

PEER MENTORING

SUPPORT SERVICE



The Arc of Virginia partners with DBHDS to support a Peer Mentor System for People with Developmental Disabilities across Virginia

Peer Mentor Support is free for those who qualify

Who is eligible:

- People who are 16 or older
- Receiving a DD Waiver or on the DD Waivers Waiting List

Mentors help with:

- Social and life skills
- Independent living skills
- Employment skills

Introducing **Credentialed Tech Mentors** who are here to support tech solutions to boost independence!

To learn more or sign up

Email Natasha at

NCooper@TheArcofVA.org

or find us online



TheArcofVA.org



mylifemycommunity



DBHDS

Virginia Department of Behavioral Health
and Developmental Services

What is a Family Navigator?

- Trained to support families in Virginia to access supports and services for their loved ones with disabilities.
- Knowledgeable about local and state resources.
- Provides enhanced support and tools to help families plan for service meetings (i.e., IFSP, IEP, ISP).
- Provides culturally sensitive and unbiased information to inform decision making.

What types of Navigators are available?

- Genetic • Pre-Employment Transition Services (Pre-ETS) • Mental Health
- Deaf and Hard of Hearing • Elderhood and Aging • Blind/Vision Impaired
- Rural • Cultural Brokers for Arabic, African American & LatinX • Refugee



1 ON 1
EMOTIONAL & INFORMATIONAL SUPPORT



Partnership for People
with Disabilities
Linking people. Changing lives.



VCU

ALWAYS FREE

HELPLINE
877.567.1122
CFIHELPLINE@VCU.EDU



WEBSITE