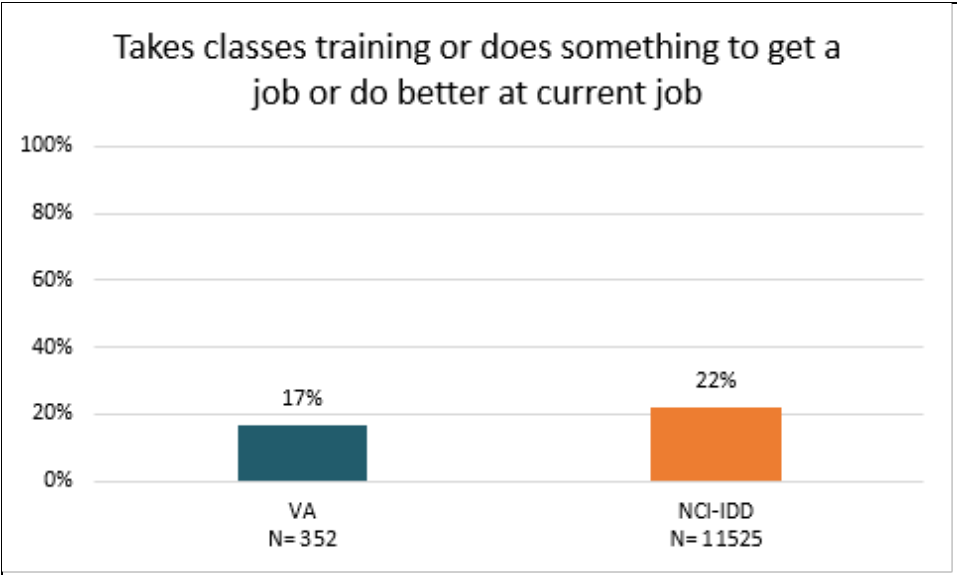
An asterisk (*) denotes that data include at least 25% "don't know" and missing data
 All NCI-IDD averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD averages are *weighted*



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 All NCI-IDD averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
All NCI-IDD averages are *weighted*

Table 47. Has a paid community job; individual, group and/or in a business that primarily hires people with disabilities
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▼	10%	715
Weighted NCI-IDD Average	15%	9,523

Table 48. Type of paid community job (of those with paid community job)
Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports		Individual with publicly funded supports		Group with or without publicly funded supports		Paid work in a community business that primarily hires people with disabilities	
	Individual Job N	Group Job N	Individual Job N	Group Job N	Paid work in a community business that primarily hires people with disabilities N	Paid work in a community business that primarily hires people with disabilities N		
VA	31%	38%	61	70	15%	71		
Weighted NCI-IDD Average	42%	37%	1,290	1,418	10%	1,396		

Table 49. Average biweekly hours by type of paid community job
Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports		Individual with publicly funded supports		Group with or without publicly funded supports		Paid work in a community business that primarily hires people with disabilities	
	N	N	N	N	N	N	N	
VA	n/a	n/a	20.5	22	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	29.6	413	28.5	415	28.1	227	22.8	154

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD averages are *weighted*

Table 50. Average hourly wage at paid community job by type of community employment
Information may have been obtained through state records

State v NCI-IDD	Individual without publicly funded supports	N	Individual with publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
VA	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	10.25	362	10.76	344	9.78	194	9.74	128

Table 51. Average length of employment (in months) in current paid community job
Information may have been obtained through state records

State v NCI-IDD	Average Months	N
VA	42	58
Weighted NCI-IDD Average	66	1,142

Table 52. Receives paid time off (for example, paid vacation and/or sick time) at paid community job
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA*	45%	40
Weighted NCI-IDD Average	31%	963

Table 53. Four most common job industries (among those reported to have a job in the community)
Categories are not mutually exclusive; therefore, N is not shown; information may have been obtained through state records

State v NCI-IDD	Food Preparation or Food Service	Retail	Building or Grounds Maintenance	Assembly, Manufacturing or Packaging
VA	29%	17%	17%	5%
Weighted NCI-IDD Average	27%	25%	21%	7%

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD averages are *weighted*

Table 54. Does not have paid community job and would like a job in the community

State v NCI-IDD	Average Within State	N
VA	57%	270
Weighted NCI-IDD Average	50%	3,997

Table 55. Reasons does not want a paid community job (among those who do not currently have and do not want a paid community job)
Categories are not mutually exclusive; therefore, N is not shown

Reasons Does Not Want a Job...	VA	NCI-IDD
Transportation Challenges	0%	2%
Accessibility	0%	1%
Health Limitations	8%	11%
Not Enough Support	1%	2%
Feeling Unwelcome in the Community	0%	1%
Feeling Unsafe	2%	2%
No Jobs Currently Available	1%	1%
Lack of Information	0%	0%
Retired	13%	17%
Financially Secure	0%	1%
Don't Want to Affect Current Benefits	3%	1%
Likes What Currently Does and Doesn't Want to Change	44%	36%
Lack of Equipment	0%	0%
Other	26%	23%

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
All NCI-IDD averages are *weighted*

Table 56. Has community employment as a goal in their service plan
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	24%	712
Weighted NCI-IDD Average	27%	9,947

Table 57. Takes classes, training or does something to get a job or do better at current job

State v NCI-IDD	Average Within State	N
VA	17%	352
Weighted NCI-IDD Average	22%	11,525

Table 58. Attends day program or sheltered workshop (a program or center where other people with disabilities spend their day)

State v NCI-IDD	Average Within State	N
VA ▼	36%	373
Weighted NCI-IDD Average	42%	12,004

Table 59. Volunteers

State v NCI-IDD	Average Within State	N
VA	25%	331
Weighted NCI-IDD Average	28%	11,626

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD averages are *weighted*

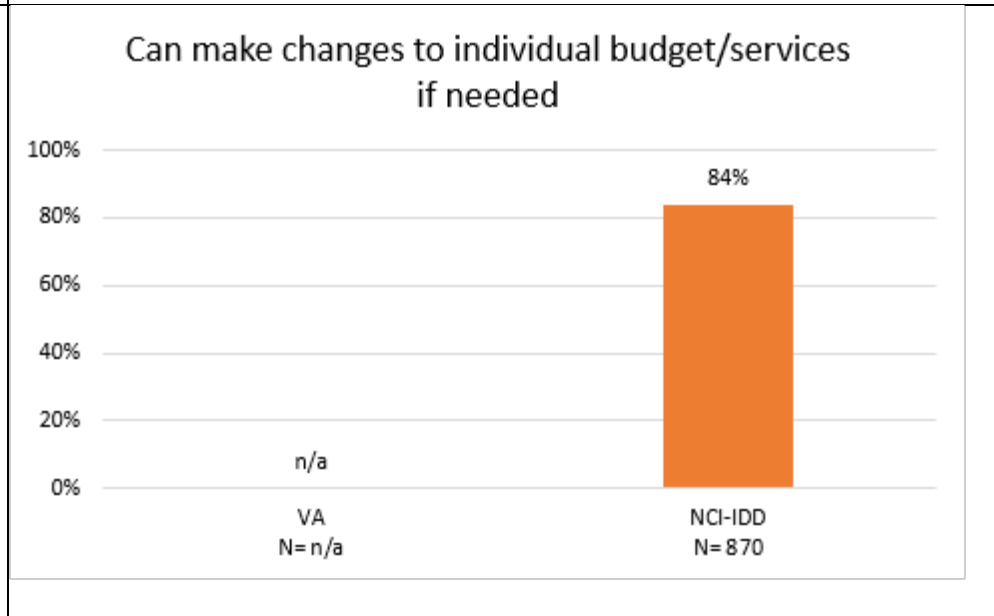
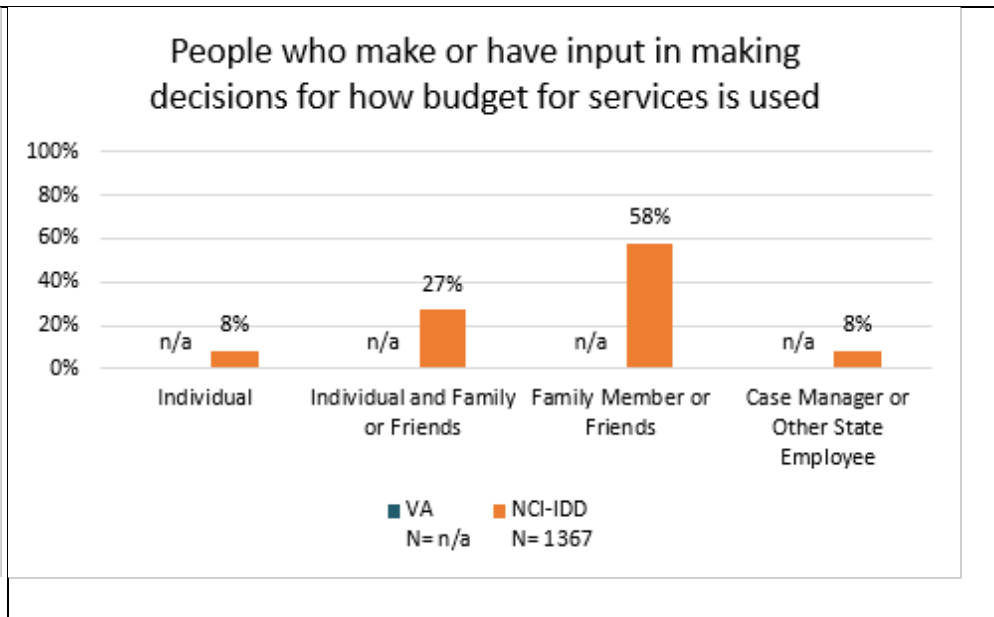
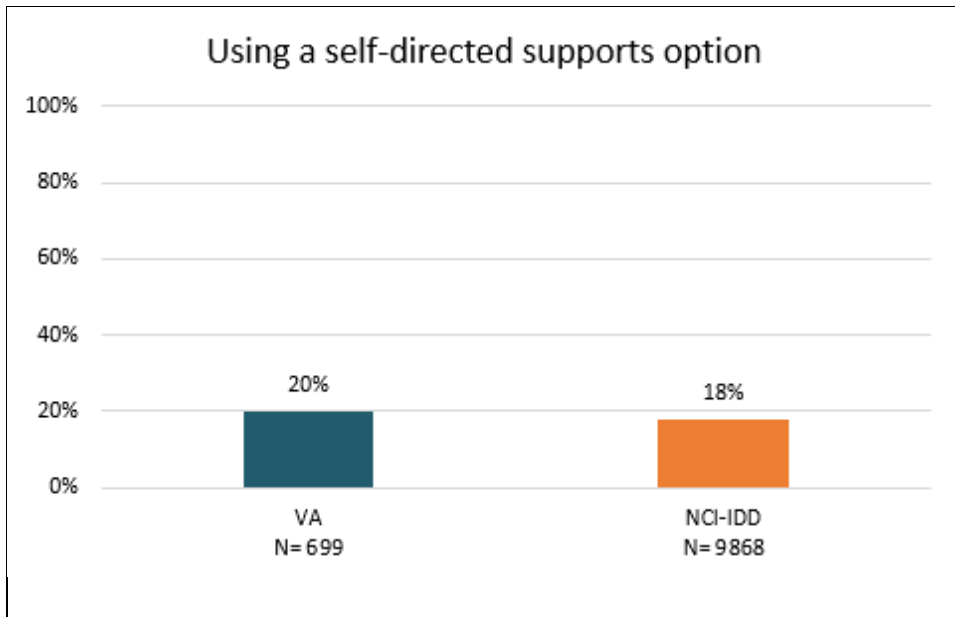
Self-Determination

People participate in directing their own supports and services.

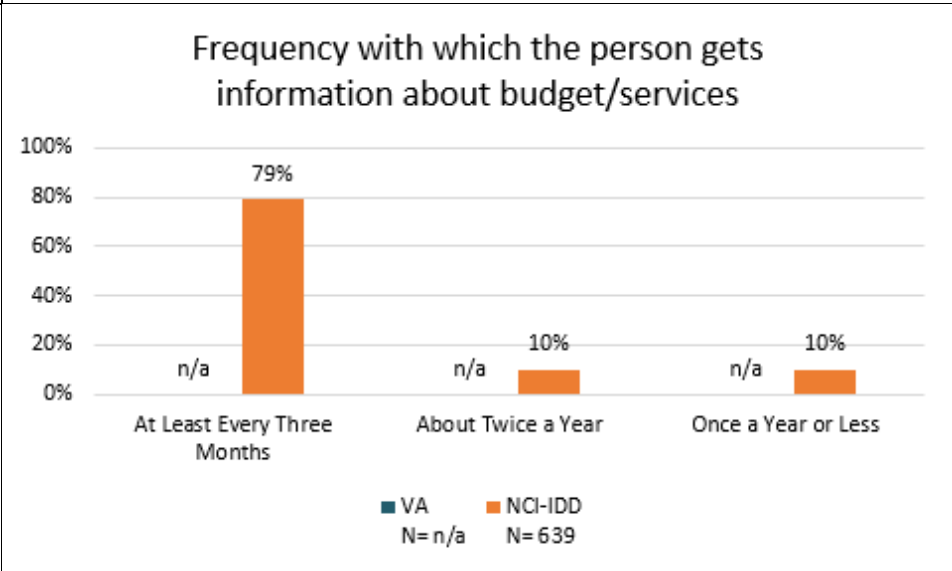
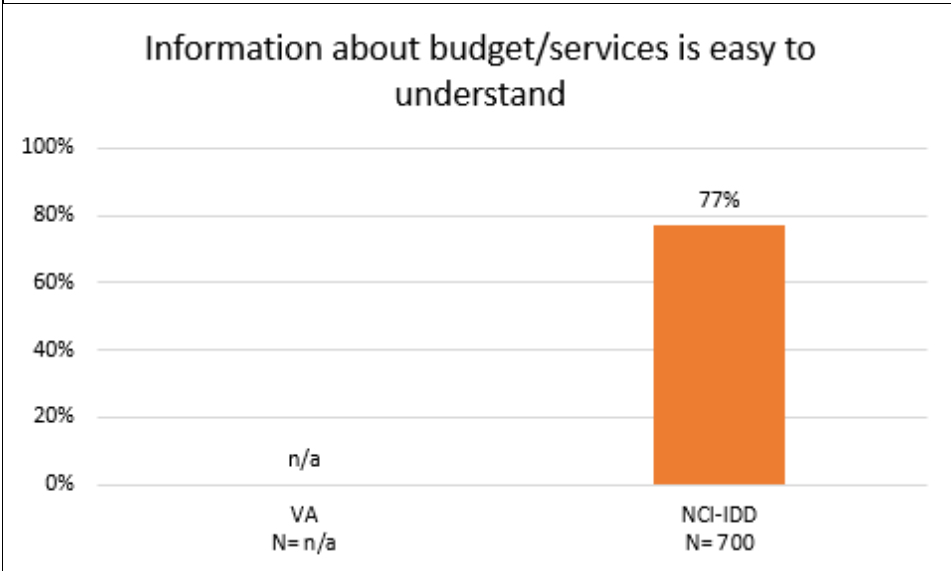
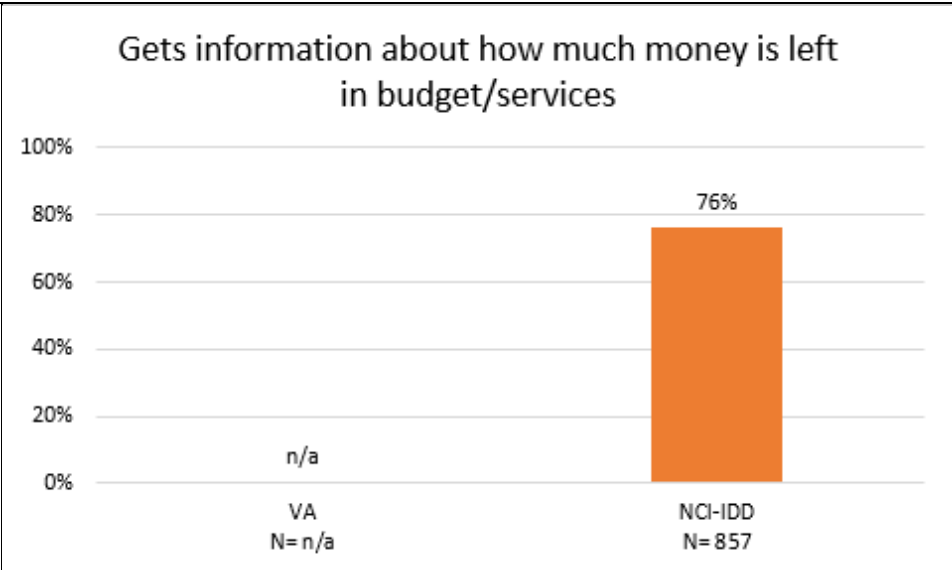
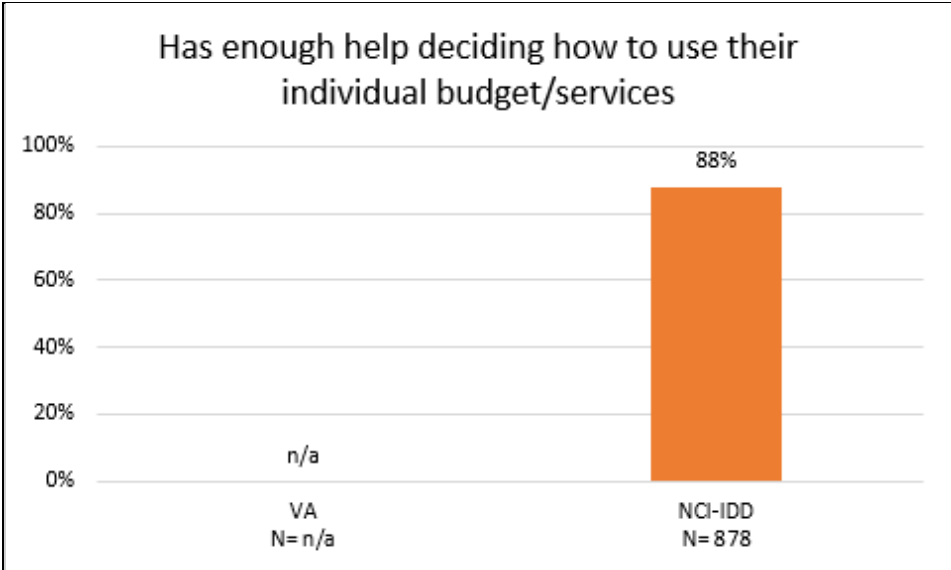
See all states' Self-Determination outcomes [here](#).

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. **Significance testing was not conducted on these items.**



Data are based on those who are using a self-directed supports option
 All NCI-IDD Averages are *weighted*



Data are based on those who are using a self-directed supports option
 All NCI-IDD Averages are *weighted*

Table 60. Using a self-directed supports option
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	20%	699
Weighted NCI-IDD Average	18%	9,868

Table 61. People who make decisions or have input in making decisions for how budget for services is used (among those using a self-directed supports option)
Information may have been obtained through state records

State v NCI-IDD	Individual	Individual Has Input and Family or Friends Also Help With Decisions	Family Member or Friends Makes Decisions, Person Does Not Have Input	Case Manager or Other State Employee	N
VA	n/a	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	8%	27%	58%	8%	1,367

Table 62. Hires or manages staff (among those using a self-directed supports option)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	n/a	n/a
Weighted NCI-IDD Average	72%	865

Data are based on those who are using a self-directed supports option
 All NCI-IDD Averages are *weighted*

Table 63. Can make changes to individual budget/services if needed (among those using a self-directed supports option)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	n/a	n/a
Weighted NCI-IDD Average	84%	870

Table 64. Has enough help deciding how to use their individual budget/services (among those using a self-directed supports option)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	n/a	n/a
Weighted NCI-IDD Average	88%	878

Table 65. Gets information about how much money is left in budget/services (among those using a self-directed supports option)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	n/a	n/a
Weighted NCI-IDD Average	76%	857

Data are based on those who are using a self-directed supports option
 All NCI-IDD Averages are *weighted*

Table 66. Information about budget/services is easy to understand (among those using a self-directed supports option and who report they receive information about how much money is left in budget/services)

Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	n/a	n/a
Weighted NCI-IDD Average	77%	700

Table 67. Frequency with which the person gets information about budget/services (among those using a self-directed supports option)

Information may have been obtained through state records

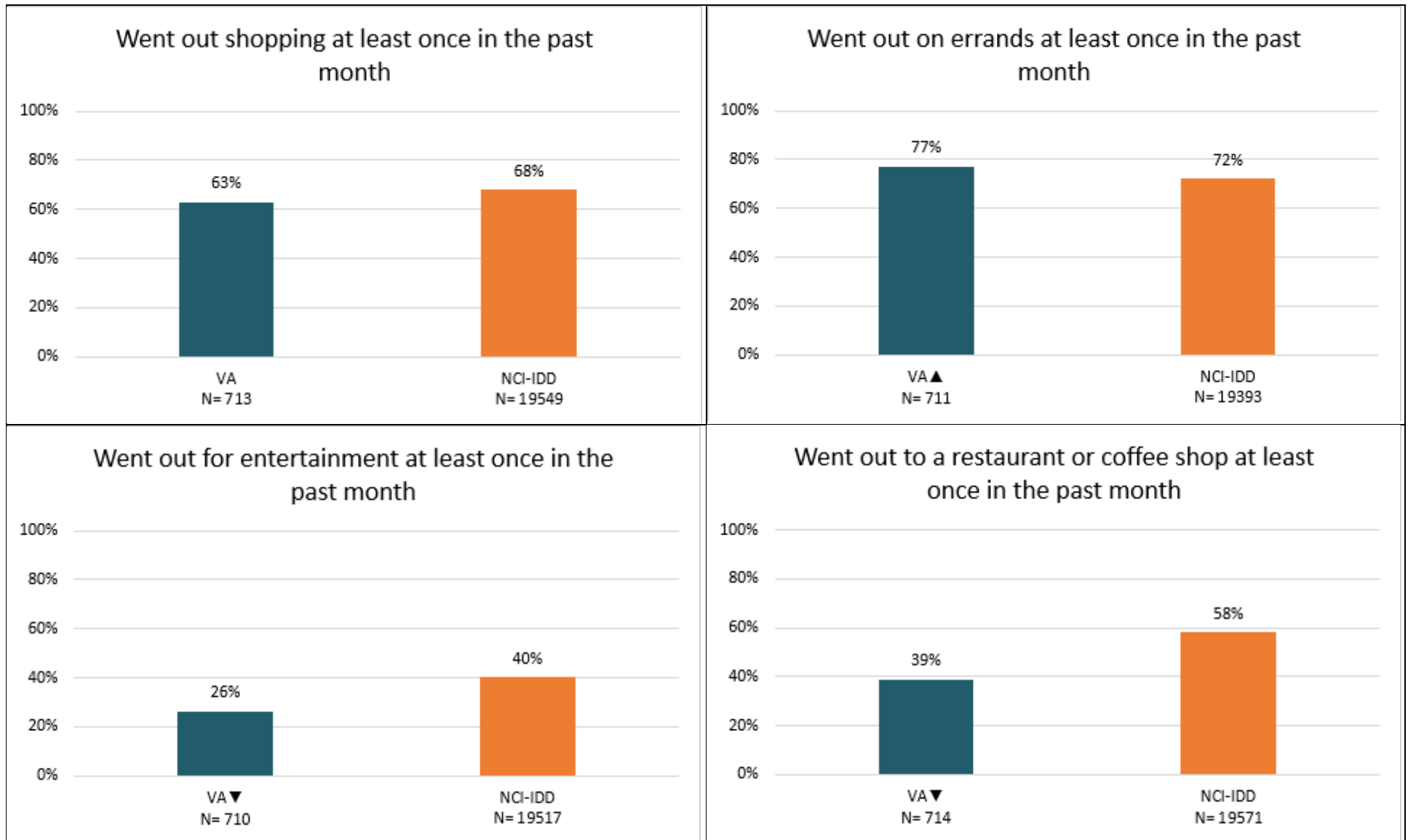
State v NCI-IDD	At Least Every Three Months	About Twice a Year	Once a Year or Less	N
VA	n/a	n/a	n/a	n/a
Weighted NCI-IDD Average	79%	10%	10%	639

Data are based on those who are using a self-directed supports option
All NCI-IDD Averages are *weighted*

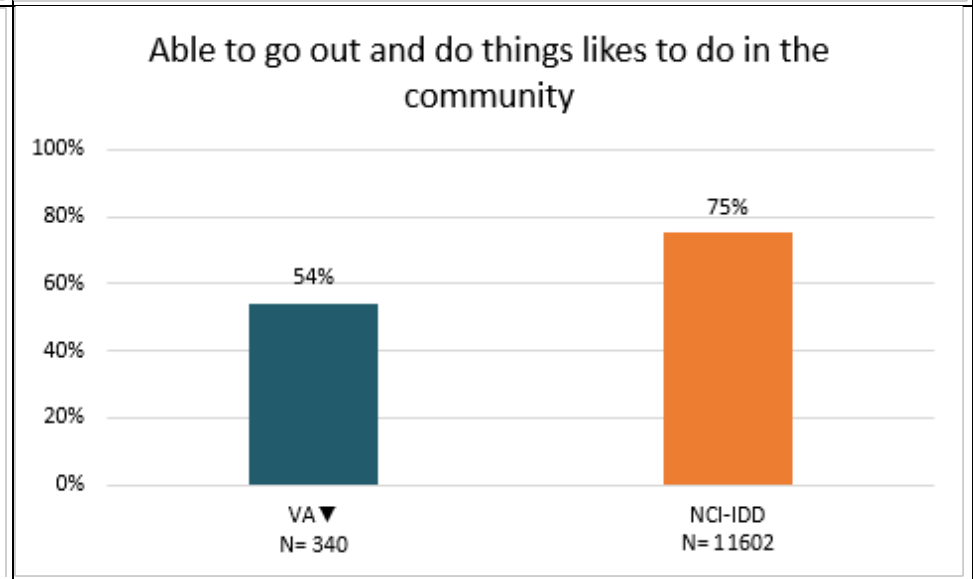
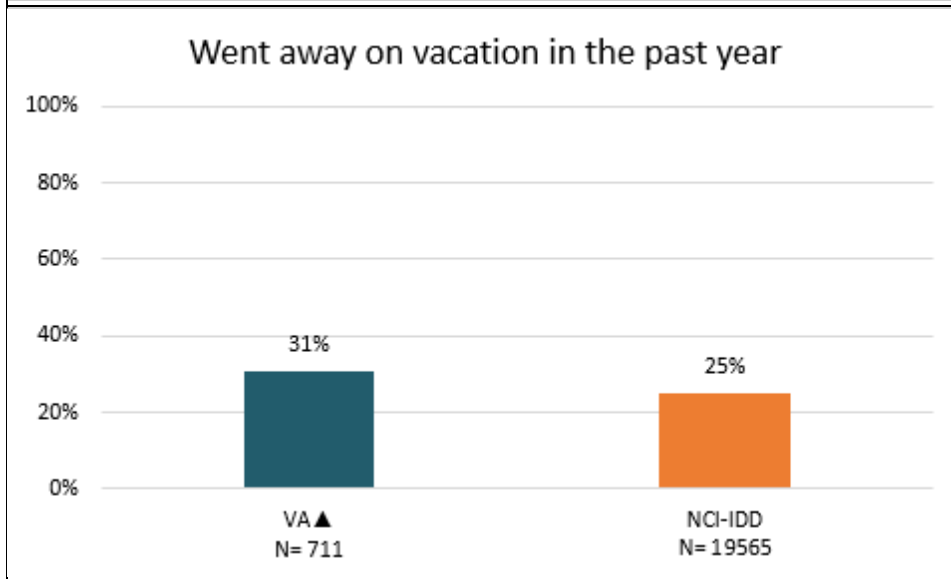
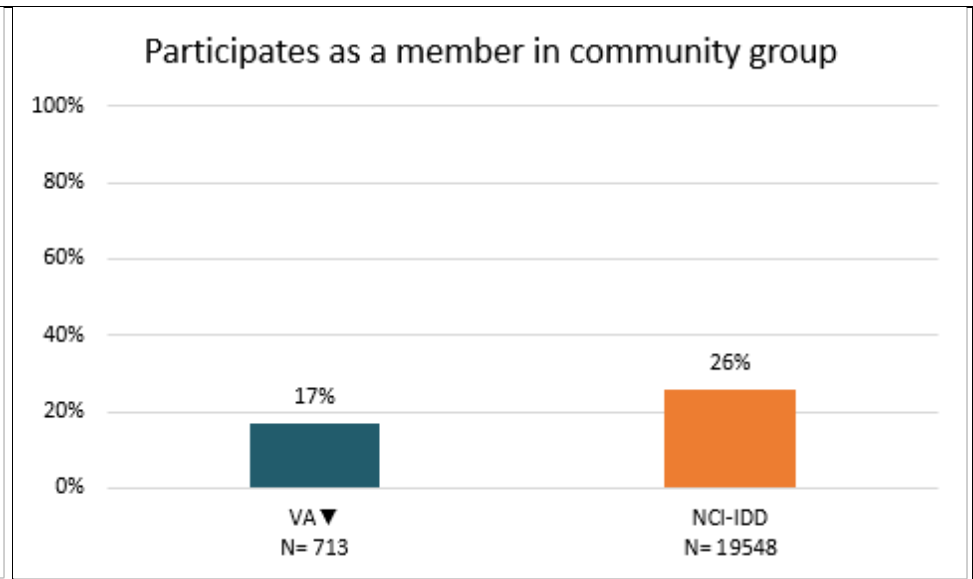
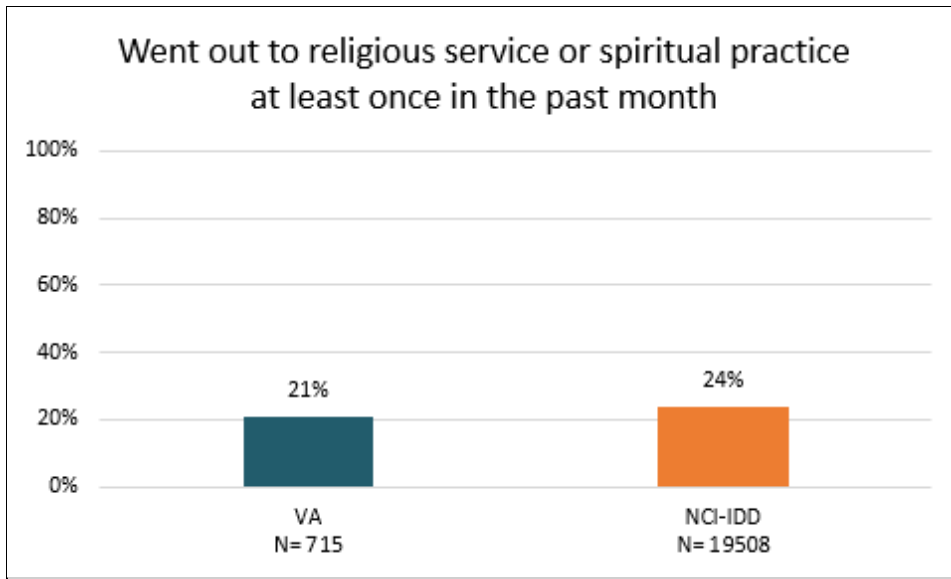
Community Inclusion, Participation and Leisure

People participate in activities in their community and have opportunities to do things that they enjoy in the community.

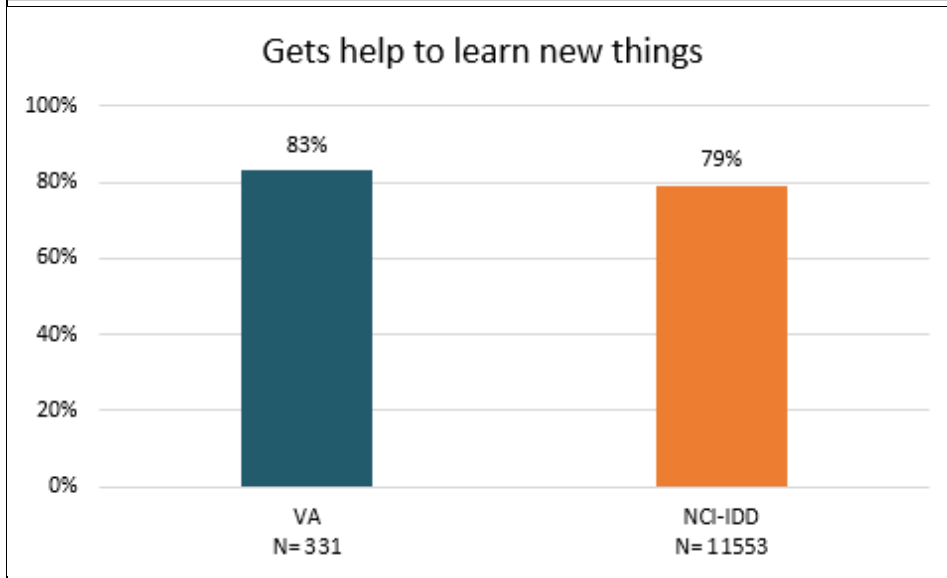
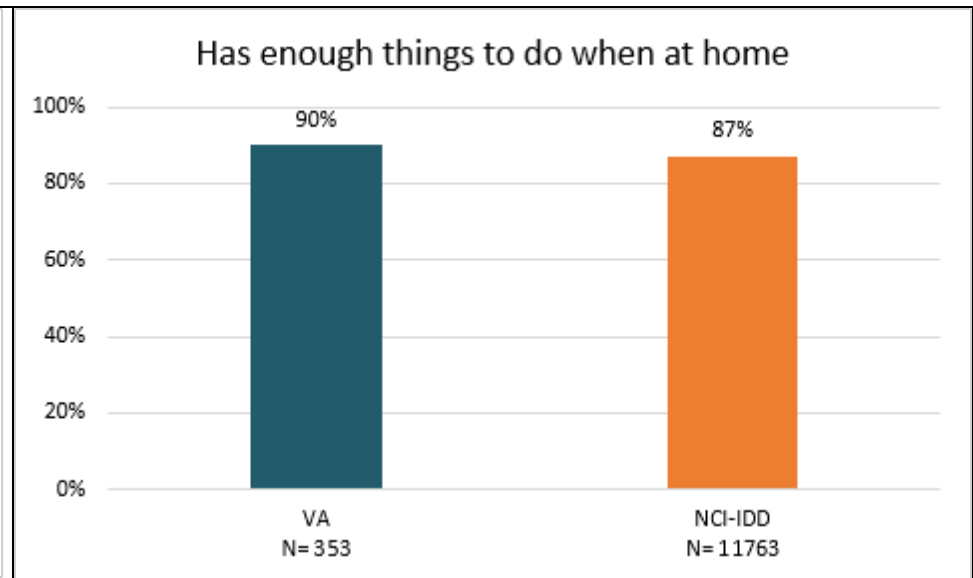
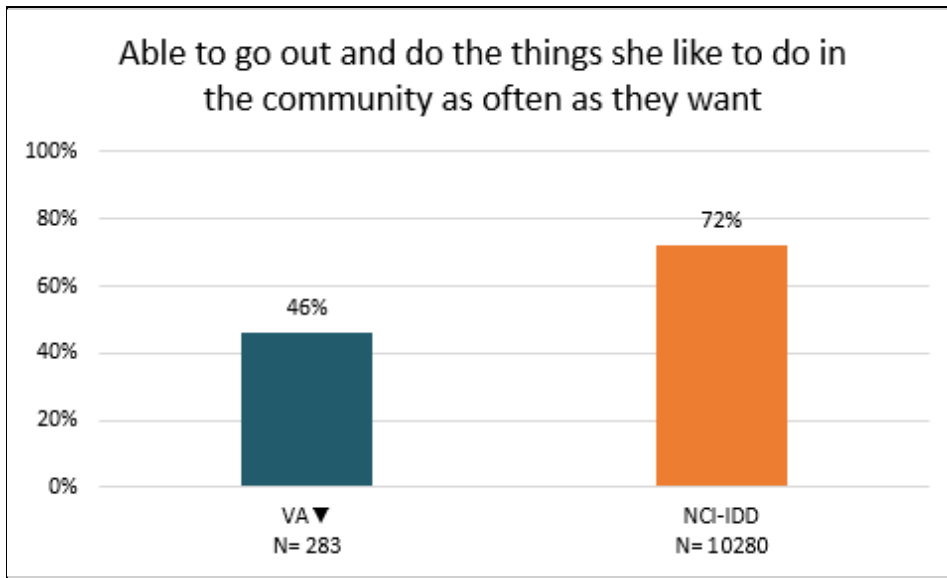
See all states' *Community Inclusion, Participation and Leisure* outcomes [here](#).



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 68. Went out shopping at least once in the past month
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	63%	713
Weighted NCI-IDD Average	68%	19,549

Table 69. Went out on errands at least once in the past month
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▲	77%	711
Weighted NCI-IDD Average	72%	19,393

Table 70. Went out for entertainment at least once in the past month
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▼	26%	710
Weighted NCI-IDD Average	40%	19,517

Table 71. Went out to a restaurant or coffee shop at least once in the past month
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▼	39%	714
Weighted NCI-IDD Average	58%	19,571

All NCI-IDD Averages are *weighted*

Table 72. Went out to religious service or spiritual practice at least once in the past month
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	21%	715
Weighted NCI-IDD Average	24%	19,508

Table 73. Participates as a member in community group
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▼	17%	713
Weighted NCI-IDD Average	26%	19,548

Table 74. Went away on vacation in the past year
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▲	31%	711
Weighted NCI-IDD Average	25%	19,565

Table 75. Community Inclusion Scale

State v NCI-IDD	Average Within State	N
VA ▼	51%	717
Weighted NCI-IDD Average	59%	19,760

All NCI-IDD Averages are *weighted*

Table 76. Able to go out and do the things like to do in the community

State v NCI-IDD	Average Within State	N
VA ▼	54%	340
Weighted NCI-IDD Average	75%	11,602

Table 77. Gets to do things likes to do in the community as much as wants

State v NCI-IDD	Average Within State	N
VA ▼	46%	283
Weighted NCI-IDD Average	72%	10,280

Table 78. Has enough things likes to do when at home

State v NCI-IDD	Average Within State	N
VA	90%	353
Weighted NCI-IDD Average	87%	11,763

Table 79. Gets help to learn new things

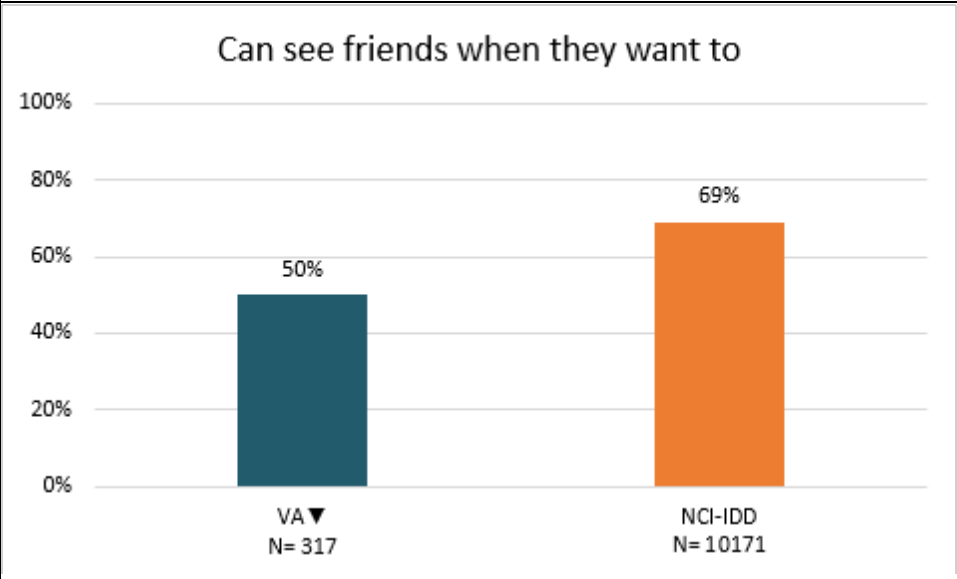
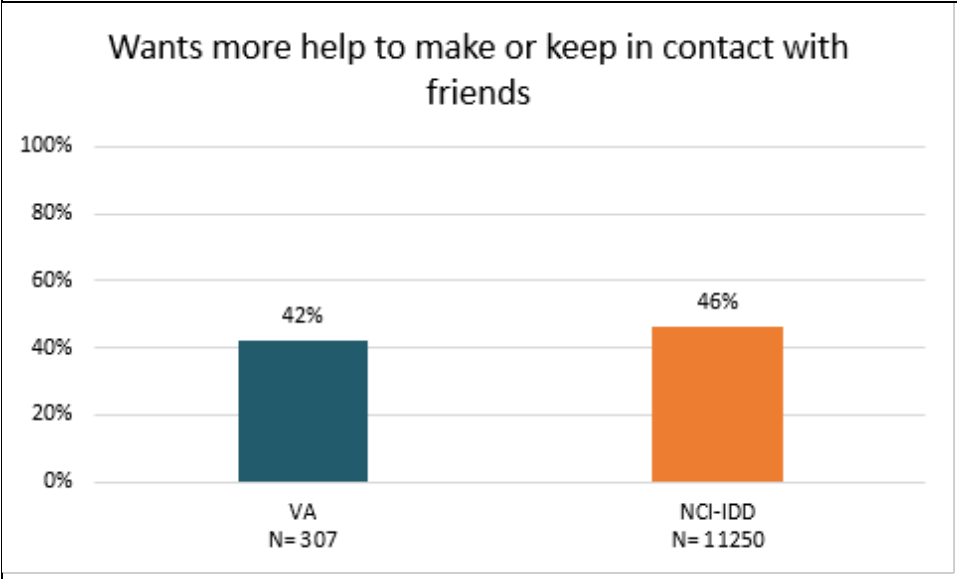
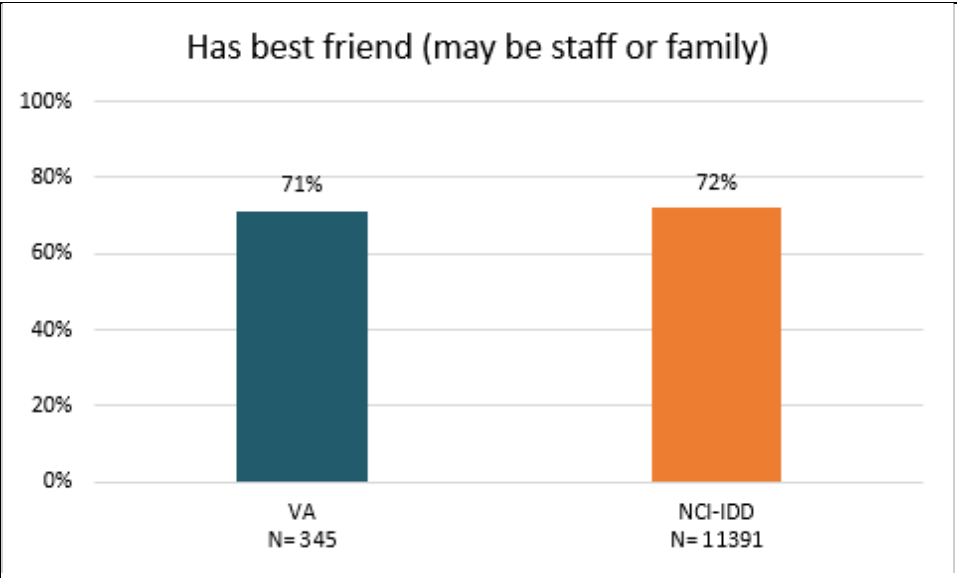
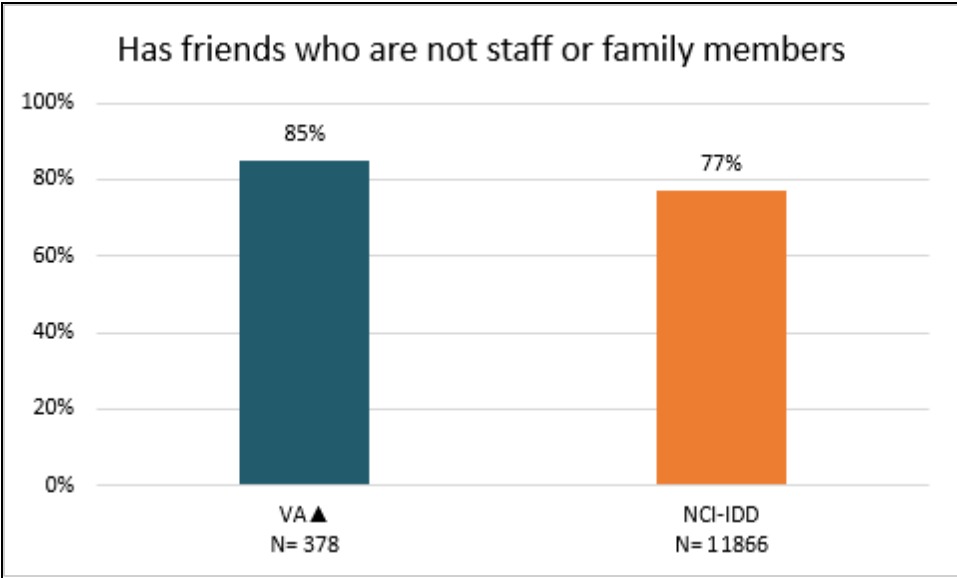
State v NCI-IDD	Average Within State	N
VA	83%	331
Weighted NCI-IDD Average	79%	11,553

All NCI-IDD Averages are *weighted*

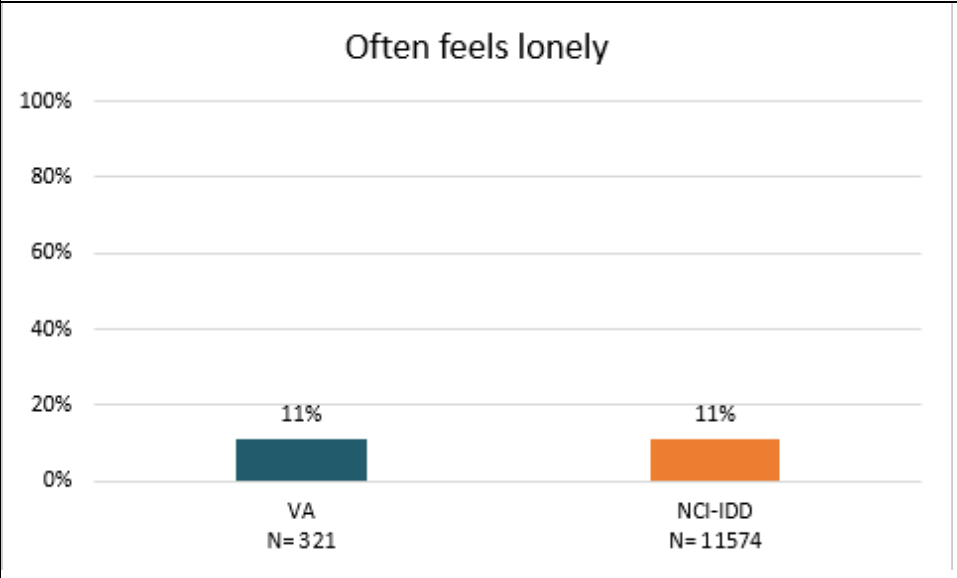
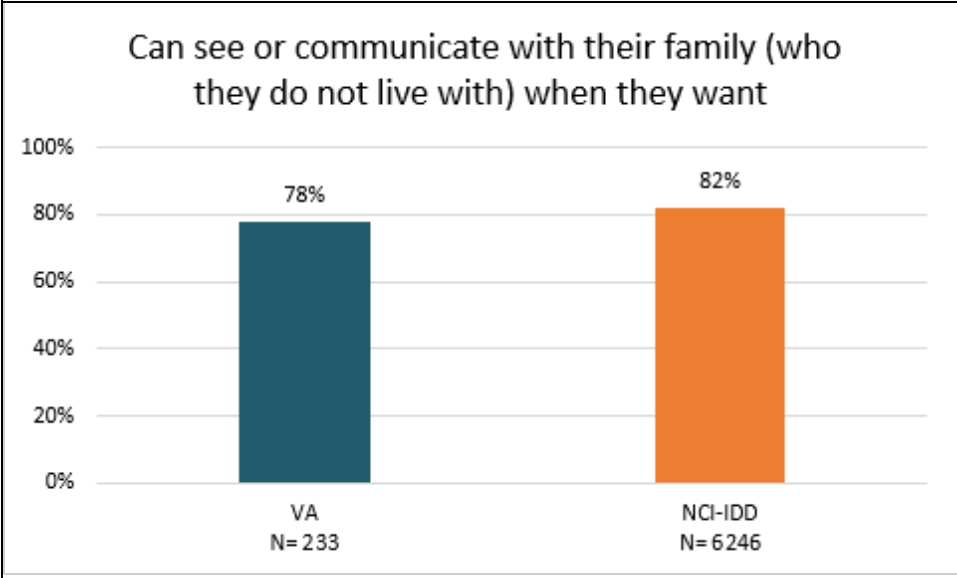
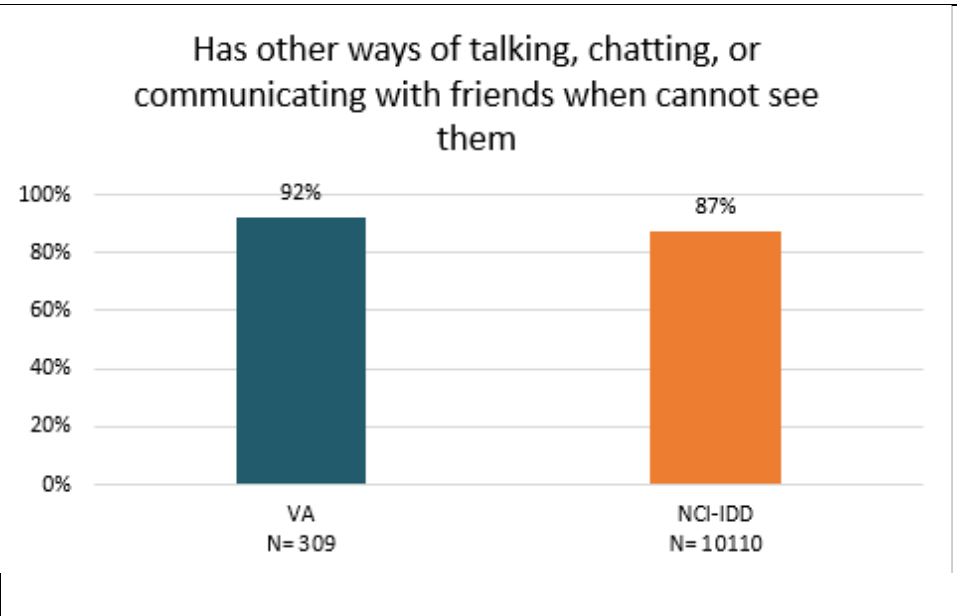
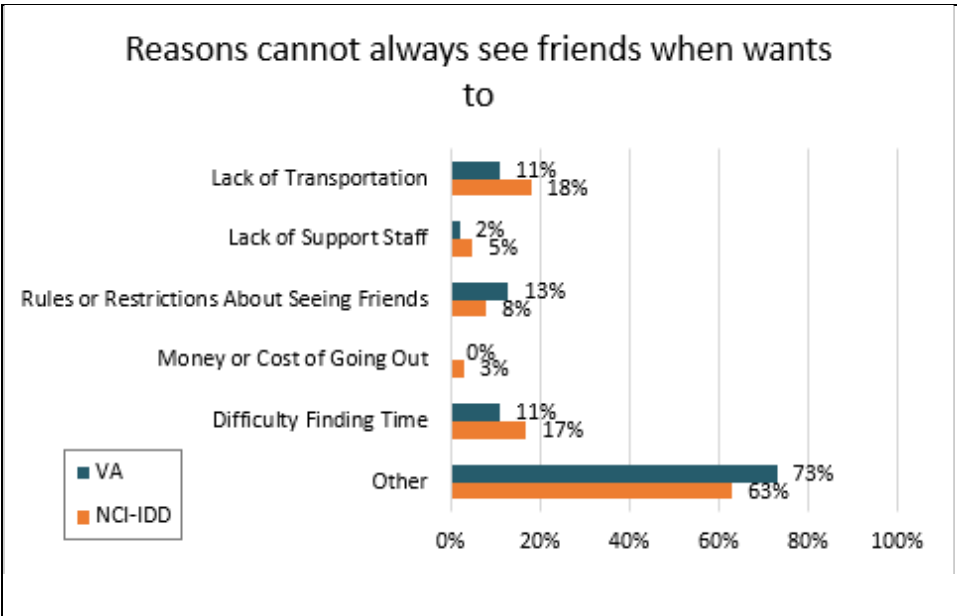
Relationships

People have friends and relationships.

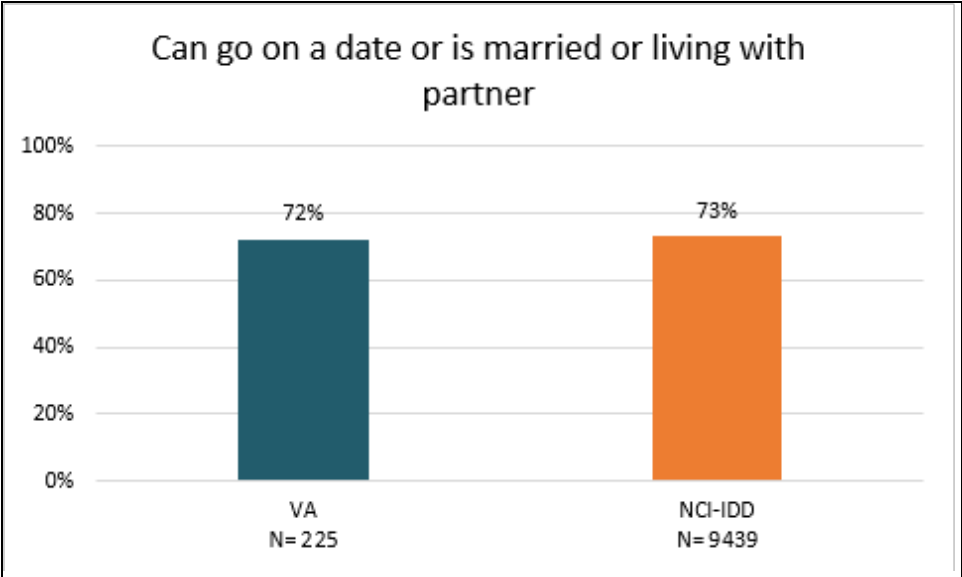
See all states' *Relationships* outcomes [here](#).



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 80. Has friends who are not staff or family members

State v NCI-IDD	Average Within State	N
VA ▲	85%	378
Weighted NCI-IDD Average	77%	11,866

Table 81. Has best friend (may be staff or family)

State v NCI-IDD	Average Within State	N
VA	71%	345
Weighted NCI-IDD Average	72%	11,391

Table 82. Wants help to meet or keep in contact with friends

State v NCI-IDD	Average Within State	N
VA	42%	307
Weighted NCI-IDD Average	46%	11,250

Table 83. Has friends (may be staff or family) and can see their friends when they want

State v NCI-IDD	Average Within State	N
VA ▼	50%	317
Weighted NCI-IDD Average	69%	10,171

All NCI-IDD Averages are *weighted*

Table 84. Reasons cannot see friends if sometimes or often unable to
Categories are not mutually exclusive

Reasons cannot see friends if sometimes or often unable to	VA	NCI-IDD
Lack of Transportation	11%	18%
Lack of Support Staff	2%	5%
Rules or Restrictions About Seeing Friends	13%	8%
Money or Cost of Going Out	0%	3%
Difficulty Finding Time	11%	17%
Other	73%	63%
N	158	3,269

Table 85. Has other ways of talking, chatting, or communicating with friends when cannot see them

State v NCI-IDD	Average Within State	N
VA	92%	309
Weighted NCI-IDD Average	87%	10,110

Table 86. Can see or communicate with their family when they want or chooses not to (among those who do not live in the family home)

State v NCI-IDD	Average Within State	N
VA	78%	233
Weighted NCI-IDD Average	82%	6,246

All NCI-IDD Averages are *weighted*

Table 87. Often feels lonely

State v NCI-IDD	Average Within State	N
VA	11%	321
Weighted NCI-IDD Average	11%	11,574

Table 88. Can go on a date or is married or living with partner

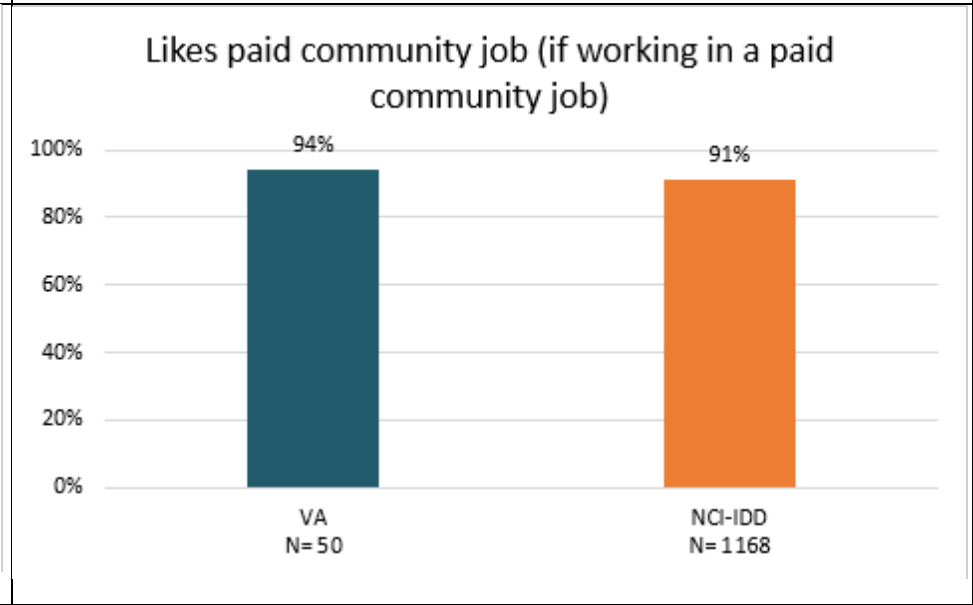
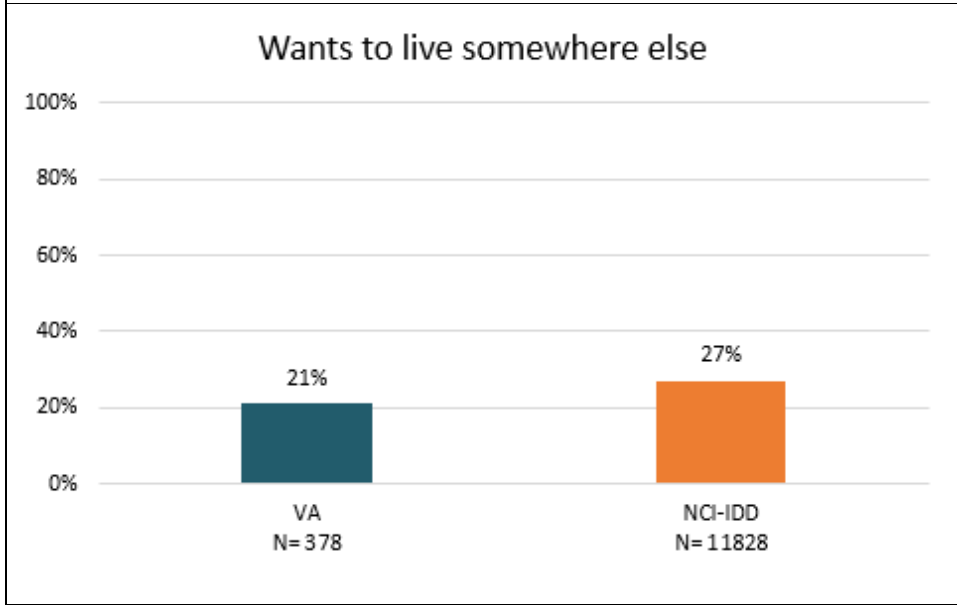
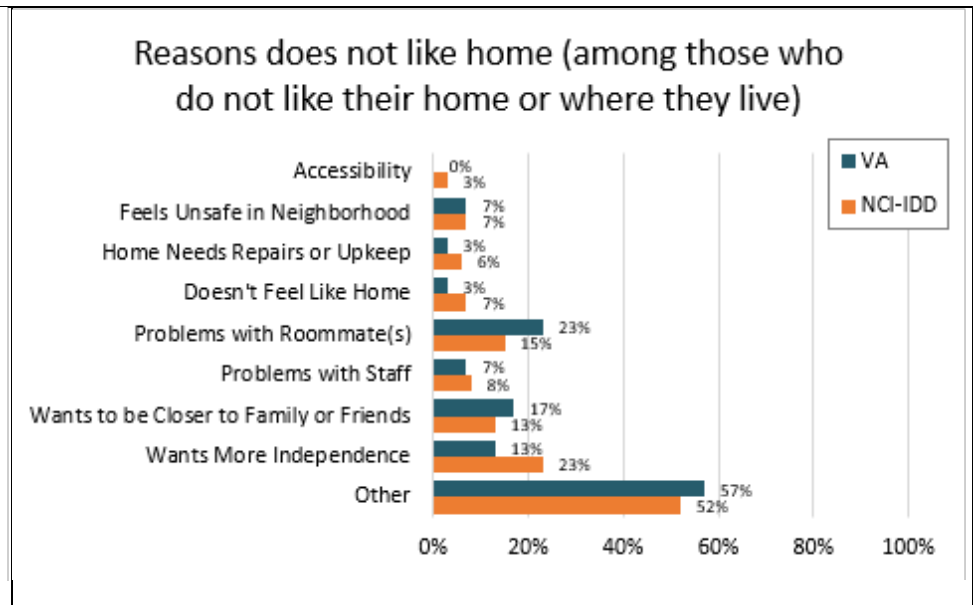
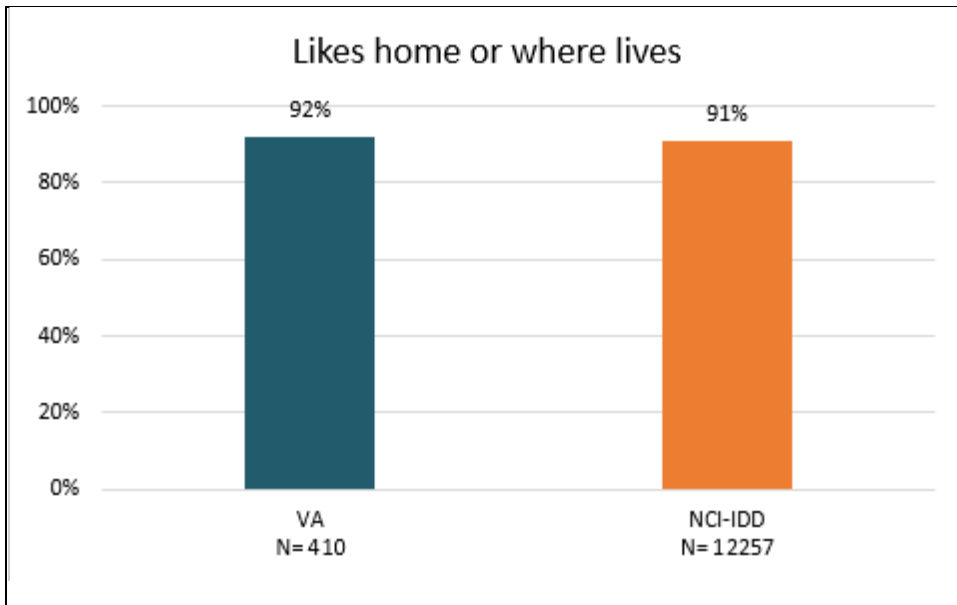
State v NCI-IDD	Average Within State	N
VA	72%	225
Weighted NCI-IDD Average	73%	9,439

All NCI-IDD Averages are *weighted*

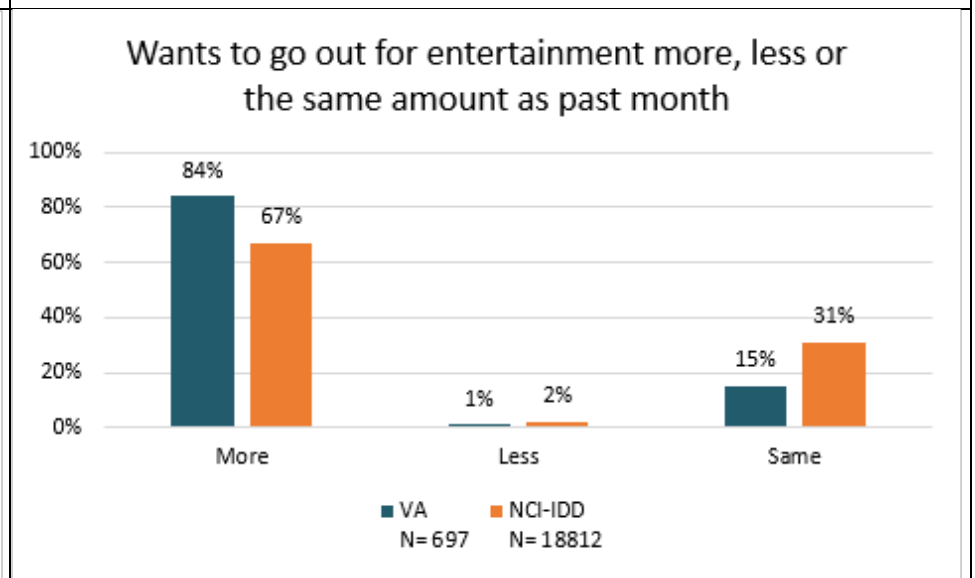
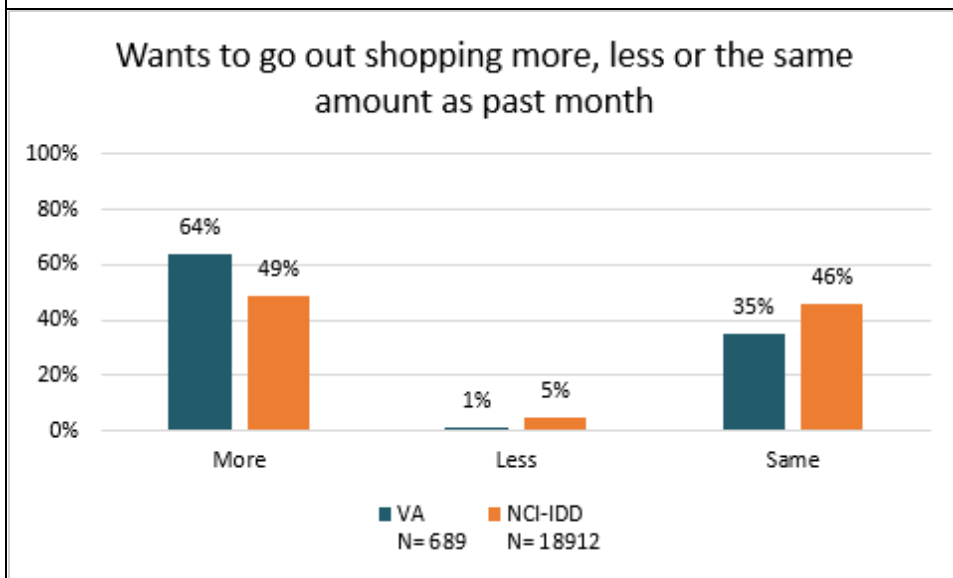
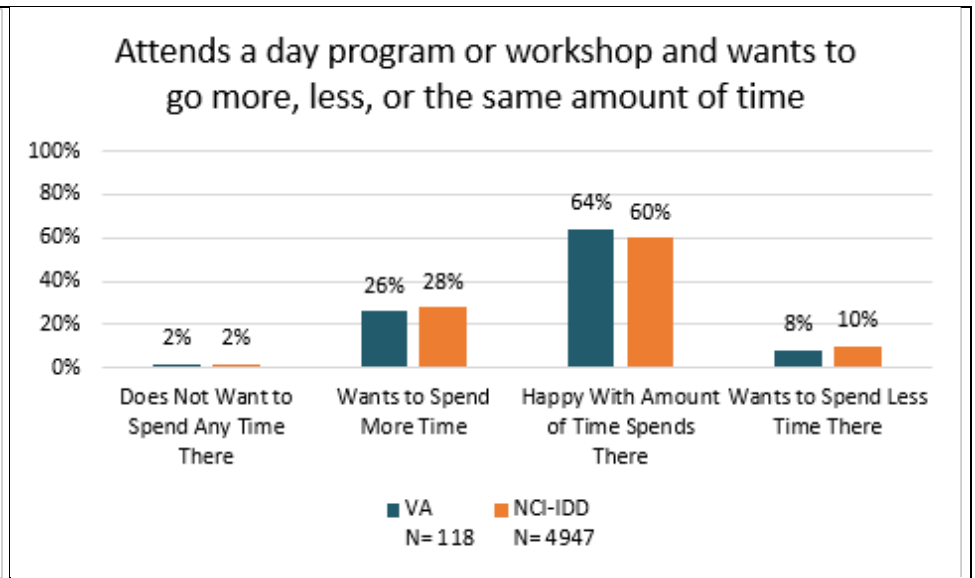
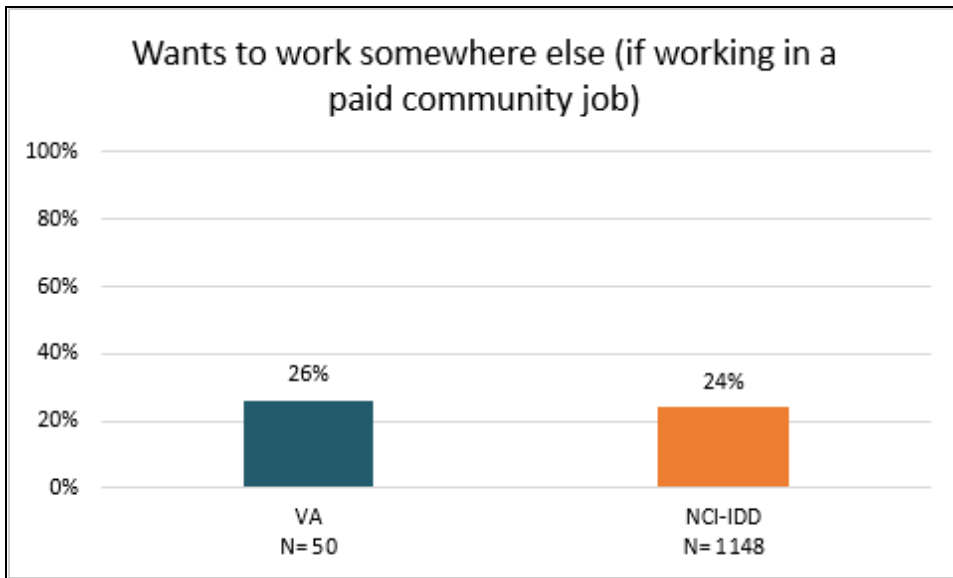
Satisfaction

People are satisfied with the services and supports they receive.

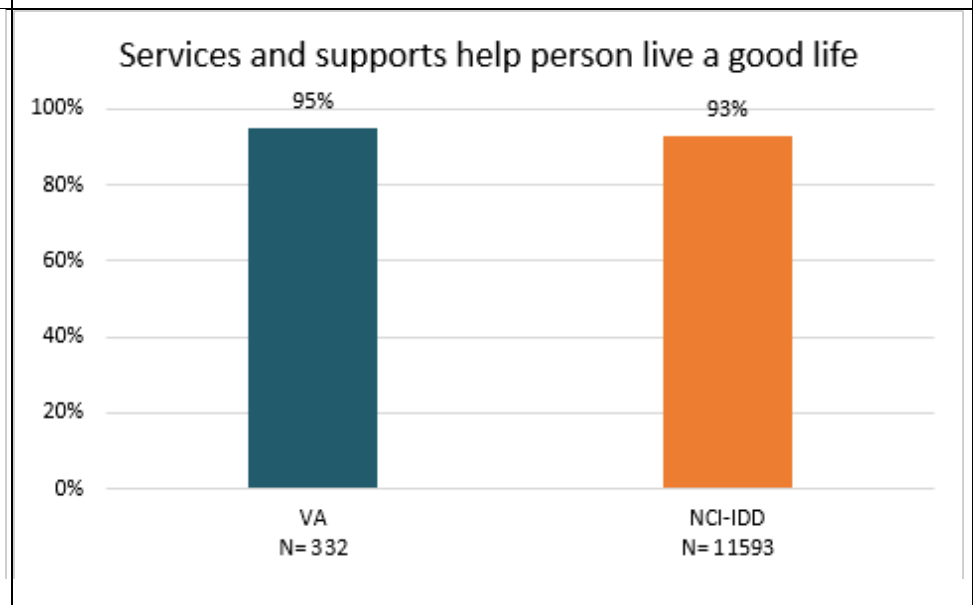
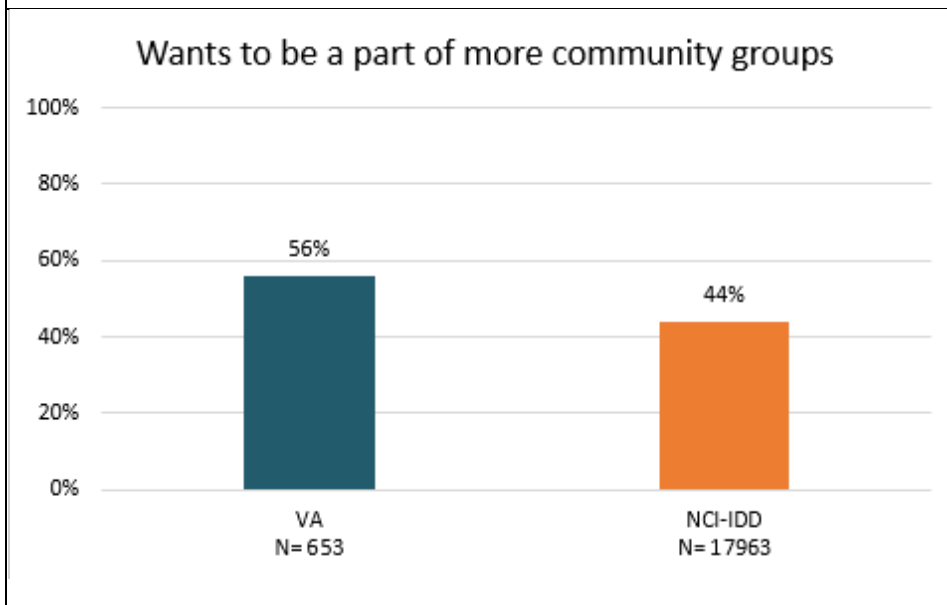
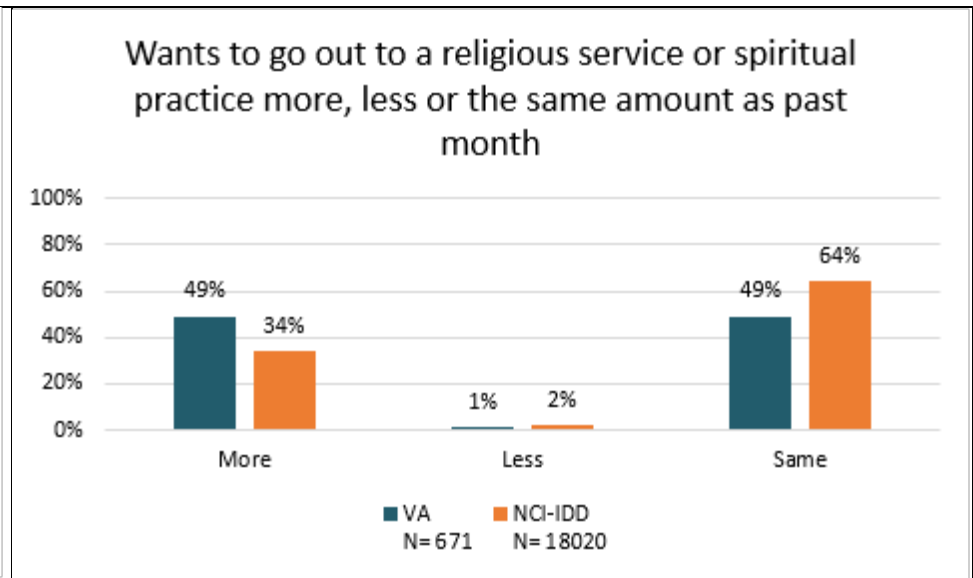
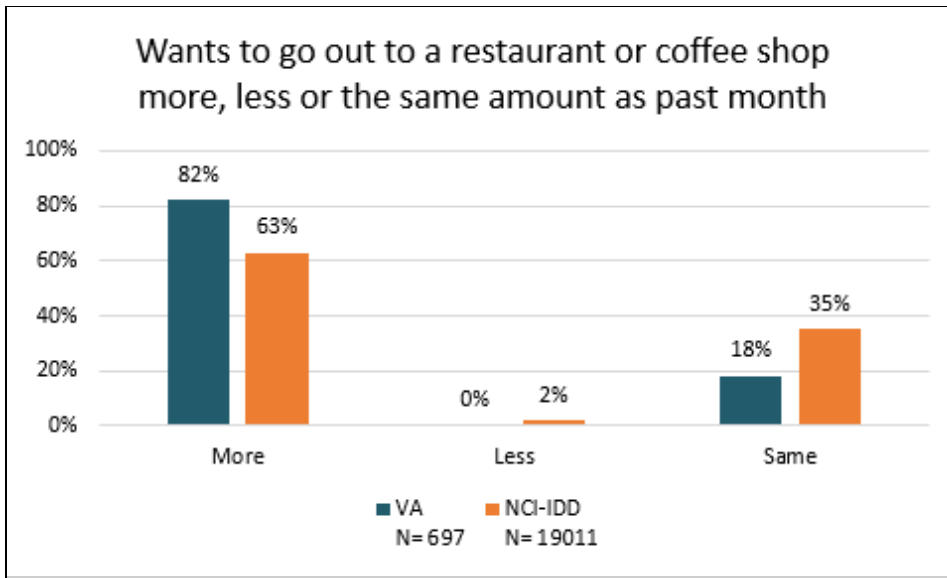
See all states' *Satisfaction* [outcomes here](#).



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 89. Likes home or where lives

State v NCI-IDD	Average Within State	N
VA	92%	410
Weighted NCI-IDD Average	91%	12,257

Table 90. Reasons does not like home, continued (among those who do not like their home or where they live)
Categories are not mutually exclusive therefore N is not shown

Reasons Does Not Like Home	VA	NCI-IDD
Accessibility	0%	3%
Feels Unsafe in Neighborhood	7%	7%
Home Needs Repairs or Upkeep	3%	6%
Doesn't Feel Like Home	3%	7%
Problems with Roommate(s)	23%	15%
Problems with Staff	7%	8%
Wants to be Closer to Family or Friends	17%	13%
Wants More Independence	13%	23%
Other	57%	52%

Table 91. Wants to live somewhere else

State v NCI-IDD	Average Within State	N
VA	21%	378
Weighted NCI-IDD Average	27%	11,828

All NCI-IDD Averages are *weighted*

Table 92. Likes paid community job (among those reported to have a paid community job from administrative records)

State v NCI-IDD	Average Within State	N
VA	94%	50
Weighted NCI-IDD Average	91%	1,168

Table 93. Wants to work somewhere else (among those reported to have a paid community job from administrative records)

State v NCI-IDD	Average Within State	N
VA	26%	50
Weighted NCI-IDD Average	24%	1,148

Table 94. Attends a day program or workshop and wants to go more, less, or the same amount of time

State v NCI-IDD	Does Not Want to Spend Any Time There	Wants to Spend More Time There	Happy With Amount of Time Spends There	Wants to Spend Less Time There	N
VA	2%	26%	64%	8%	118
Weighted NCI-IDD Average	2%	28%	60%	10%	4,947

Table 95. Person wants to go out shopping more, less or the same amount as last month
Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
VA	64%	1%	35%	689
Weighted NCI-IDD Average	49%	5%	46%	18,912

All NCI-IDD Averages are *weighted*

Table 96. Person wants to go out for entertainment more, less or the same amount as last month
Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
VA	84%	1%	15%	697
Weighted NCI-IDD Average	67%	2%	31%	18,812

Table 97. Person wants to go out to a restaurant or coffee shop more, less or the same amount as last month
Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
VA	82%	0%	18%	697
Weighted NCI-IDD Average	63%	2%	35%	19,011

Table 98. Person wants to go out to a religious service or spiritual practice more, less or the same amount as last month
Proxy respondents allowed

State v NCI-IDD	More	Less	The Same Amount	N
VA	49%	1%	49%	671
Weighted NCI-IDD Average	34%	2%	64%	18,020

All NCI-IDD Averages are *weighted*

Table 99. Person wants to be a part of more community groups
Proxy respondents allowed

State v NCI-IDD	Yes	No	N
VA	56%	44%	653
Weighted NCI-IDD Average	44%	56%	17,963

Table 100. Services and Supports help person live a good life

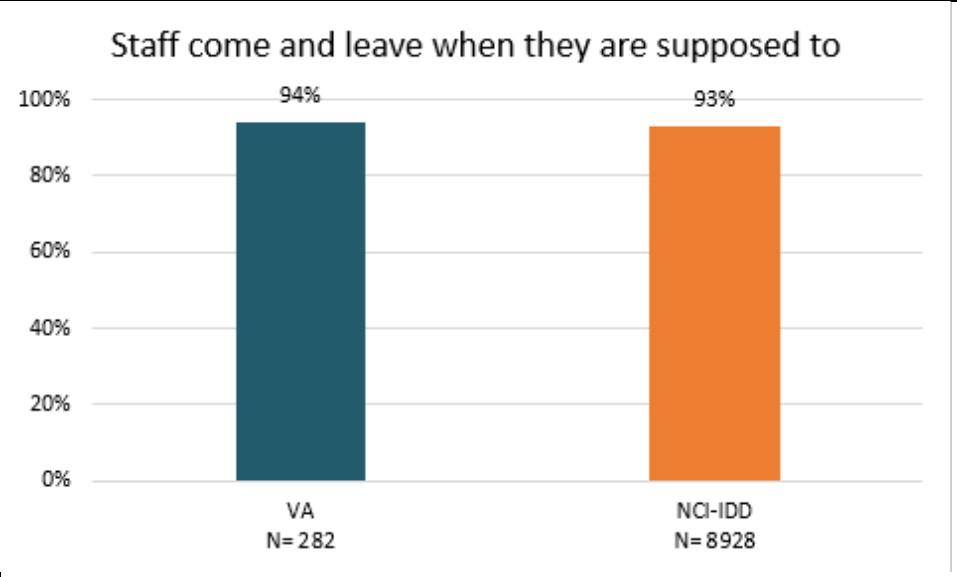
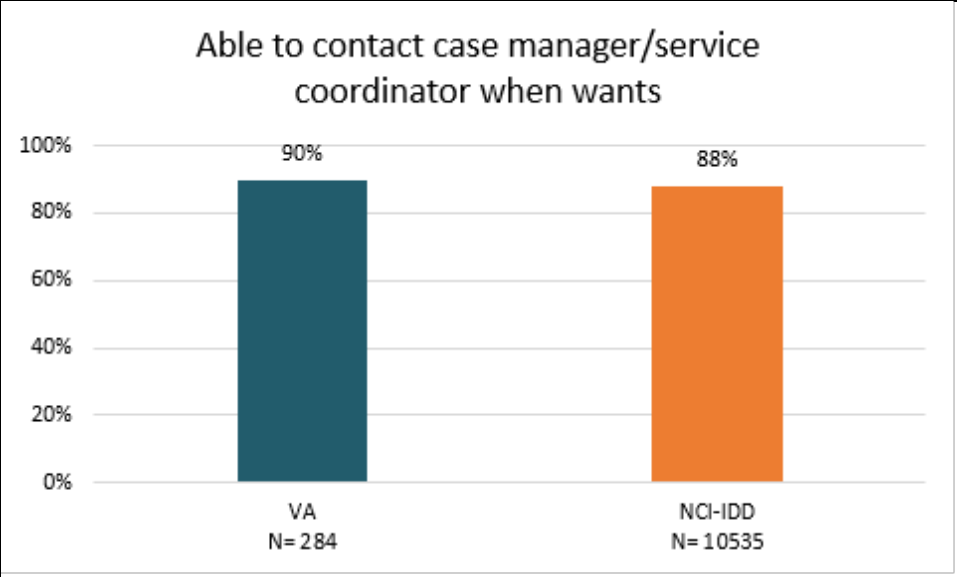
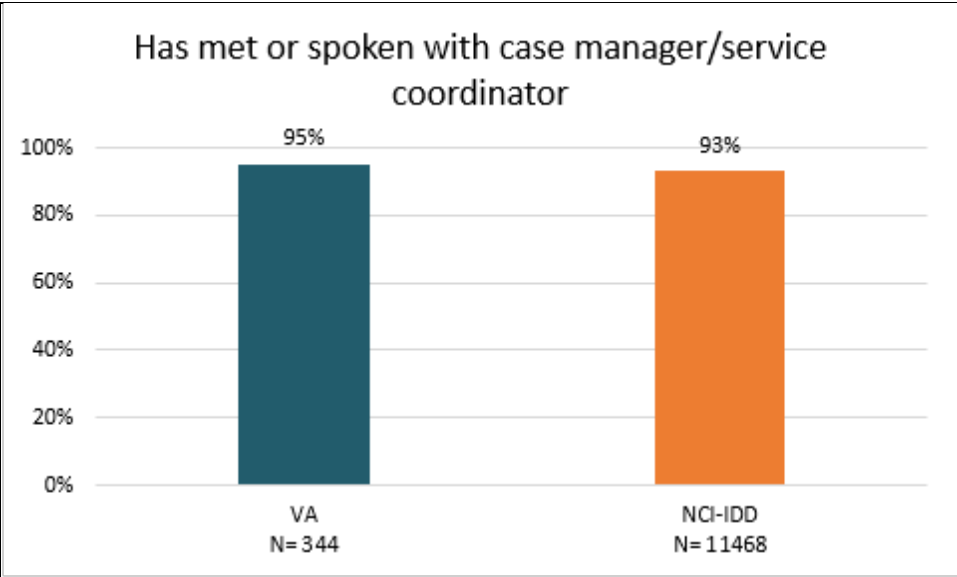
State v NCI-IDD	Average Within State	N
VA	95%	332
Weighted NCI-IDD Average	93%	11,593

All NCI-IDD Averages are *weighted*

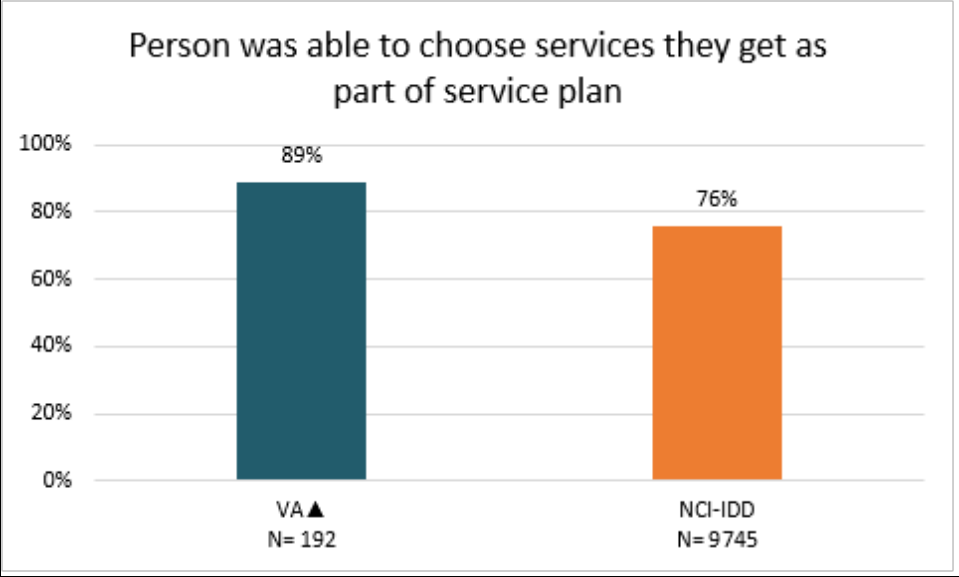
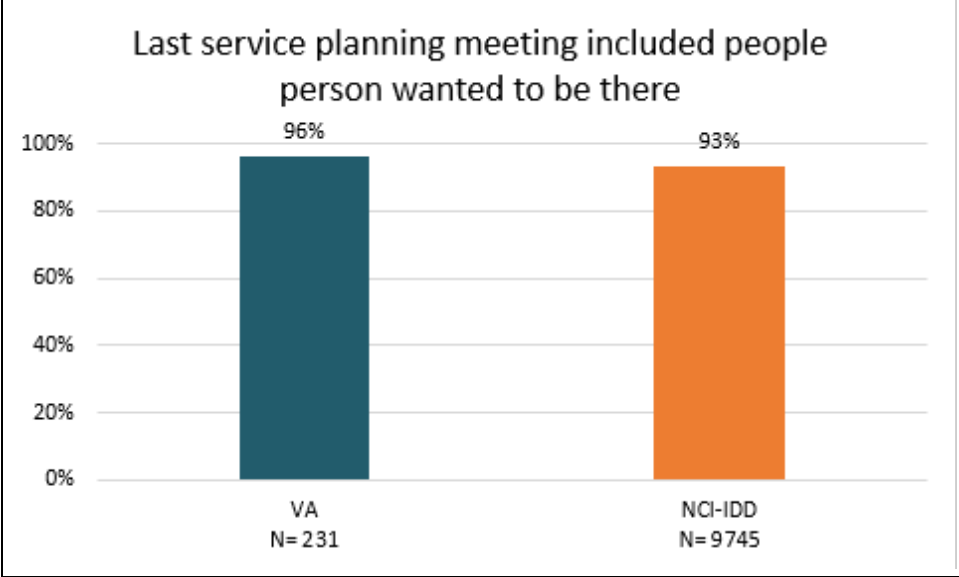
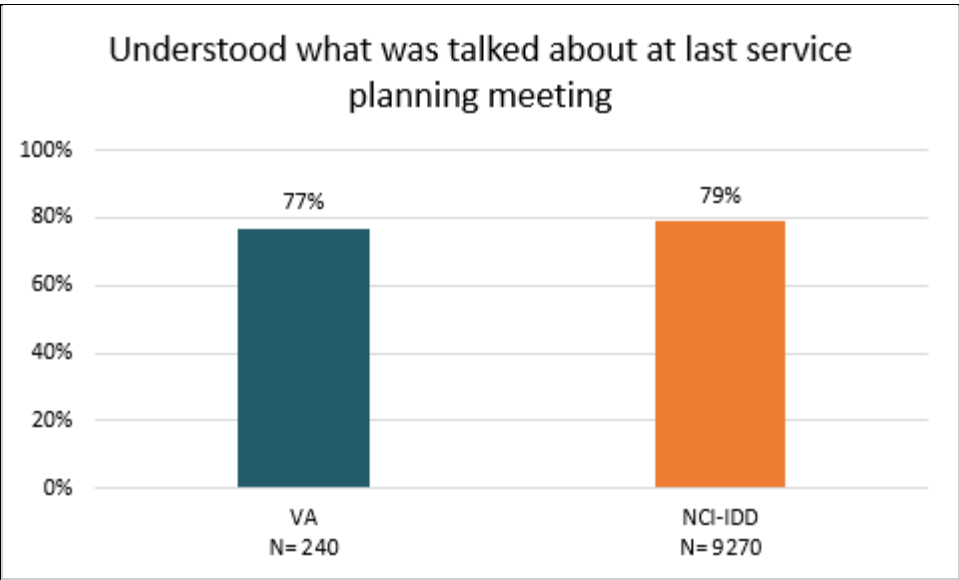
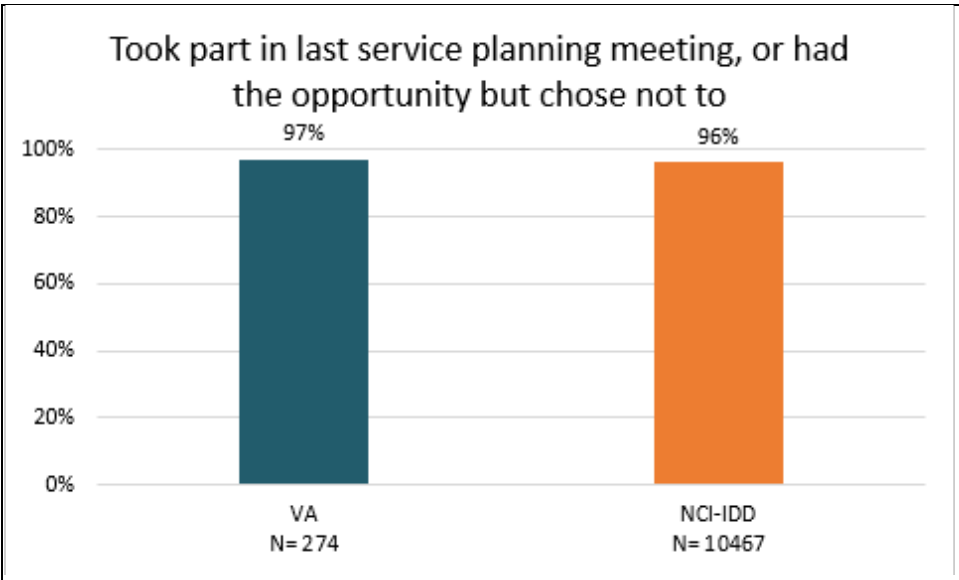
Service Coordination

Service coordinators are accessible and responsive to people. The service plan is responsive to people's goals and needs. People participate in the service planning process.

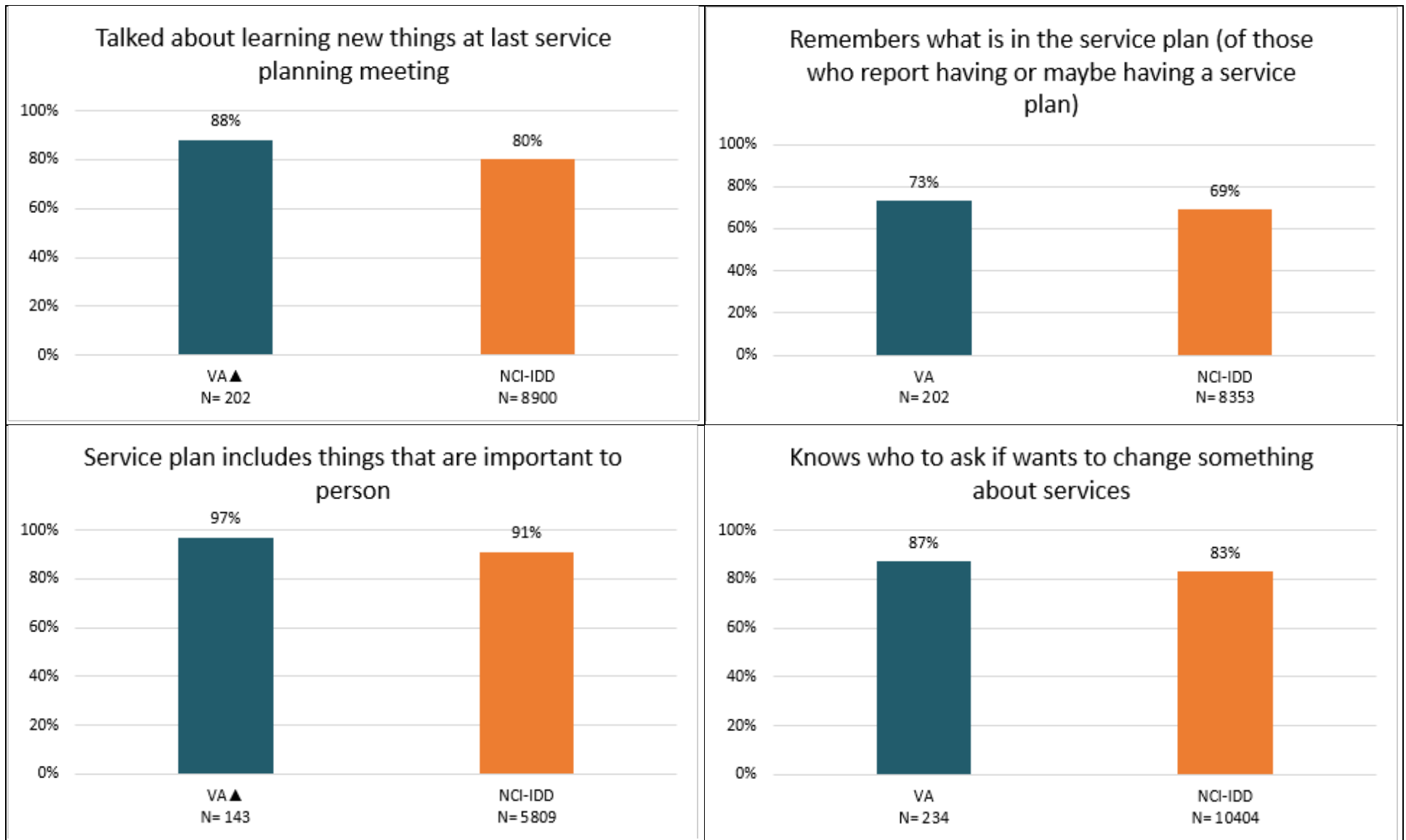
See all states' *Service Coordination* [outcomes here](#).



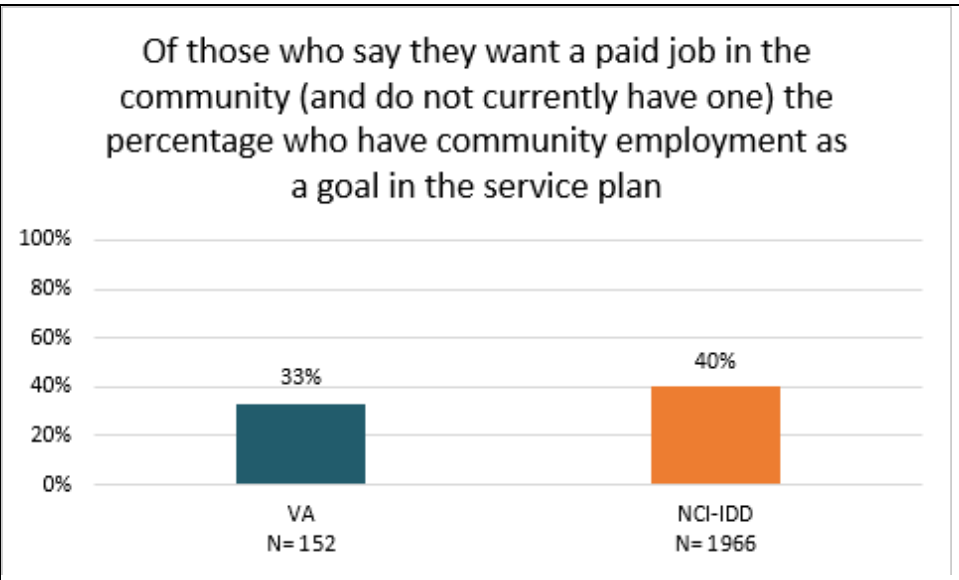
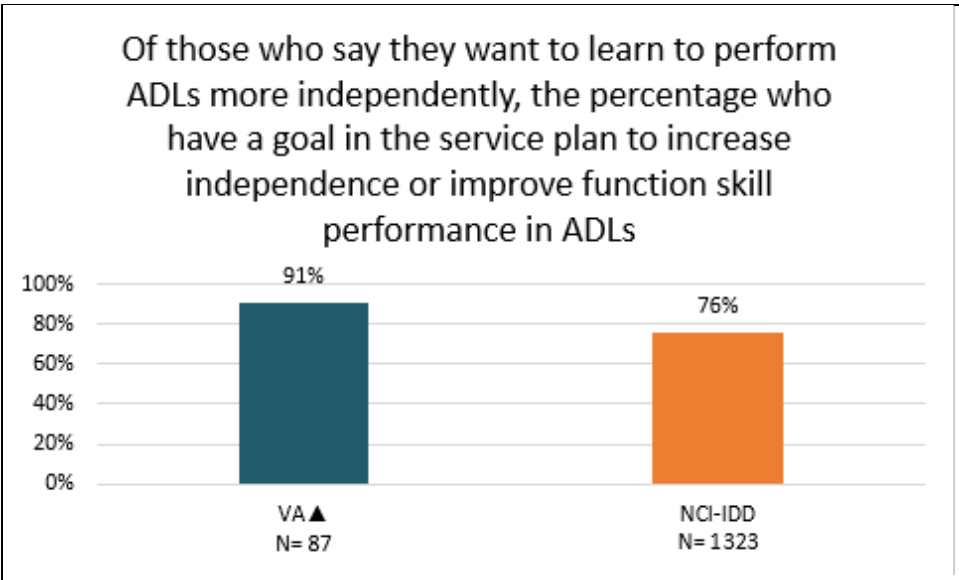
All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 101. Has met or spoken with case manager/service coordinator

State v NCI-IDD	Average Within State	N
VA	95%	344
Weighted NCI-IDD Average	93%	11,468

Table 102. Case manager/service coordinator asks person what s/he wants

State v NCI-IDD	Average Within State	N
VA	92%	300
Weighted NCI-IDD Average	88%	10,061

Table 103. Able to contact case manager/service coordinator when wants

State v NCI-IDD	Average Within State	N
VA	90%	284
Weighted NCI-IDD Average	88%	10,535

Table 104. Staff come and leave when they are supposed to

State v NCI-IDD	Average Within State	N
VA	94%	282
Weighted NCI-IDD Average	93%	8,928

All NCI-IDD Averages are *weighted*

Table 105. Took part in last service planning meeting, or had the opportunity but chose not to

State v NCI-IDD	Average Within State	N
VA	97%	274
Weighted NCI-IDD Average	96%	10,467

Table 106. Understood what was talked about at last service planning meeting

State v NCI-IDD	Average Within State	N
VA	77%	240
Weighted NCI-IDD Average	79%	9,270

Table 107. Last service planning meeting included people person wanted to be there

State v NCI-IDD	Average Within State	N
VA	96%	231
Weighted NCI-IDD Average	93%	9,745

Table 108. Person was able to choose services they get as part of service plan

State v NCI-IDD	Average Within State	N
VA ▲	89%	192
Weighted NCI-IDD Average	76%	8,136

Table 109. Talked about learning new things at last service planning meeting

State v NCI-IDD	Average Within State	N
VA ▲	88%	202
Weighted NCI-IDD Average	80%	8,900

All NCI-IDD Averages are *weighted*

Table 110. Remembers what is in the service plan of those who report having or maybe having a service plan

State v NCI-IDD	Average Within State	N
VA	73%	202
Weighted NCI-IDD Average	69%	8,353

Table 111. Service plan includes things that are important to person

State v NCI-IDD	Average Within State	N
VA ▲	97%	143
Weighted NCI-IDD Average	91%	5,809

Table 112. Knows who to ask if s/he wants to change something about services

State v NCI-IDD	Average Within State	N
VA	87%	234
Weighted NCI-IDD Average	83%	10,404

All NCI-IDD Averages are *weighted*

Table 113. Of those who say they want to learn to perform ADLs more independently, the percentage who have a goal in the service plan to increase independence or improve function skill performance in ADLs ¹

State v NCI-IDD	Average Within State	N
VA ▲	91%	87
Weighted NCI-IDD Average	76%	1,323

Table 114. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan ²

State v NCI-IDD	Average Within State	N
VA	33%	152
Weighted NCI-IDD Average	40%	1,966

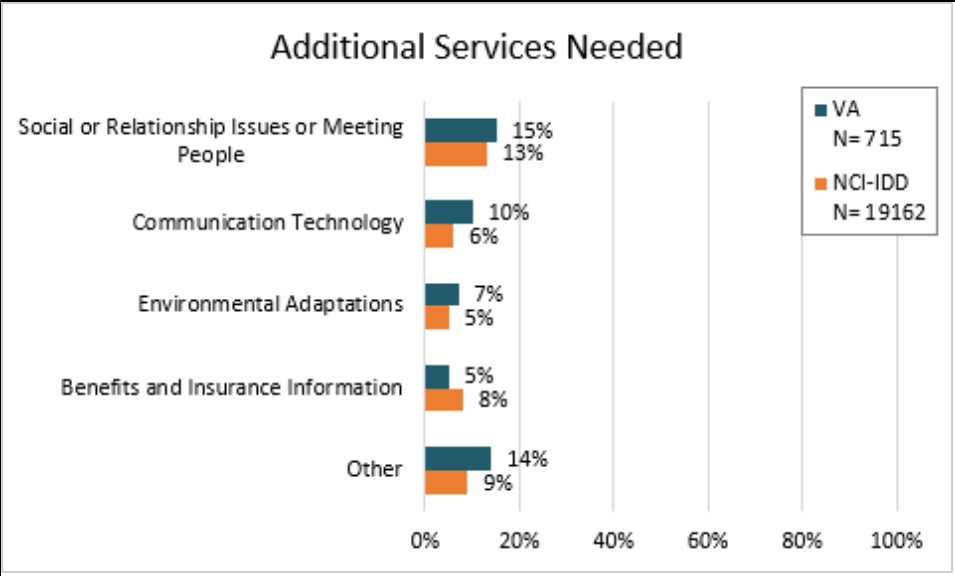
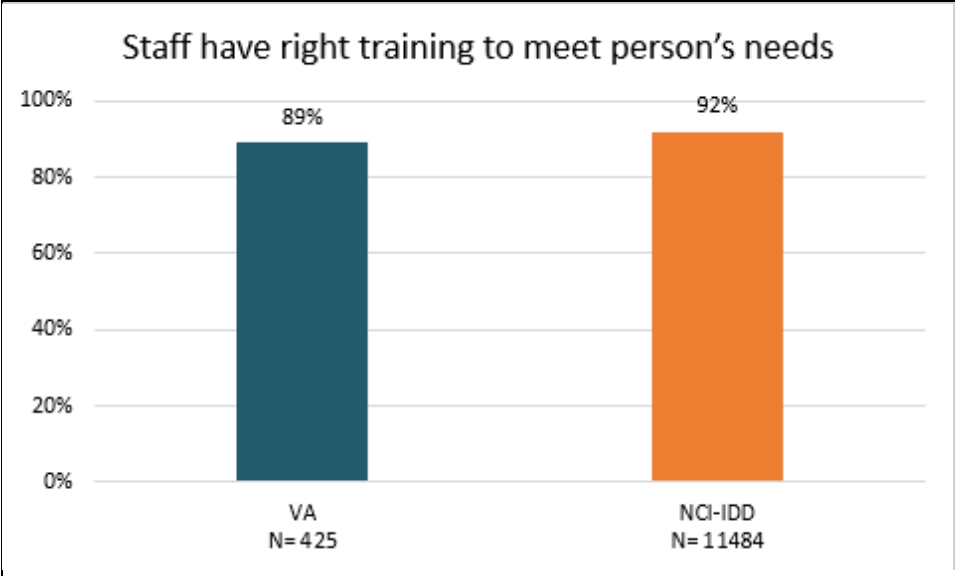
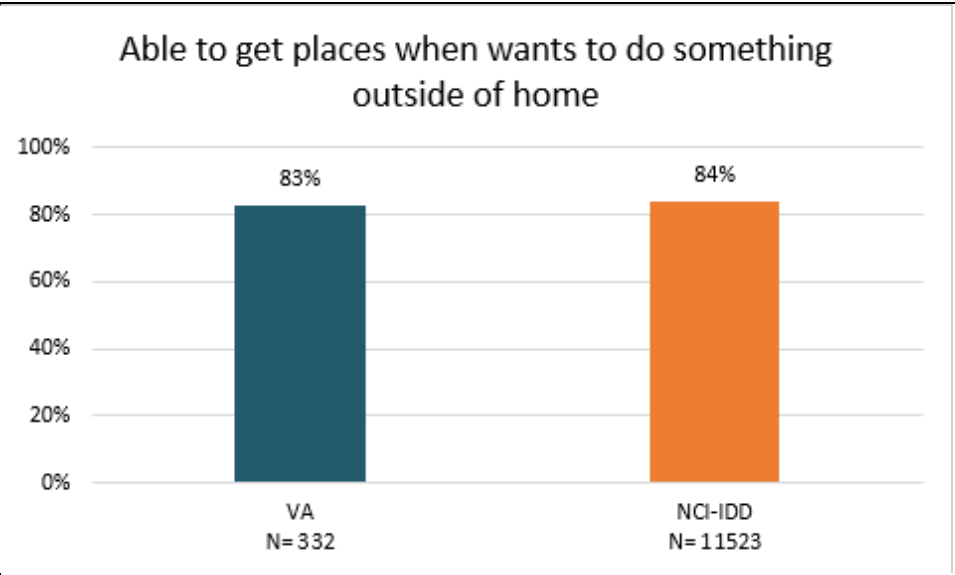
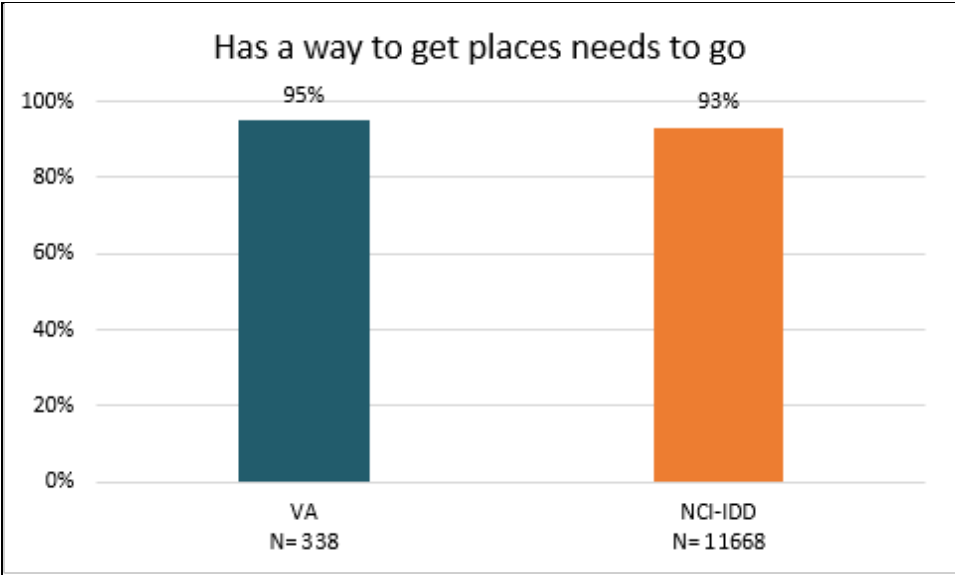
¹ This analysis combines two questions that come from two different sources: 1.) Whether there is a goal in service plan to increase independence or improve functional skill performance in ADLs obtained through administrative records; and, 2.) Whether the person wants to learn to do more ADLs on their own is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

² This analysis combines two questions that come from two different sources: 1.) Whether community employment is a goal in service plan; and 2.) Whether the person wants a job is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

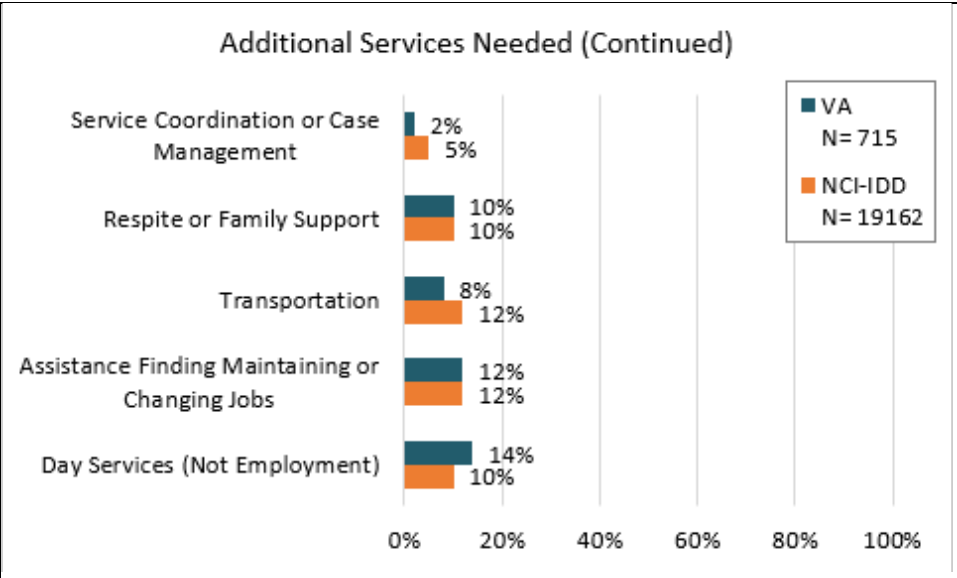
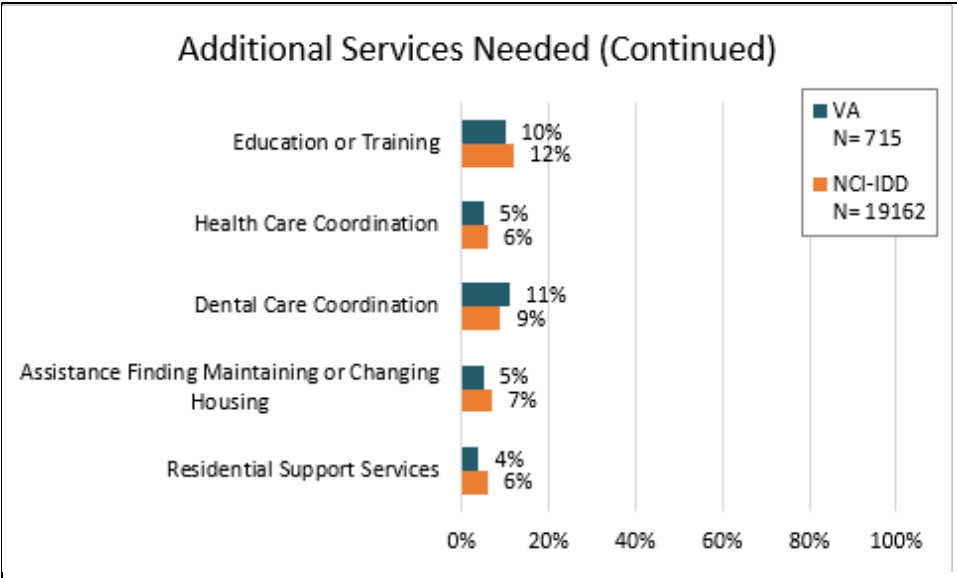
Access

Publicly funded services are readily available to individuals who need and qualify for them.

See all states' Access [outcomes here](#).



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 115. Has a way to get places need to go

State v NCI-IDD	Average Within State	N
VA	95%	338
Weighted NCI-IDD Average	93%	11,668

Table 116. Has a way to get places when wants to do something outside of home

State v NCI-IDD	Average Within State	N
VA	83%	332
Weighted NCI-IDD Average	84%	11,523

Table 117. Staff have right training to meet person's needs
Proxy respondents who were not staff were allowed for this question

State v NCI-IDD	Average Within State	N
VA	89%	425
Weighted NCI-IDD Average	92%	11,484

All NCI-IDD Averages are *weighted*

Table 118. Additional services needed

Proxy respondents were allowed for this question categories are not mutually exclusive

Additional Services Needed...	VA	NCI-IDD
Service Coordination or Case Management	2%	5%
Respite or Family Support	10%	10%
Transportation	8%	12%
Assistance Finding Maintaining or Changing Jobs	12%	12%
Day Services (Not Employment)	14%	10%
Education or Training	10%	12%
Health Care Coordination	5%	6%
Dental Care Coordination	11%	9%
Assistance Finding Maintaining or Changing Housing	5%	7%
Residential Support Services	4%	6%
Social or Relationship Issues or Meeting People	15%	13%
Communication Technology	10%	6%
Environmental Adaptations	7%	5%
Benefits and Insurance Information	5%	8%
Other	14%	9%
N	715	19,162

All NCI-IDD Averages are *weighted*

Health

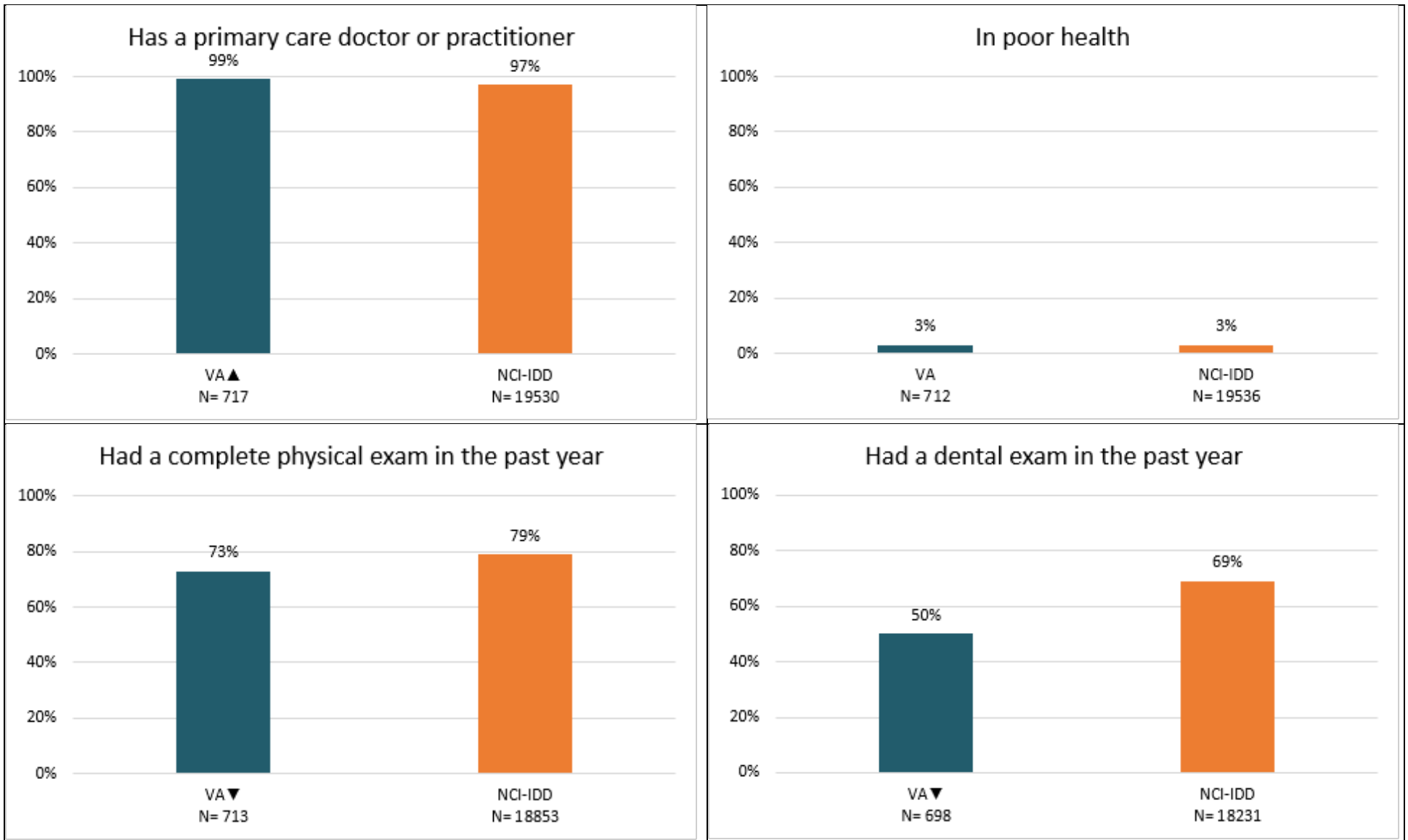
People secure recommended health services.

See all states' **Health** [outcomes here](#).

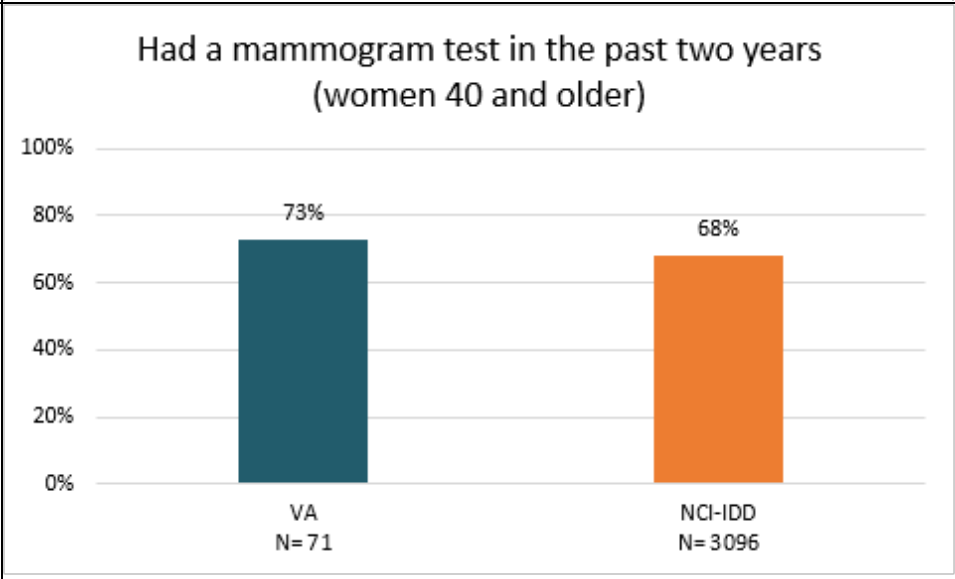
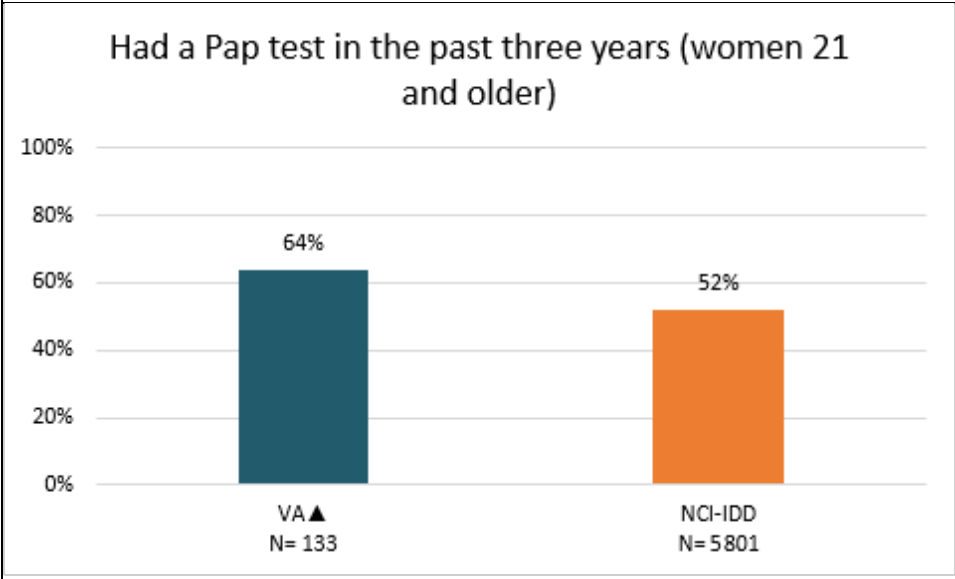
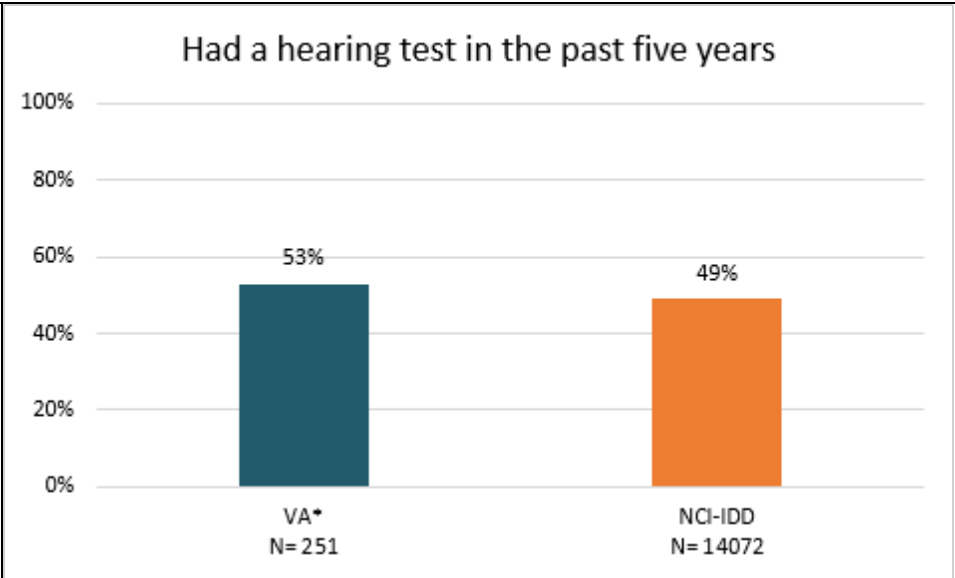
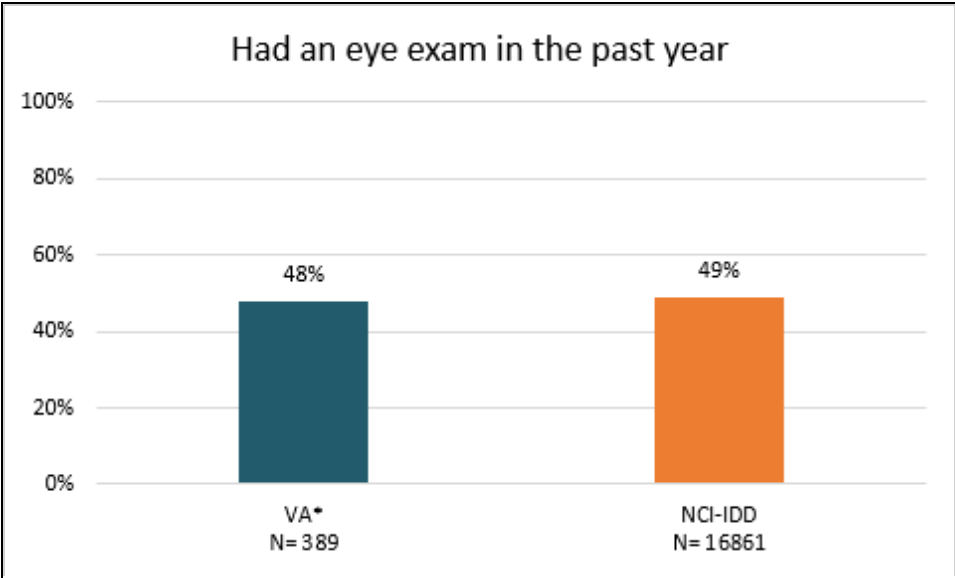
Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population

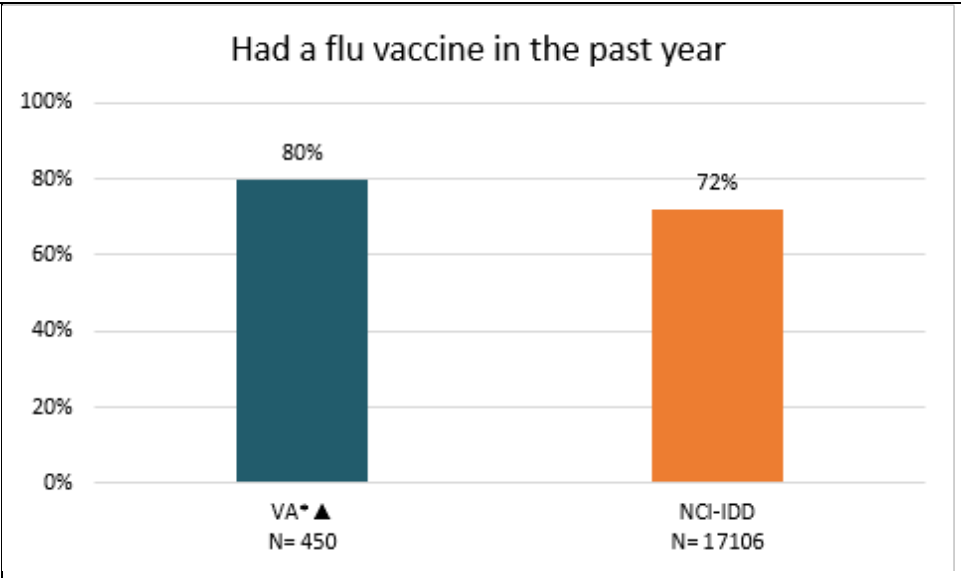
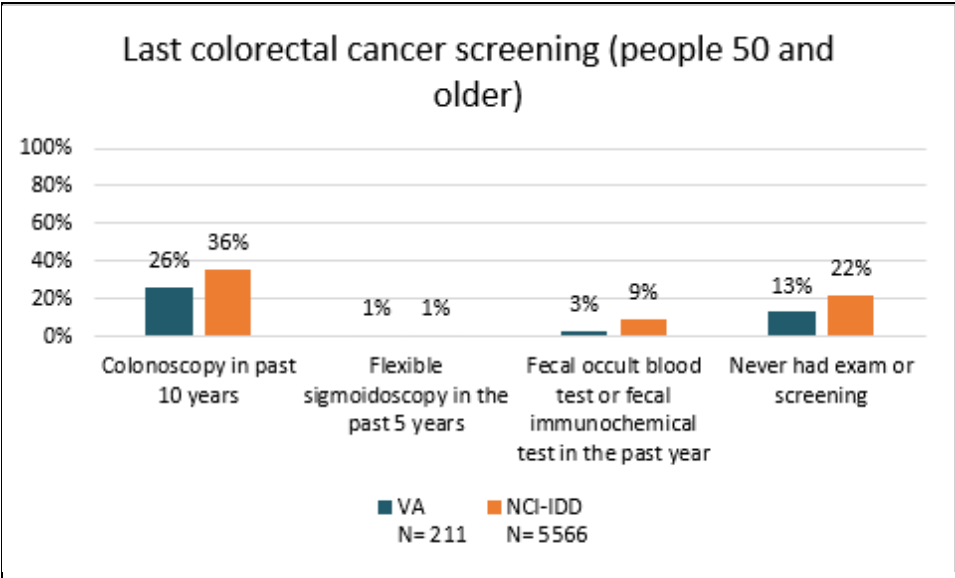
An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
All NCI-IDD Averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*



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All NCI-IDD Averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

Table 119. Has a primary care doctor or primary care practitioner
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▲	99%	717
Weighted NCI-IDD Average	97%	19,530

Table 120. In poor health
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	3%	712
Weighted NCI-IDD Average	3%	19,536

Table 121. Had a complete physical exam in the past year
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▼	73%	713
Weighted NCI-IDD Average	79%	18,853

Table 122. Had a dental exam in the past year
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▼	50%	698
Weighted NCI-IDD Average	69%	18,231

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are weighted

Table 123. Had an eye exam or vision screening in the past year
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA*	48%	389
Weighted NCI-IDD Average	49%	16,861

Table 124. Had a hearing test in the past five years
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA*	53%	251
Weighted NCI-IDD Average	49%	14,072

Table 125. Had a Pap test in the past three years (women 21 and older)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA▲	64%	133
Weighted NCI-IDD Average	52%	5,801

Table 126. Had a mammogram test in the past two years (among women ages 40 and over)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	73%	71
Weighted NCI-IDD Average	68%	3,096

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are weighted

Table 127. Last colorectal cancer screening (among people ages 50 and over)
Information may have been obtained through state records

State v NCI-IDD	Colonoscopy in past 10 years	Flexible sigmoidoscopy in the past 5 years	Fecal occult blood test or fecal immunochemical test in the past year	Never had exam or screening	N
VA	26%	1%	3%	13%	211
Weighted NCI-IDD Average	36%	1%	9%	22%	5,566

Table 128. Had a flu vaccine in the past year
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA* ▲	80%	450
Weighted NCI-IDD Average	72%	17,106

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

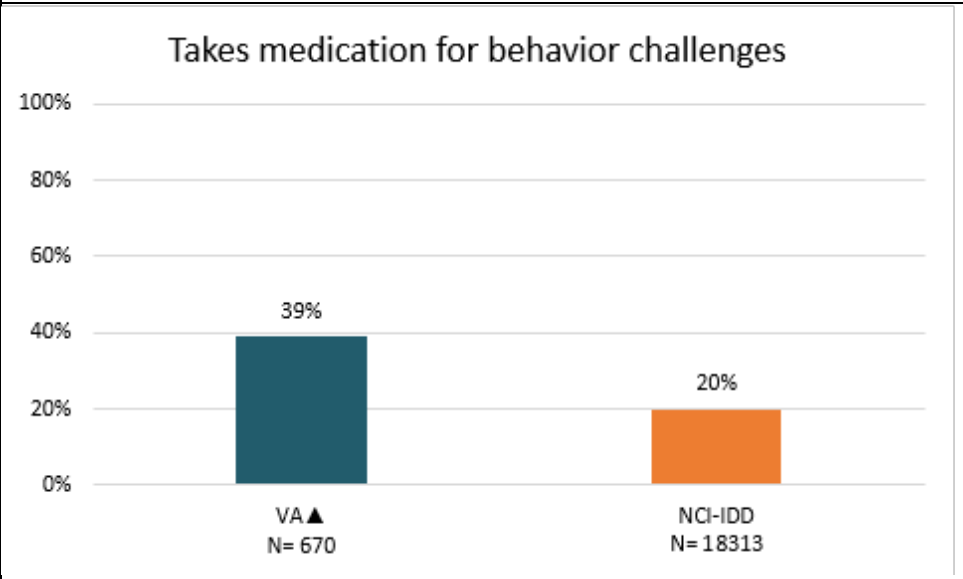
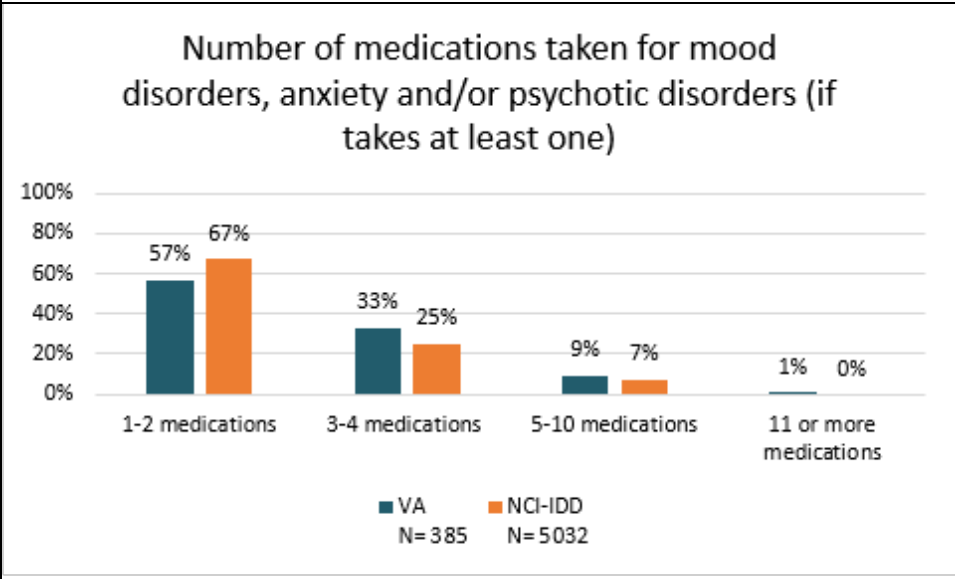
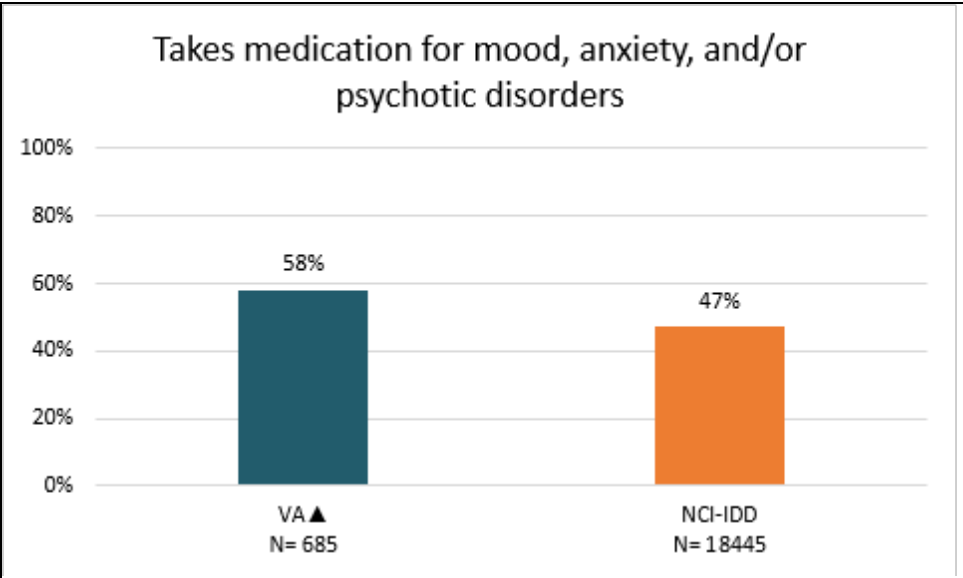
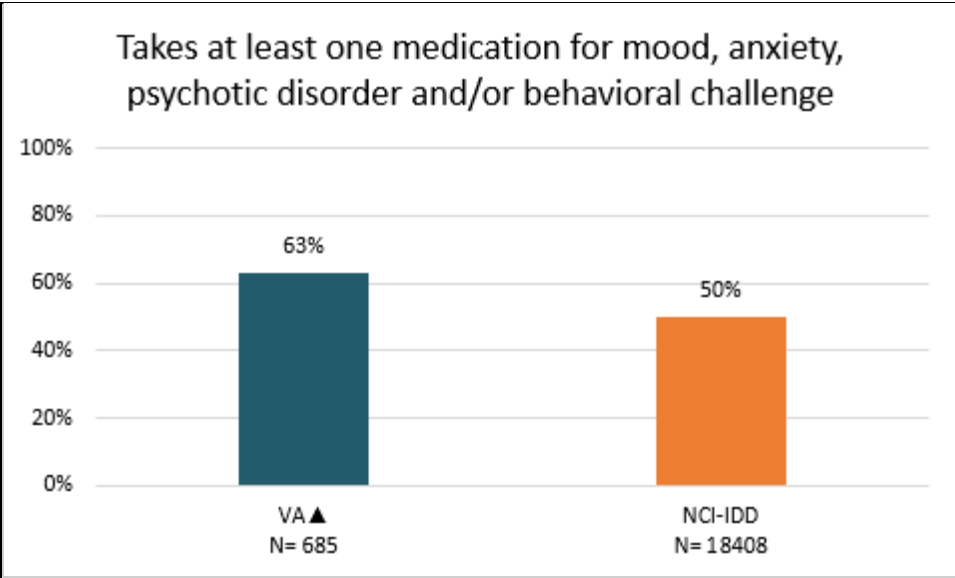
Medication

Medications are used effectively and appropriately.

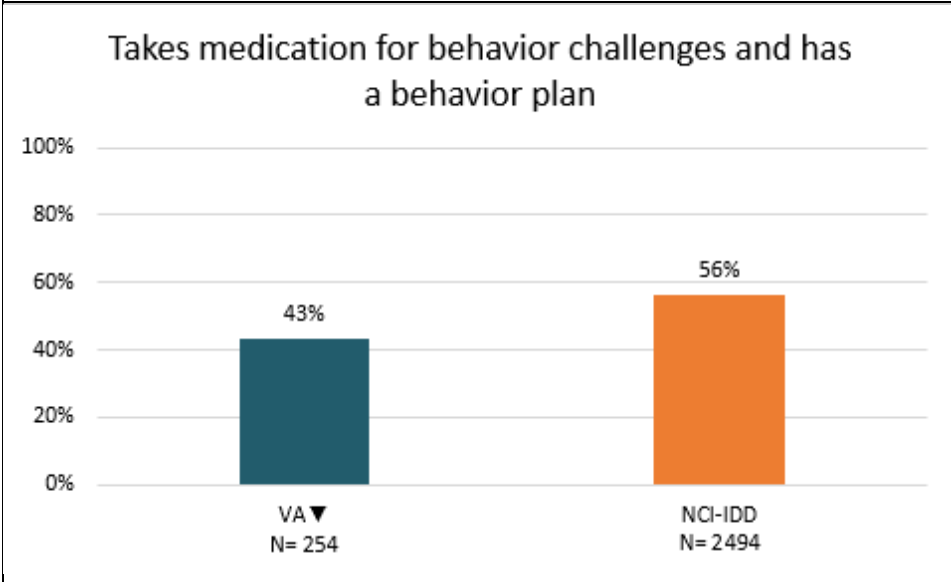
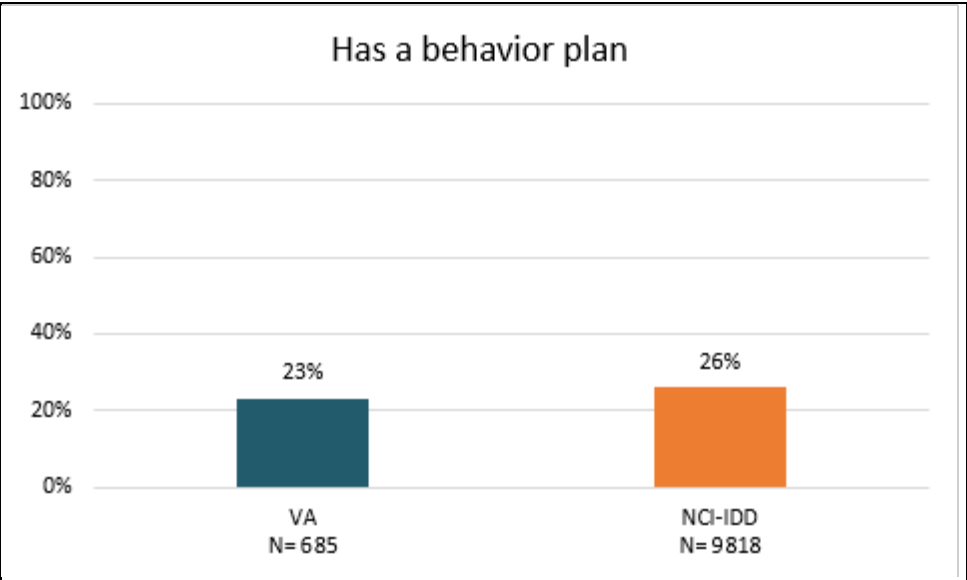
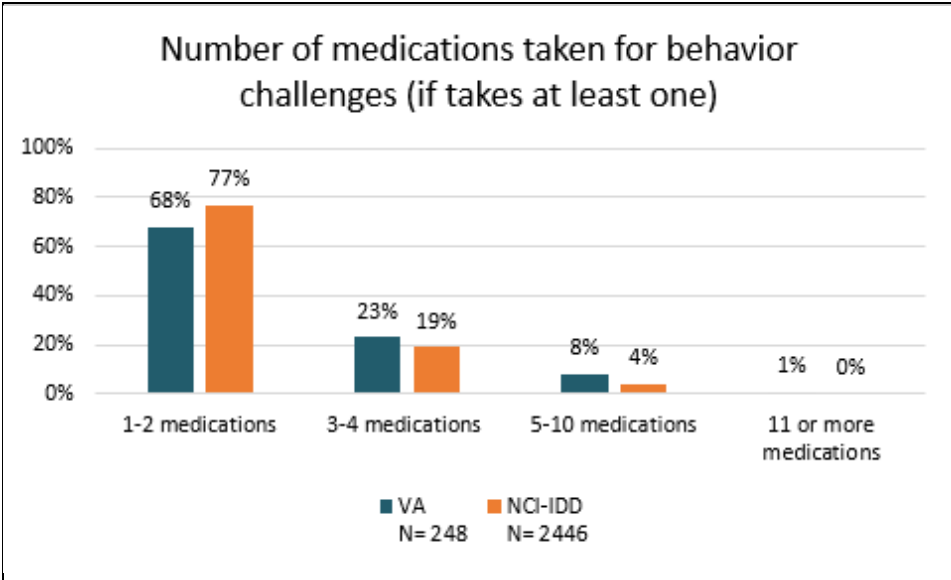
See all states' **Medication** [outcomes here](#).

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

Table 129. Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▲	63%	685
Weighted NCI-IDD Average	50%	18,408

Table 130. Takes medication for mood, anxiety, and/or psychotic disorders
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▲	58%	685
Weighted NCI-IDD Average	47%	18,445

Table 131. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders if taking at least one medication for this purpose
Information may have been obtained through state records

State v NCI-IDD	1-2 medications	3-4 medications	5-10 medications	11 or more medications	N
VA	57%	33%	9%	1%	385
Weighted NCI-IDD Average	67%	25%	7%	0%	5,032

Table 132. Takes medication for behavior challenges
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▲	39%	670
Weighted NCI-IDD Average	20%	18,313

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

Table 133. Number of medications taken for behavior challenges if taking at least one for this purpose
Information may have been obtained through state records

State v NCI-IDD	1-2 medications	3-4 medications	5-10 medications	11 or more medications	N
VA	68%	23%	8%	1%	248
Weighted NCI-IDD Average	77%	19%	4%	0%	2,446

Table 134. Has a behavior plan
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA	23%	685
Weighted NCI-IDD Average	26%	9,818

Table 135. Has a behavior plan (among those who take medication for a behavior challenge)
Information may have been obtained through state records

State v NCI-IDD	Average Within State	N
VA ▼	43%	254
Weighted NCI-IDD Average	56%	2,494

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

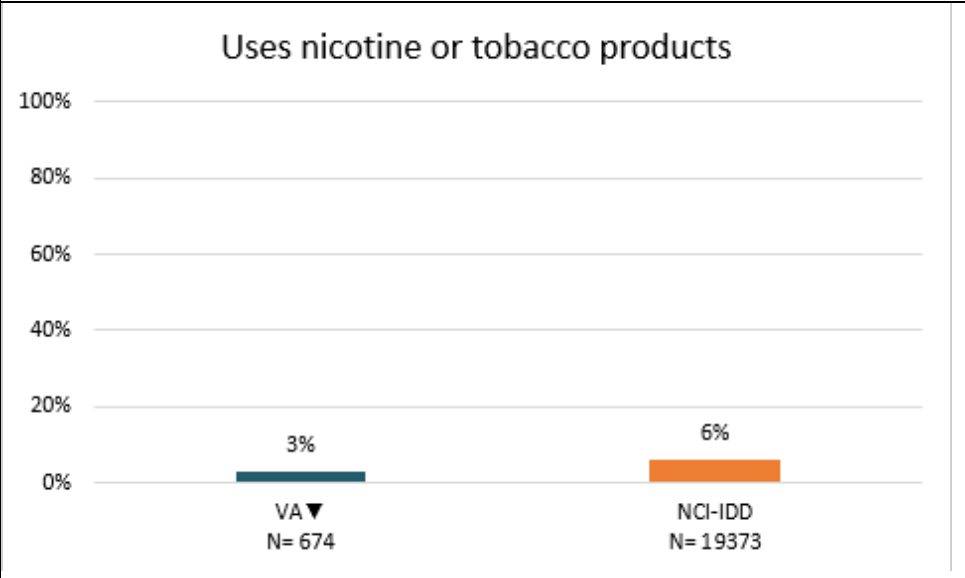
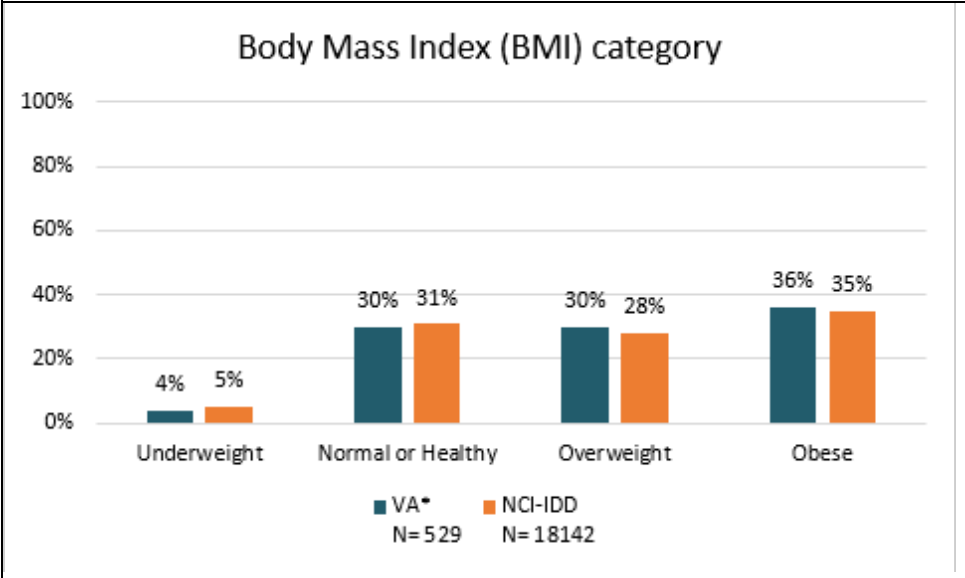
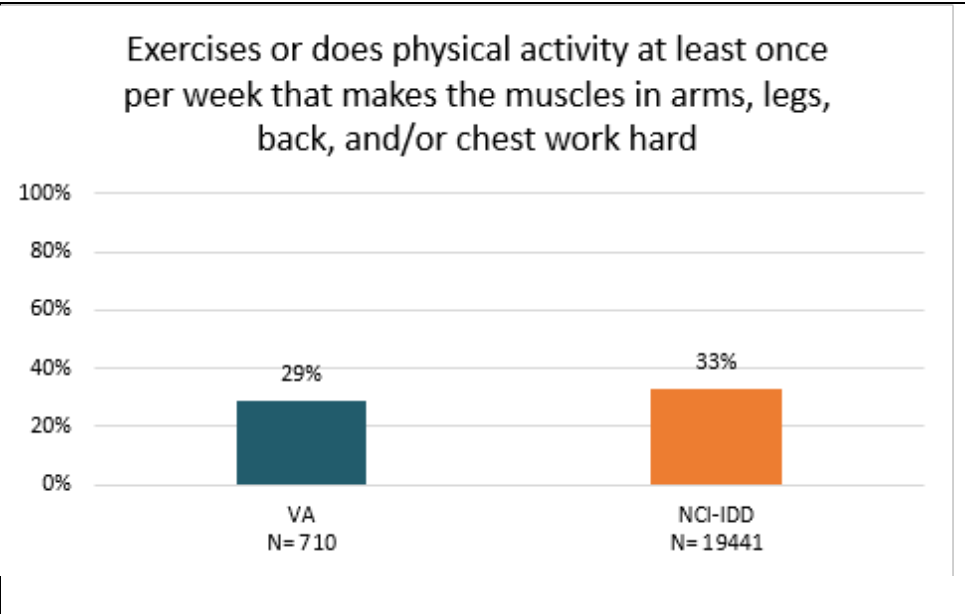
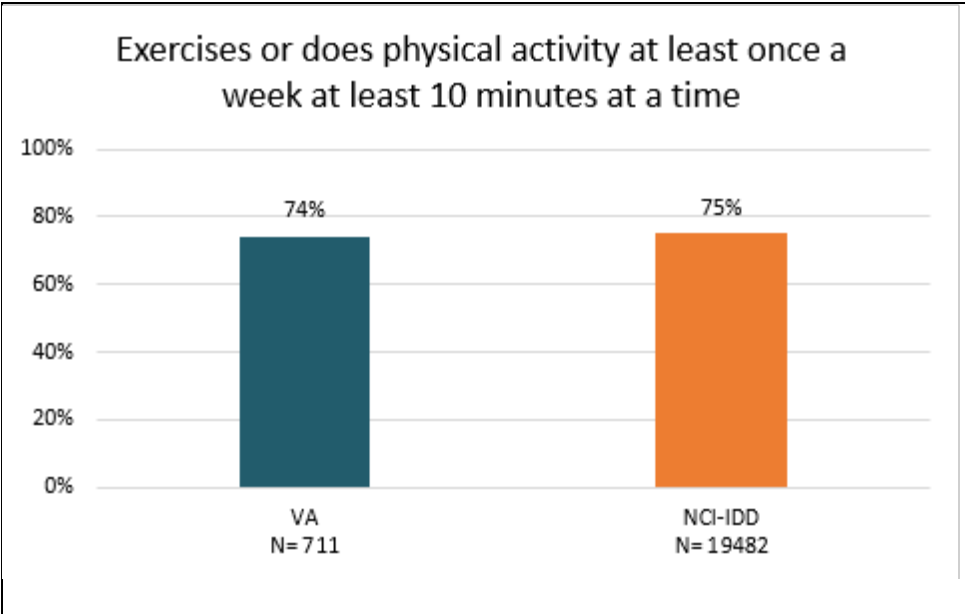
Wellness

People maintain healthy habits.

See all states' **Wellness** [outcomes here](#).

Important note on data

Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.



An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
 All NCI-IDD Averages are *weighted*

Table 136. Exercises or does physical activity at least once per week for 10 minutes or more at a time
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	74%	711
Weighted NCI-IDD Average	75%	19,482

Table 137. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	29%	710
Weighted NCI-IDD Average	33%	19,441

Table 138. Body Mass Index (BMI) category
BMI calculated using data on weight and height; information may have been obtained through state records

State v NCI-IDD	Underweight	Normal or Healthy	Overweight	Obese	N
VA*	4%	30%	30%	36%	529
Weighted NCI-IDD Average	5%	31%	28%	35%	18,142

Table 139. Uses nicotine or tobacco products
Information may have been obtained through state records

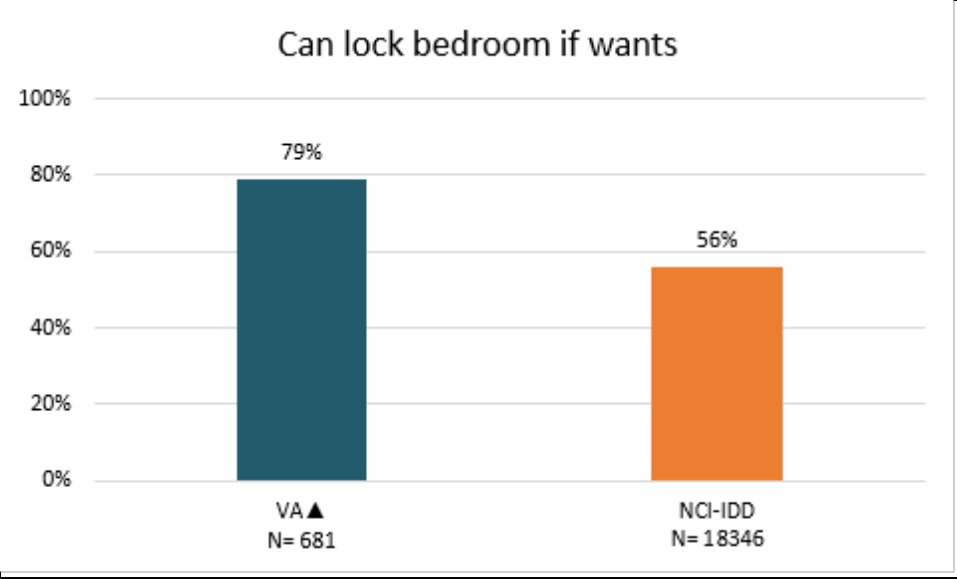
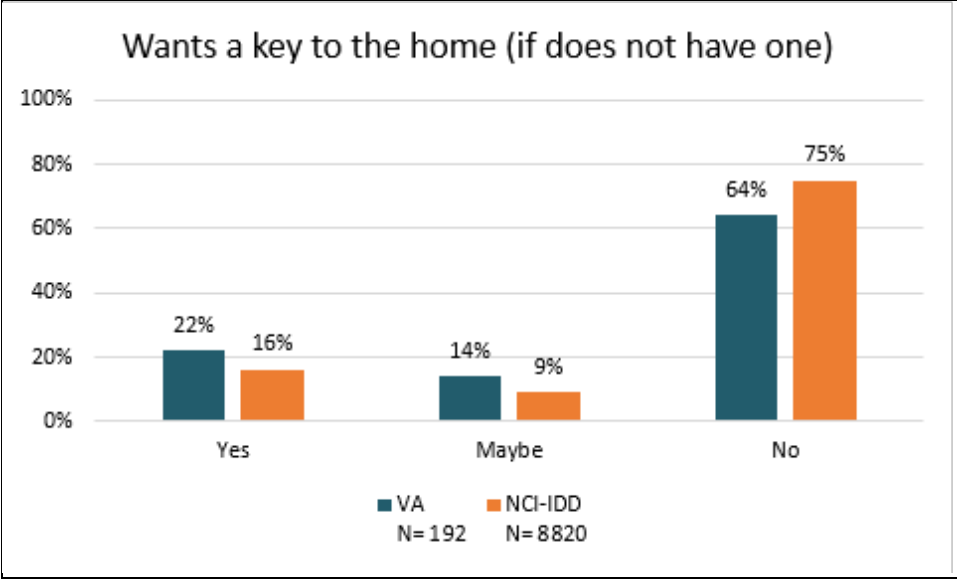
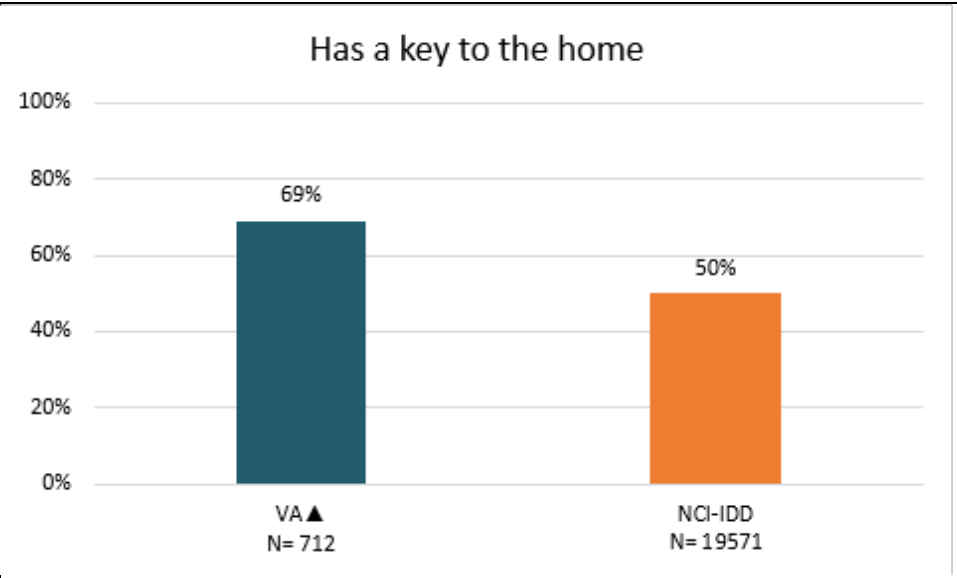
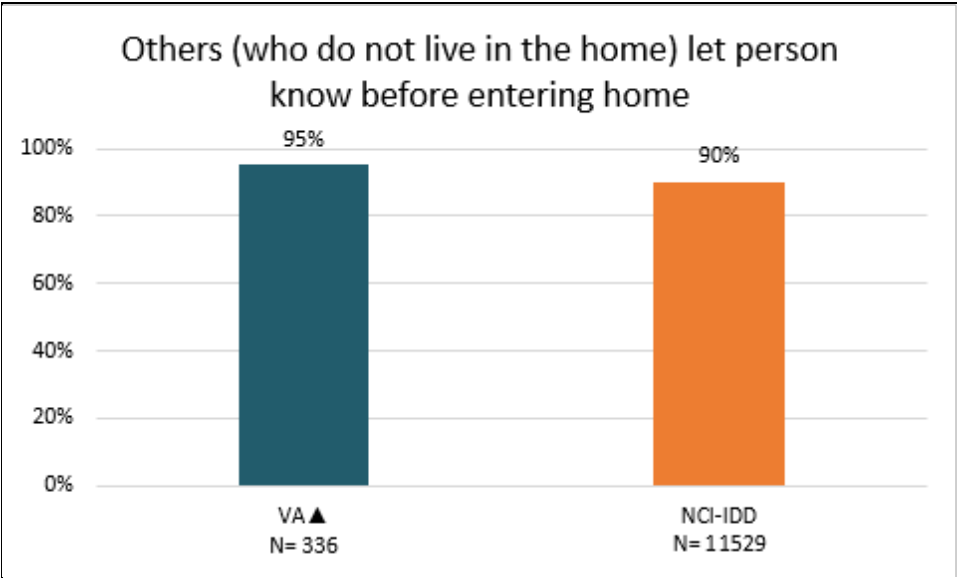
State v NCI-IDD	Average Within State	N
VA ▼	3%	674
Weighted NCI-IDD Average	6%	19,373

An asterisk (*) denotes that data include at least 25% “don’t know” and missing data
All NCI-IDD Averages are weighted

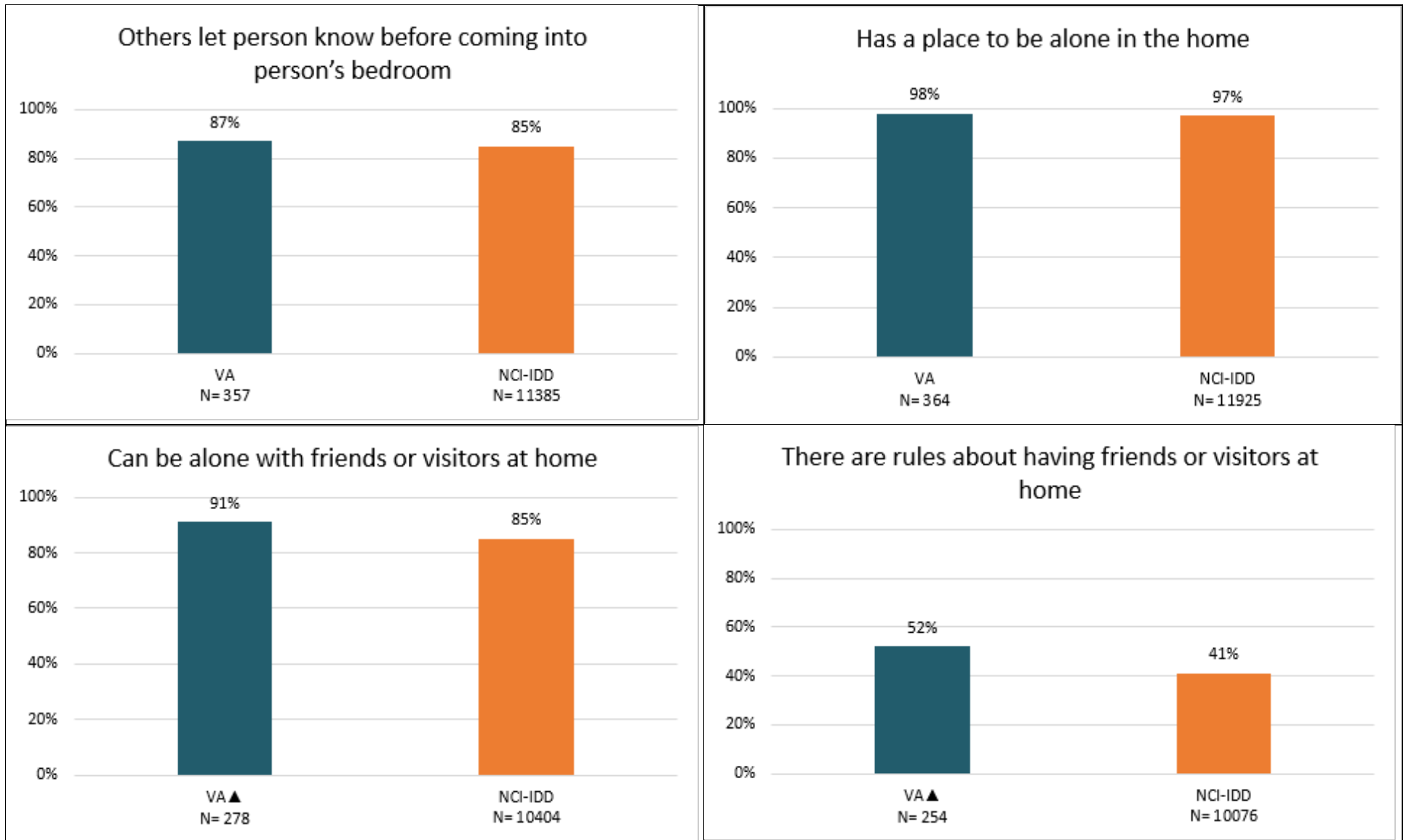
Rights and Respect

People receive the same respect and protections as others in the community.

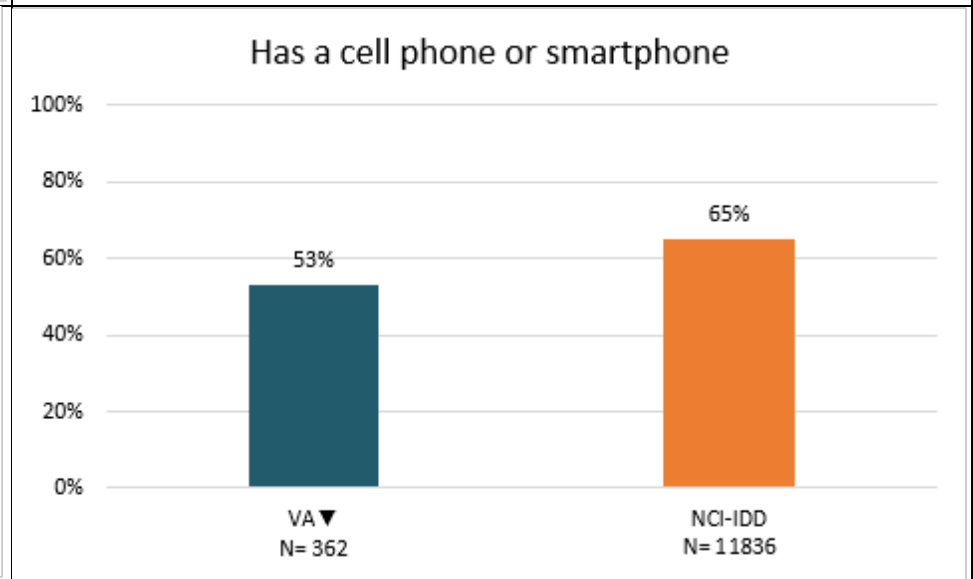
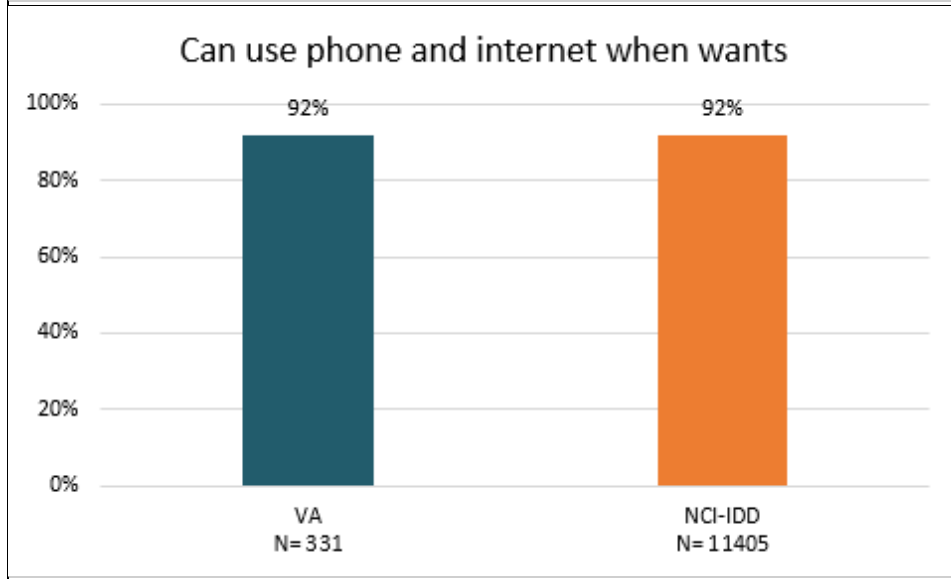
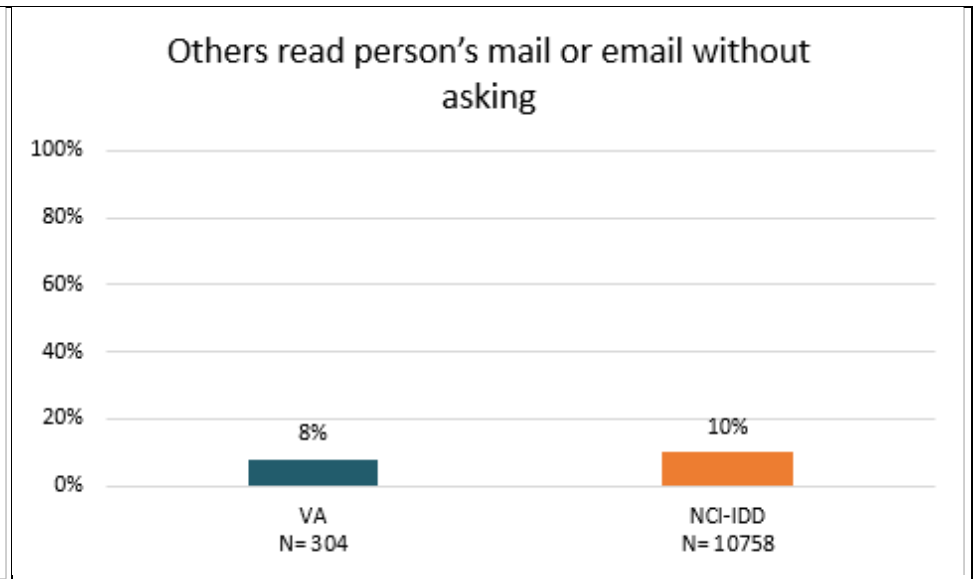
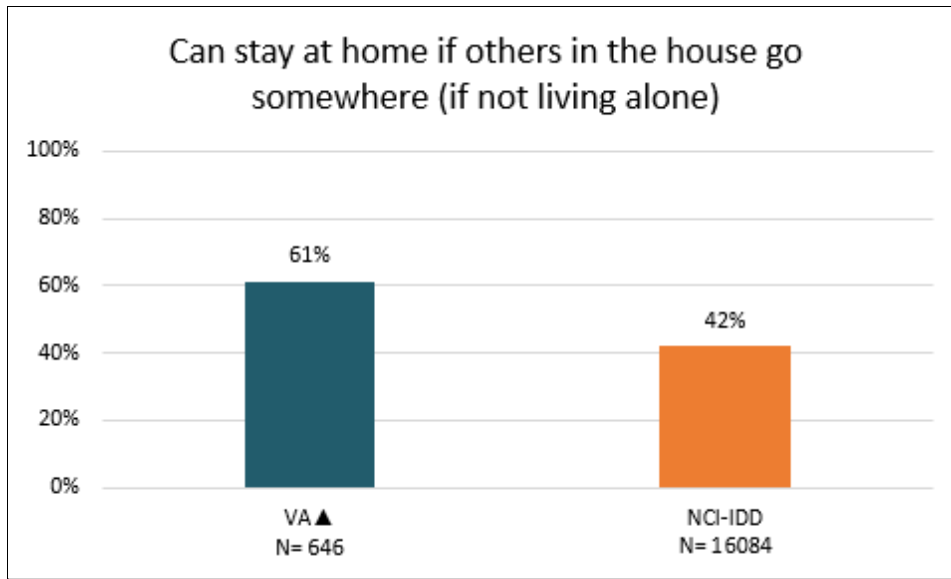
See all states' *Rights and Respect* [outcomes here](#).



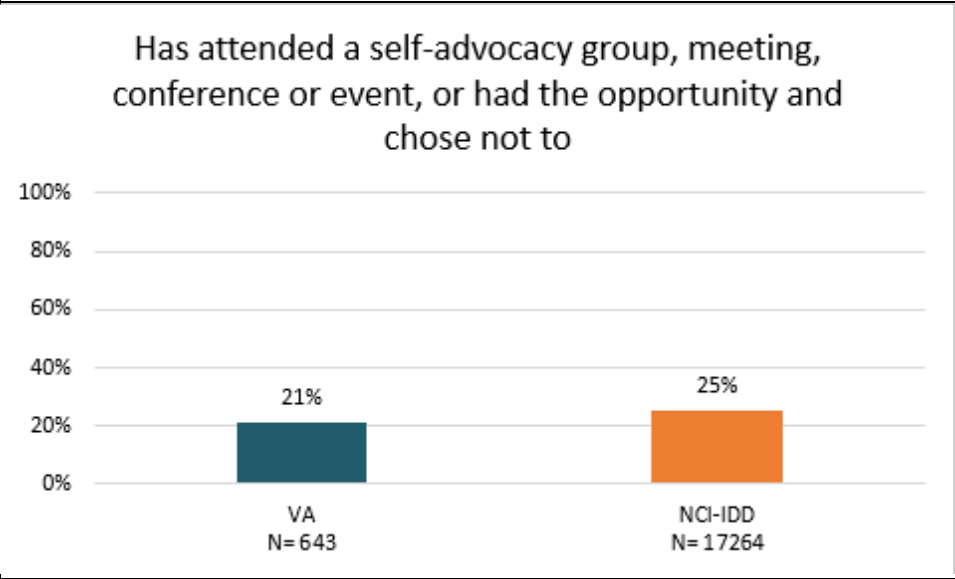
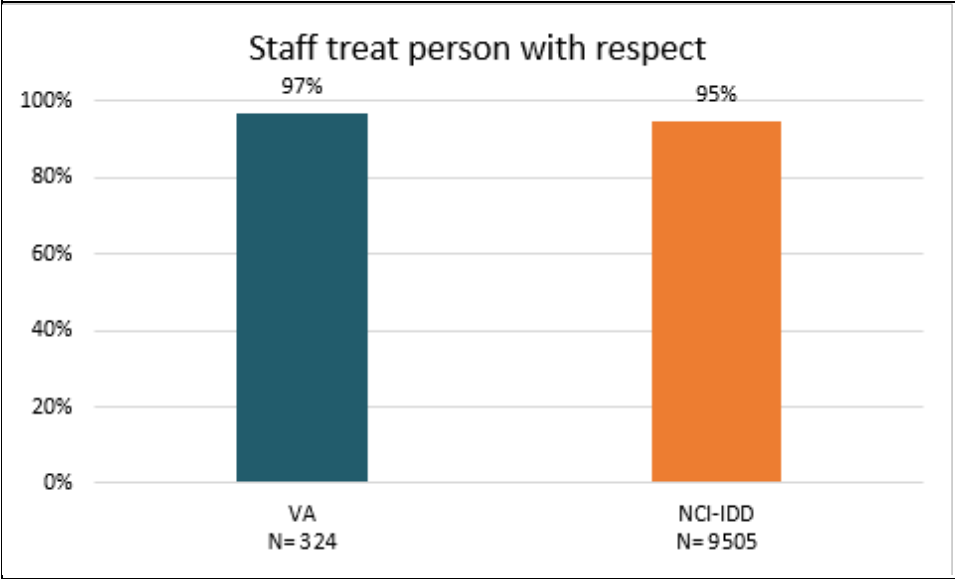
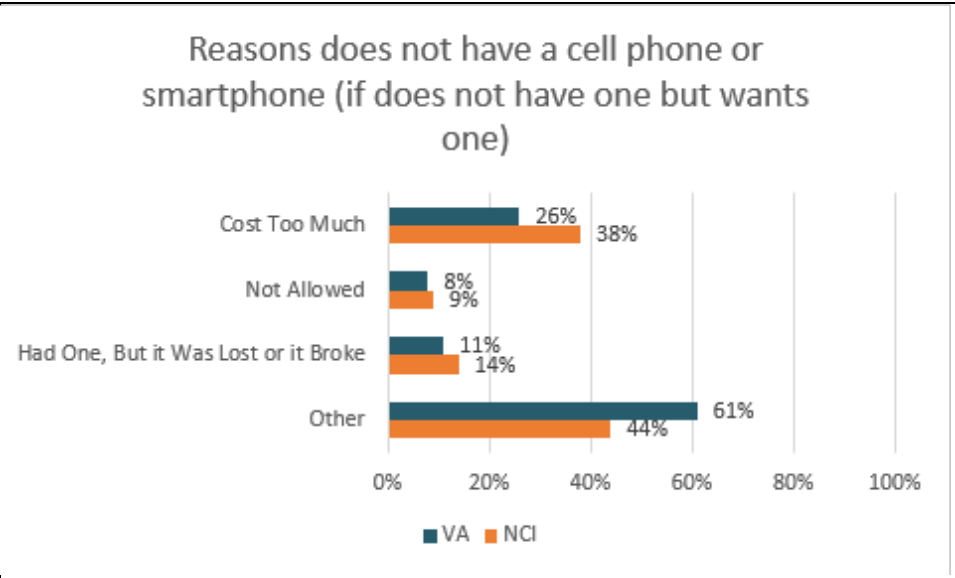
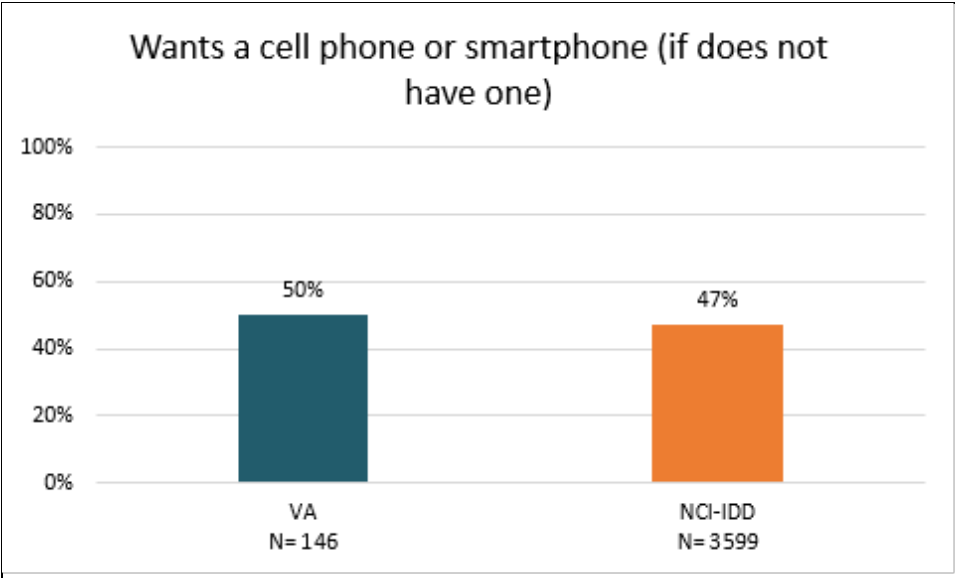
All NCI-IDD Averages are *weighted*



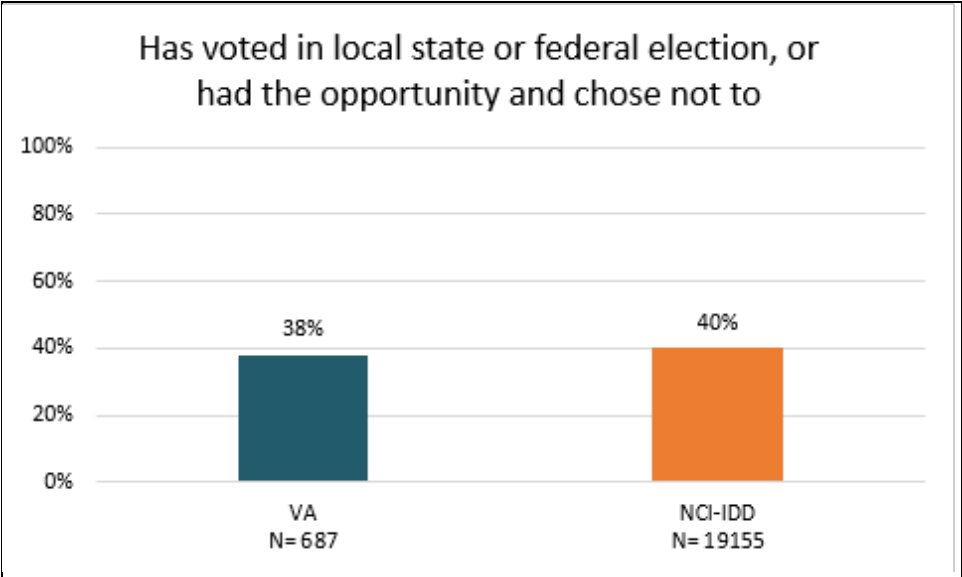
All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*



All NCI-IDD Averages are *weighted*

Table 140. Others (who do not live in the home) let person know before entering home

State v NCI-IDD	Average Within State	N
VA ▲	95%	336
Weighted NCI-IDD Average	90%	11,529

Table 141. Has a key to the home

State v NCI-IDD	Average Within State	N
VA ▲	69%	712
Weighted NCI-IDD Average	50%	19,571

Table 142. Wants a key to the home (if does not have one)

State v NCI-IDD	Yes	Maybe	No	N
VA	22%	14%	64%	192
Weighted NCI-IDD Average	16%	9%	75%	8,820

Table 143. Can lock bedroom if wants

State v NCI-IDD	Average Within State	N
VA ▲	79%	681
Weighted NCI-IDD Average	56%	18,346

All NCI-IDD Averages are *weighted*

Table 144. Others let person know before coming into person's bedroom

State v NCI-IDD	Average Within State	N
VA	87%	357
Weighted NCI-IDD Average	85%	11,385

Table 145. Has a place to be alone in the home

State v NCI-IDD	Average Within State	N
VA	98%	364
Weighted NCI-IDD Average	97%	11,925

Table 146. Can be alone with friends or visitors at home

State v NCI-IDD	Average Within State	N
VA ▲	91%	278
Weighted NCI-IDD Average	85%	10,404

Table 147. There are rules about having friends or visitors in the home

State v NCI-IDD	Average Within State	N
VA ▲	52%	254
Weighted NCI-IDD Average	41%	10,076

All NCI-IDD Averages are *weighted*

Table 148. Can stay at home if others in the house go somewhere (if not living alone)
Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA ▲	61%	646
Weighted NCI-IDD Average	42%	16,084

Table 149. Others read person's mail or email without asking

State v NCI-IDD	Average Within State	N
VA	8%	304
Weighted NCI-IDD Average	10%	10,758

Table 150. Can use phone and internet when wants

State v NCI-IDD	Average Within State	N
VA	92%	331
Weighted NCI-IDD Average	92%	11,405

Table 151. Has a cell phone or smartphone

State v NCI-IDD	Average Within State	N
VA ▼	53%	362
Weighted NCI-IDD Average	65%	11,836

All NCI-IDD Averages are *weighted*

Table 152. Wants a cell phone or smartphone (if does not have one)

State v NCI-IDD	Average Within State	No	N
VA	50%	50%	146
Weighted NCI-IDD Average	47%	53%	3,599

Table 153. Reasons does not have a cell phone or smartphone (if does not have one but wants one)

Categories are not mutually exclusive; therefore, N is not shown

State v NCI-IDD	Cost Too Much	Not Allowed	Had One, But it Was Lost or it Broke	Other
VA	26%	8%	11%	61%
Weighted NCI-IDD Average	38%	9%	14%	44%

Table 154. Staff treat person with respect

State v NCI-IDD	Average Within State	N
VA	97%	324
Weighted NCI-IDD Average	95%	9,505

Table 155. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question

State v NCI-IDD	Average Within State	N
VA	21%	643
Weighted NCI-IDD Average	25%	17,264

All NCI-IDD Averages are *weighted*

Table 156. Has voted in local, state, or federal election, or had the opportunity and chose not to
Proxy respondents were allowed for this question

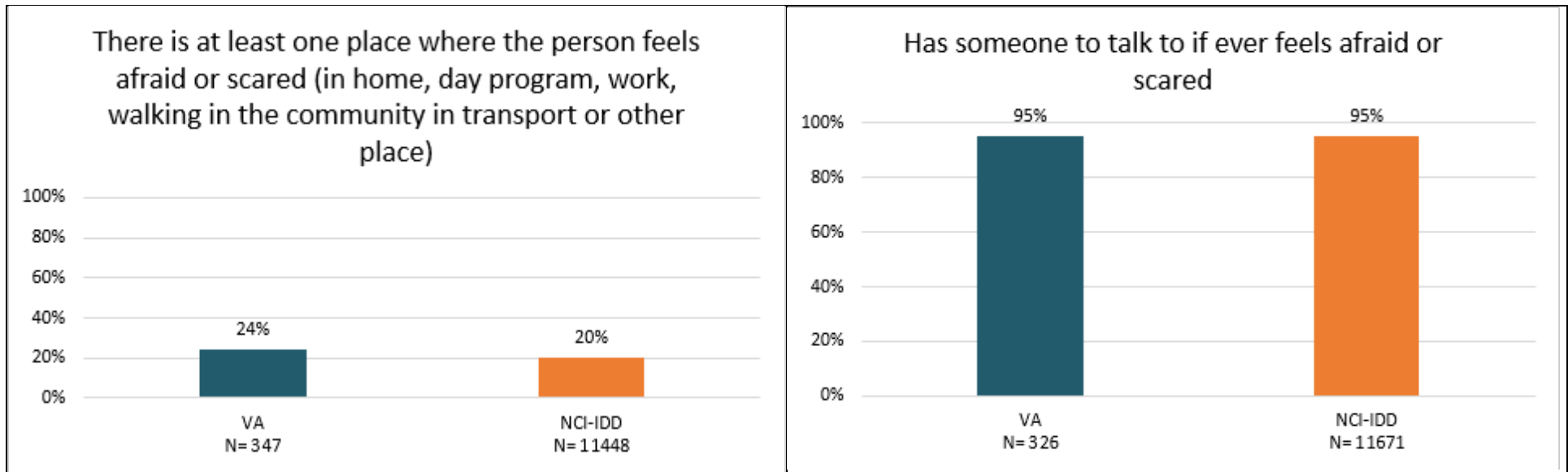
State v NCI-IDD	Average Within State	N
VA	38%	687
Weighted NCI-IDD Average	40%	19,155

All NCI-IDD Averages are *weighted*

Safety

People feel safe.

See all states' *Safety* outcomes [here](#).



All NCI-IDD Averages are *weighted*

Table 157. There is at least one place where the person feels afraid or scared (in home, day program, work, walking in the community, in transport, and/or other place)

State v NCI-IDD	Average Within State	N
VA	24%	347
Weighted NCI-IDD Average	20%	11,448

Table 158. Has someone to talk to if ever feels afraid or scared

State v NCI-IDD	Average Within State	N
VA	95%	326
Weighted NCI-IDD Average	95%	11,671

All NCI-IDD Averages are *weighted*