

Adult to Elderhood Family Specialist



Are you worried about what happens to your loved one with a disability as they age?



**CENTER FOR
FAMILY INVOLVEMENT**

Do you take time to think about how your own needs will change as you age?

Over the last 40 years the life expectancy for people with disabilities has increased by 4.7 years for men and 3.9 years for women; and it is projected to continue to climb over the next decade. One in 10 American children was living in a household with at least one grand- parent in 2010. These dynamics are creating new challenges for older family members and caregivers.

The Center for Family Involvement is evolving with the changes in our society; collaborating with education, health and human service agencies in Virginia to further specialize our outreach to aging people with intellectual and developmental disabilities and their families.

The CFI Elderhood Family Specialist can connect you to helpful resources that provide support throughout the aging experience.

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