



COMMONWEALTH of VIRGINIA

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COMMISSIONER

DEPARTMENT OF
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Annual Notification for People on the DD Waivers Waiting List

Each year, DBHDS sends this package to all individuals on the Waiting List (“the Waitlist”) for the Home and Community-Based Services Developmental Disability Waivers (DD waivers).

We understand that finding the information that you need is not always easy, but the Individual and Family Support Program (the IFSP) is here to help.

In this package, you will find our *IFSP: First Steps* guide and other information that can help while you wait for a DD Waiver:

- An overview of Virginia’s DD waivers;
- Support coordination and getting help;
- Resources for people with DD in Virginia; and
- An overview of the IFSP’s programs:
 - The IFSP-Funding Program for individuals on the Waitlist;
 - Peer and family mentoring supports;
 - IFSP Councils that connect you with others in your community; and
 - The My Life, My Community website (mylifemycommunityvirginia.org)

If you would like to speak with someone, call our toll-free My Life, My Community helpline at 844-603-9248 (Monday through Friday, from 9 a.m. to 4 p.m.)! A live operator can answer your questions and help you find resources.

To receive updates and other information from the IFSP, please sign up for our email list at <http://tiny.cc/IFSP-email>.

Share your voice: To help us understand what we are doing well and what we can do better, please consider participating in our Annual Satisfaction Survey! Please see the enclosed postcard for details.

Sincerely,

Heather Hines
Program Manager
The Individual and Family Support Program

ATTENTION: IFSP-Funding Announcement

The IFSP-Funding Program expects to accept applications between the following dates:

**October 1 and
October 30, 2025**

For more detailed information about the upcoming Funding cycle, please visit the **My Life, My Community** website: <http://ifsp.tny.cc/funding>



If you need this message provided in Spanish or another language, please contact us at **804-663-7277**.

*Si necesita este mensaje proporcionado en español, por favor contáctenos en **804-663-7277**.*