

# PROVIDER DATA SUMMARY

NOVEMBER 2019



Virginia Department of  
Behavioral Health &  
Developmental Services



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## INTRODUCTION

This is the third Provider Data Summary Report that provides updates on the status of DD Waiver service availability and activities completed by the Office of Provider Development (OPD) in the Division of Developmental Services (DDS) at the Department of Behavioral Health and Developmental Services (DBHDS).

As with previous reports, the focus is on identifying service development needs based on a review of developmental disability (DD) waiver population and authorization data in each locality in Virginia. The “Baseline Measurement Tool (BMT),” which is used by OPD in conducting this review, has been updated to include the most recent six months of data.

Providers are encouraged to review the BMT in conducting market research and in strategic planning efforts. Provider Data Summary webinars continue on a semiannual basis to provide a forum for sharing the results of ongoing analysis of the opportunities for DD services development across all regions.

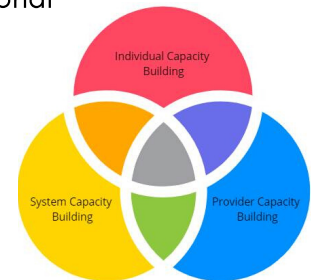
Webinars include a basic overview of findings, provide support on using the data provided, and encourage the development of business acumen in the DD provider community (for more information see <http://www.hcbsbusinessacumen.org/>). As with the last report, there is consideration of a subset of DD Waiver services considered to be more integrated or critical, which include: Benefits Planning, Community Coaching, Community Engagement, Community Guide, Electronic Home-Based Services, Employment and Community Transportation, Independent Living Supports, In-home Supports, Peer Mentoring, Shared Living, Supported Living, Crisis Support Services, Private Duty Nursing, Skilled Nursing, and Sponsored Residential.

Following the Executive Summary, this report provides data visualizations in three sections: Key Performance Measures, Regional Data, and Identified Gaps. The Executive Summary provides updates on various efforts to support provider development, the Key Performance Measures section focuses on measures designed to track Virginia’s success in moving to more integrated options, the Regional Data section provides information specific to each region around availability, and the Identified Gaps section encourages the exploration of opportunities based on barriers identified through the Regional Support Team referral process.

**Executive Summary**

The Provider Data Summary Report provides a means to track provider development efforts and communicate changes observed in the DD services system over time. In order to more effectively accomplish its mission, Provider Development is being reorganized into three distinct capacity-building teams at the following levels - Individual, Provider, and System.

Reassignment of Community Resource Consultants (CRCs) will occur across these three areas providing access to one CRC in each capacity-building area per region. This change will be effective on February 1, 2020 with new regional assignments announced through the Provider Network Listserv prior to that date.



**Primary outcomes include:**

**Individual:** People with developmental disabilities live personally meaningful lives in their community of choice.

**Provider:** Providers of developmental disability waiver services have access to information and technical assistance that supports best practices.

**System:** DBHDS provides resources for supports coordinators and providers that are based on promising and best practices in supporting people with developmental disabilities in Virginia.

**Areas of expertise by capacity building team:**

CRC Contacts by Capacity-Building Focus Area		
Individual	Provider	System
<p><b>FOR QUESTIONS ABOUT:</b></p> <p>↓</p> <ul style="list-style-type: none"> <li>• Regional Support Teams (RST)</li> <li>• Home and Community-Based Services Settings Requirements (HCBS)</li> <li>• Mandatory Provider Remediation</li> <li>• State Hospital Moves</li> <li>• Crisis Situations</li> <li>• Constituent Concerns</li> </ul>	<p><b>FOR QUESTIONS ABOUT:</b></p> <p>↓</p> <ul style="list-style-type: none"> <li>• Person-Centered Practices</li> <li>• Business Acumen</li> <li>• Provider Data Summary</li> <li>• Provider Designation Process</li> <li>• Provider Database</li> <li>• Provider Roundtables</li> <li>• Jump-Start Funding</li> <li>• DSP Orientation/ Competencies</li> <li>• Supervisory Training</li> <li>• ISP/Part V Training and TA</li> <li>• Provider Innovation Collaboratives</li> </ul>	<p><b>FOR QUESTIONS ABOUT:</b></p> <p>↓</p> <ul style="list-style-type: none"> <li>• Charting the Lifecourse©</li> <li>• Support Coordination</li> <li>• SC Manual/Modules</li> <li>• SC Meetings</li> <li>• SC Quality Review Survey</li> <li>• Medicaid Reviews (QMR)</li> <li>• Regional Quality Councils</li> <li>• Provider Readiness Education Program (PREP)</li> <li>• ISP Requirements</li> <li>• DD Waiver Policies and Regulations</li> </ul>

Data in this report are compared across two points in time – June 2018 and November 2019, so that a more meaningful understanding of progress can be achieved. This report provides a means to share Virginia's success in meeting measures established under the Settlement Agreement. In the last report, three measures were established, which are being revised through current Settlement Agreement negotiations. The current draft measures in this report include:

- Data continues to indicate an annual 2% increase in the overall DD waiver population receiving services in the most integrated settings.
- Data continues to indicate that at least 90% of individuals new to the waivers, including for individuals with a “supports need level” of 6 or 7, since FY16 are receiving services in the most integrated setting.
- The Data Summary indicates an increase in services available by locality over time.

Once these measures are finalized through the negotiation process with the Department of Justice (DOJ), the final language will be included in the next semi-annual report for public review.

DBHDS has continued to make progress with various initiatives designed to improve DD waiver provider capacity in Virginia. The following list highlights the status of Provider Development activities since the last report:

The **My Life My Community Provider Database** and **Provider Designation Process** were launched on November 15, 2019. All DD Waiver providers are encouraged to register on the database, which will serve as the centralized location for finding DD services in Virginia. In addition, there are four surveys available to registered providers that assist through the opportunity to identify expertise and receive public recognition for having program features that support Accessibility, Autism, Complex Health Supports, and Complex Behavioral Supports. Providers can check their status on the database and, if needed, register at the following location: <http://mylifemycommunityvirginia.org/taxonomy/mlmc-menu-zone/verify-or-register-new-provider-profile>.

**Provider Roundtables** and **Regional Support Coordination Meetings** were held in all regions in October 2019. Roundtables were attended by a total of 307 provider representatives and SC Meetings by 151 Support Coordination representatives. These meetings serve as a forum to exchange information about topics impacting providers and support coordination, as well as provide space for shared learning.

**Provider Development Activities** in the first quarter of FY20 included Community Resource Consultants meeting with 22 unique providers seeking to diversify or expand services. Regions 1, 2, and 3 each had four providers, two were in Region 4, and nine participated in a Region 5 informational session on Shared Living. Information from this session is currently being added to the DBHDS website. Interest was explored for integrated residential options, as well as employment and day services. Barriers included time involved in agency planning to make changes, waiting on licensing approval, and as with the last report the lack of regulations and a policy manual.

**Developmental Services leadership** convened a provider focus group to identify and address barriers to more integrated service options. Plans related to this work are forthcoming.

The **Jump-Start Funding Program** has awarded approximately \$105,000 creating more integrated residential and day services options in underserved areas. Funds continue to be available to assist providers with service expansion in all regions. Provider Development staff have presented program information at regional Provider Roundtables and plan to hold an “open house” in the next quarter to meet directly with interested providers.

**Part V Plan for Supports Training** has been scheduled 36 times to occur between October 2019 and January 2020. This training will be offered 50 times (ten per region) as an initial effort and will be available on a less frequent basis thereafter.

**Next steps for Provider Development include:**

- working directly with providers to address barriers to service provision with a concentrated focus on Community Guide, Employment and Community Transportation, Peer Mentoring, Crisis Supports Services, and Skilled Nursing,
- continued participation in the community of practice initiative around Charting the Lifecourse<sup>©</sup>,
- incorporating Business Acumen practices into provider development efforts,
- scheduling the next session of the Provider Readiness Education Program to occur in January 2020,
- develop plans for the next Provider Innovation Collaborative to be held in the Spring of 2021,
- increasing the number of providers per region identified as having expertise to support people with complex needs, and
- centralizing access to training resources for providers and Support Coordinators.



**Notable updates in this report include:**

- Over the past 3 years there has been a 17% increase in people living in integrated settings defined as settings of no more than four people with developmental disabilities.
- Since September 30, 2016, 93.6% of people at Supports Intensity Scale levels 6 and 7 who enrolled in the DD Waiver are receiving their services in more integrated settings of four or fewer people with DD.
- The only net losses of unique providers since June 2018 were seen in skilled nursing (-5 providers and -5 people supported) and crisis services (-1 provider, but increase in people supported by +41)
- Some newer services have seen increases including: Benefits Planning, Independent Living Supports, and Electronic Home-based Services.
- Three services have yet to be implemented: Community Guide, Employment and Community Transportation, and Peer Mentoring.
- Data has been arranged into four subareas across each region. This change is intended to support providers in better understanding the potential customer base in the areas, as well as potential opportunities for program development.

Providers are encouraged to download and use the Baseline Measurement Tool, which contains Waiver Management System data from current waiver authorizations. The BMT provides baseline and subsequent data on integrated services, collected at six month intervals, across all cities and counties in Virginia. The BMT also considers the DD Waiver population in each locality including type of waiver and Supports Intensity Scale® (SIS®) level. The BMT, webinar slideshows, and other materials related to Provider Development are available for download online at <http://www.dbhds.virginia.gov/developmental-services/provider-development>. Any specific questions about the report can be directed to the Office of Provider Development at DBHDS ([eric.williams@dbhds.virginia.gov](mailto:eric.williams@dbhds.virginia.gov)).



# KEY PERFORMANCE MEASURES

This section contains information considered to be in draft form since the measure language is not yet final. In the effort to use data that is available to date, the following information is offered and will be modified, as necessary, to match the final established language in accord with Settlement Agreement negotiations.

**Draft measure 1: Data continues to indicate an annual 2% increase in the overall DD waiver population receiving services in the most integrated settings.** Table 1 below illustrates the overall trend in living situation for people with DD Waiver from 2016 through September 30, 2019. Over the course of the three years included in the table, there has been an overall shift of 17% toward more integrated settings. Larger congregate group home settings have declined by 12% over the same period. Measure met.

**Table 1: Number of Individuals per Residential Setting**

Settlement Living Situation	Integrated Setting	Baseline 9.30.2016		9.30.2019		# Trend	% Change from Baseline
		#	%	#	%		
Congregate/Group Home (Less than or equal to 4 bed)	Yes	2,189	18.4%	2,794	20.1%		+ 28%
Other Congregate/Group Home (greater than 4 bed)	No	2,446	20.6%	2,154	15.5%		- 12%
Sponsored Residential	Yes	1,513	12.7%	1,789	12.8%		+ 18%
Supported Living	Yes	50	0.4%	213	1.5%		+ 326%
Living with Family *	Yes	5,459	45.9%	6,321	45.4%		+ 16%
Living Independently	Yes	214	1.8%	571	4.1%		+ 167%
Building Independence *	Yes	0	0.0%	93	0.7%		+ infinity
Deceased and Enrolled	Deceased	13	0.1%	0	0.0%		- 100%
<b>Total</b>		<b>11,884</b>	<b>100.0%</b>	<b>13,935</b>	<b>100.0%</b>		<b>+ 17%</b>

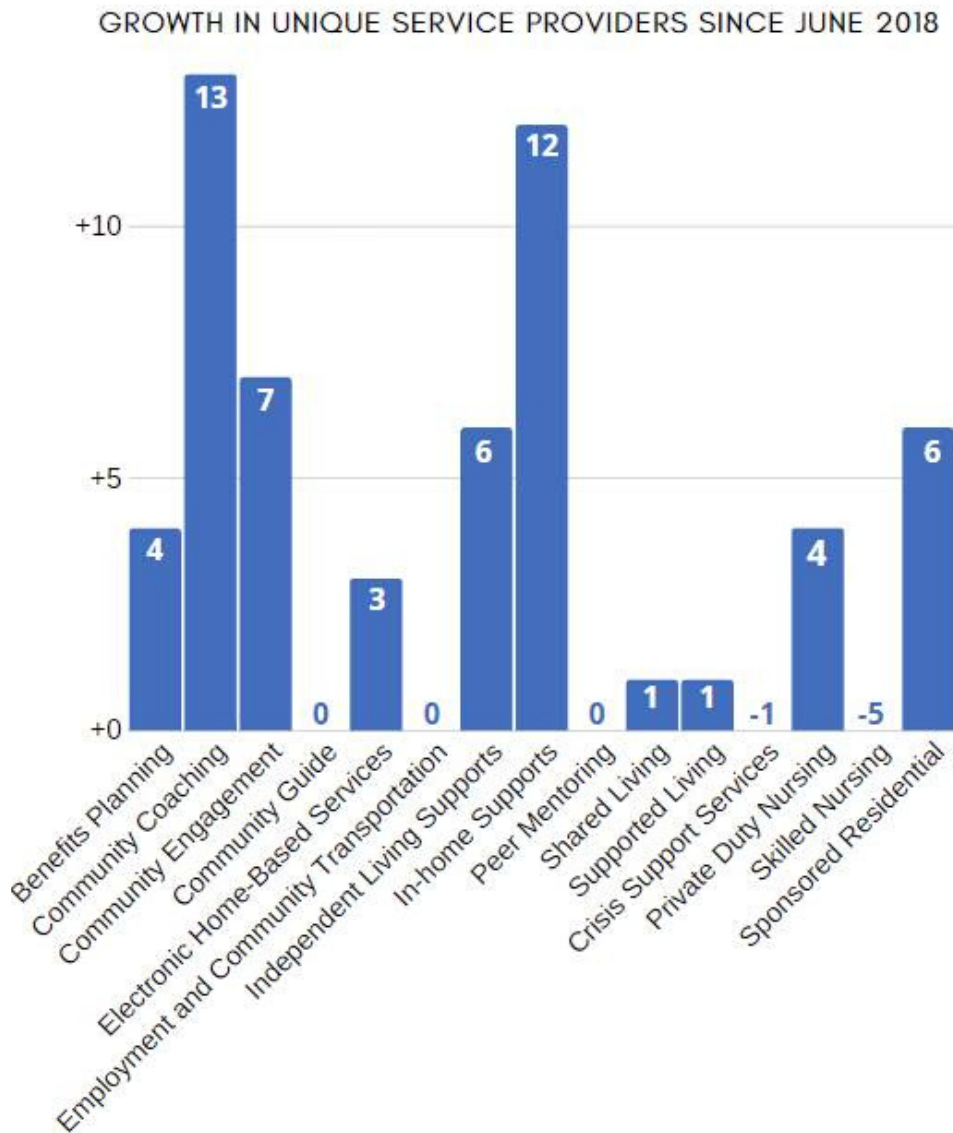
**Draft measure 2: Data continues to indicate that at least 90% of individuals new to the waivers, including for individuals with a “supports need level” of 6 or 7, since FY16 are receiving services in the most integrated setting.** Table 2 shows the number and percentage of individuals who became active after September 30, 2016 with Supports Intensity Scale (SIS) © level 6/7 support needs and their distribution between integrated and non-integrated living situations (as defined in Table 1 above). 93.6% of individuals moved into integrated settings when compared to 6.4% who did not. Measure met in regards to SIS© levels 6 and 7. DBHDS is working to finalize the data for people at the other levels to include in the next report.

**Table 2: Number of individuals with level 6 or 7 support needs and active after 9.30.16 by living situation type**

Setting Type	3.31.2019	
	#	%
Integrated	2,556	93.6%
Non-Integrated	175	6.4%
<b>Total</b>	<b>2,731</b>	<b>100.0%</b>

**Draft measure 3: The Data Summary indicates an increase in services available by locality over time.** Provider Development, through the support of the Office of Integrated Support Services, at DBHDS makes available a Baseline Measurement Tool on a semi-annual basis for provider use in conducting market research and strategic planning efforts. Small to modest increases have been noted across all regions with the exception of Crisis Support Services (loss of one unique provider) and Skilled Nursing (loss of five unique providers) since June 2018 as seen in Chart 3 below. Of significance is the lack of providers for three of the services: Peer Mentoring, Community Guide, and Employment and Community Transportation. DBHDS has been working to finalize guidance for these services, which will be reported in the next semi-annual review. Measure partially met.

**Chart 3: Changes in unique service providers since June 2018 (as of 10.31.19)**





# REGIONAL DATA

In order to increase a provider's ability to consider service expansion, this section reports availability across four subareas in each region. The data is based on a the numbers and lettering detailed below. In addition, these subareas are incorporated into the Baseline Measurement Tool for easy sorting.

### Region 1 Subareas

A	B	C	D
Charlottesville	Rockingham	Bath	Lynchburg
Albemarle	Harrisonburg	Alleghany	Amherst
Green	Augusta	Lexington	Appomattox
Louisa	Staunton	Rockbridge	Campbell
Nelson	Highland	Buena Vista	Bedford
Fluvanna	Waynesboro	Covington	

### Region 2 Subareas

A	B	C	D
Alexandria	Fauquier	Stafford	Frederick
Arlington	Rappahannock	King George	Winchester
Falls Church	Culpeper	Caroline	Shenandoah
Fairfax City	Madison	Fredericksburg	Warren
Fairfax County	Orange	Spotsylvania	Page
Loudoun			Clarke
Manassas			
Manassas Park			
Prince William			

### Region 3 Subareas

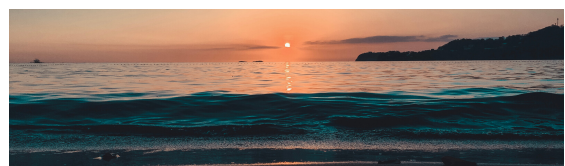
A	B	C	D
Roanoke City	Danville	Radford	Lee
Roanoke County	Pittsylvania	Pulaski	Norton
Craig	Henry	Floyd	Scott
Botetourt	Martinsville	Patrick	Dickenson
Salem	Carroll	Bland	Russell
Franklin	Grayson	Wythe	Buchanan
Montgomery	Galax		Tazewell
Giles			Washington
			Smyth
			Bristol

### Region 4 Subareas

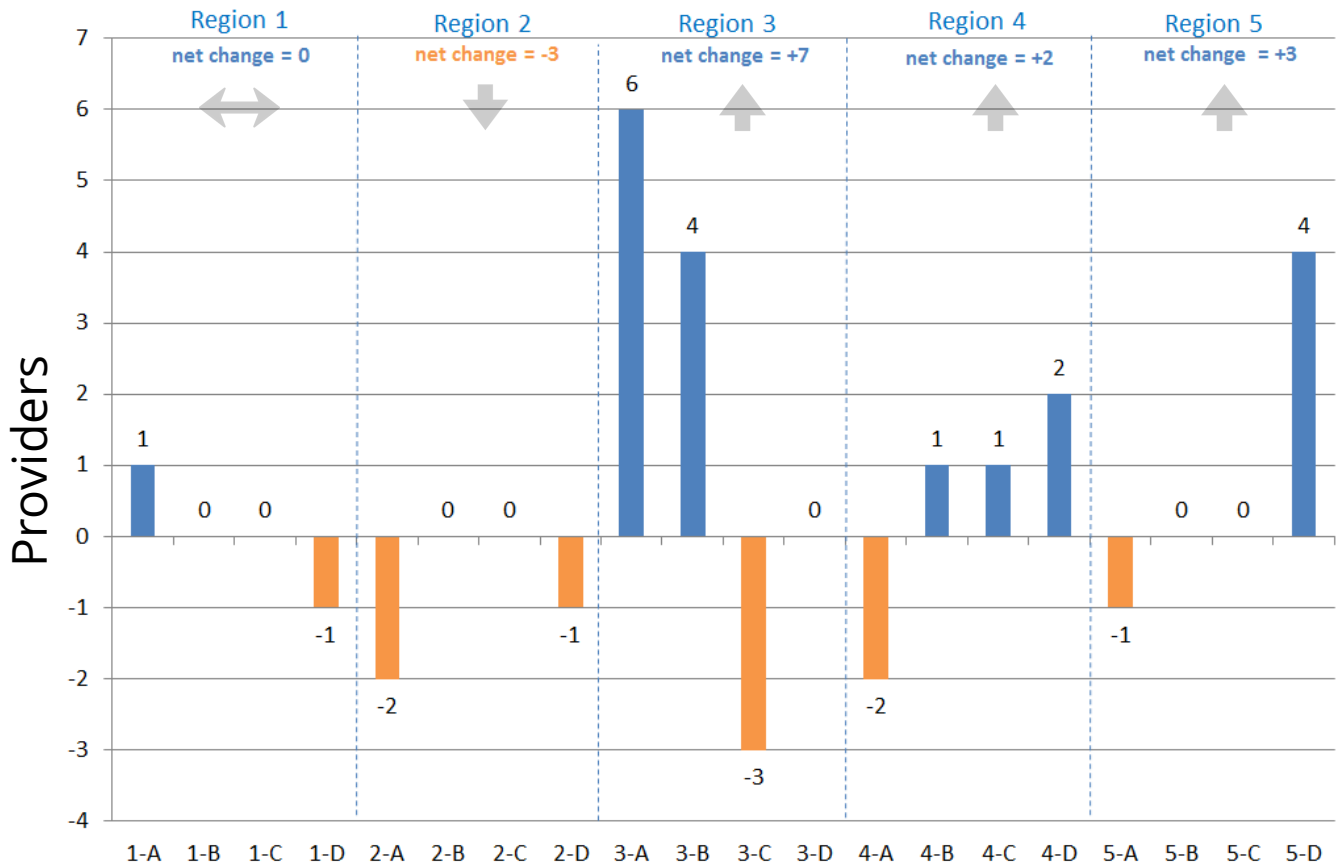
A	B	C	D
Richmond	Goochland	Charlotte	Dinwiddie
Henrico	Powhatan	Halifax	Brunswick
Hanover	Buckingham	Lunenburg	Hopewell
Chesterfield	Cumberland	Mechlenburg	Surry
New Kent	Amelia	Emporia	Prince George
Charles City		Prince Edward	Sussex
Colonial Heights		Nottoway	Petersburg
			Greensville

### Region 5 Subareas

A	B	C	D
Essex,	Accommack,	James City County	Chesapeake
Gloucester	North Hampton	Hampton City	Isle of Wight
King and Queen		Newport News City,	Norfolk
King William		Williamsburg City	Portsmouth City
Lancaster		York County	South Hampton
Mathews		Poquoson City	Franklin City
Middlesex			Virginia Beach
Northumberland			City
Richmond			Suffolk
Westmoreland			



## Community Engagement (net changes from June 18 to Oct 19)



**Total Unique  
Provider Count as  
of 10.31.19**

1-A	3
1-B	5
1-C	2
1-D	6
2-A	12
2-B	3
2-C	6
2-D	8
3-A	13
3-B	9
3-C	4
3-D	9
4-A	27
4-B	3
4-C	5
4-D	5
5-A	1
5-B	1
5-C	9
5-D	24
<b>Grand Total</b>	<b>155</b>

Total people  
authorized on  
10.31.19



Change in people  
authorized from  
6.18 to 10.19

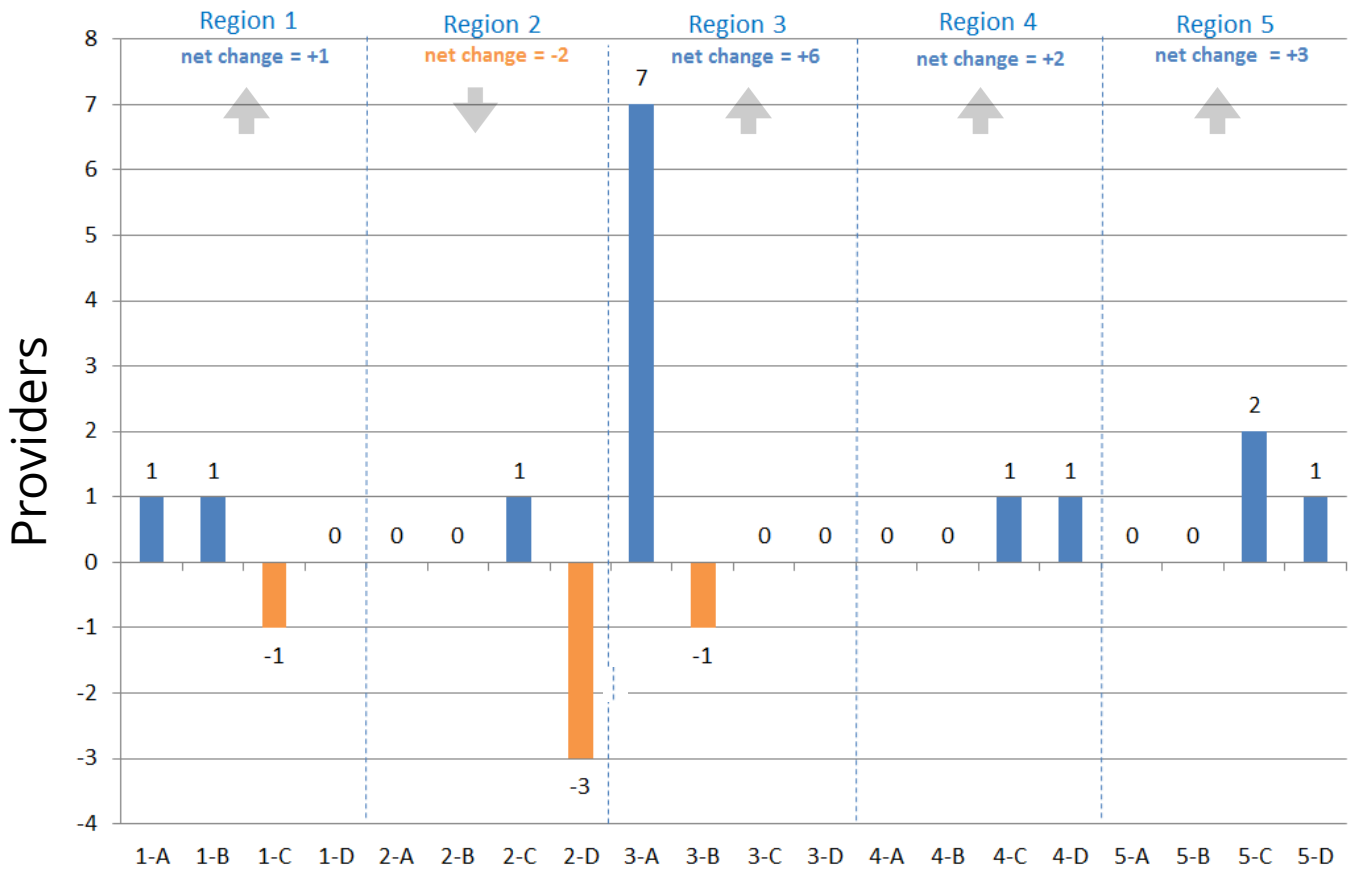


Overall net unique  
provider change



## Community Coaching (net changes from June 18 to Oct 19)

non-unique



Total unique provider count as of 10.31.19

1-A	3
1-B	4
1-C	1
1-D	2
2-A	8
2-B	1
2-C	2
2-D	3
3-A	7
3-B	3
3-C	3
3-D	0
4-A	9
4-B	0
4-C	1
4-D	1
5-A	1
5-B	0
5-C	5
5-D	13
<b>Grand Total</b>	<b>67</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

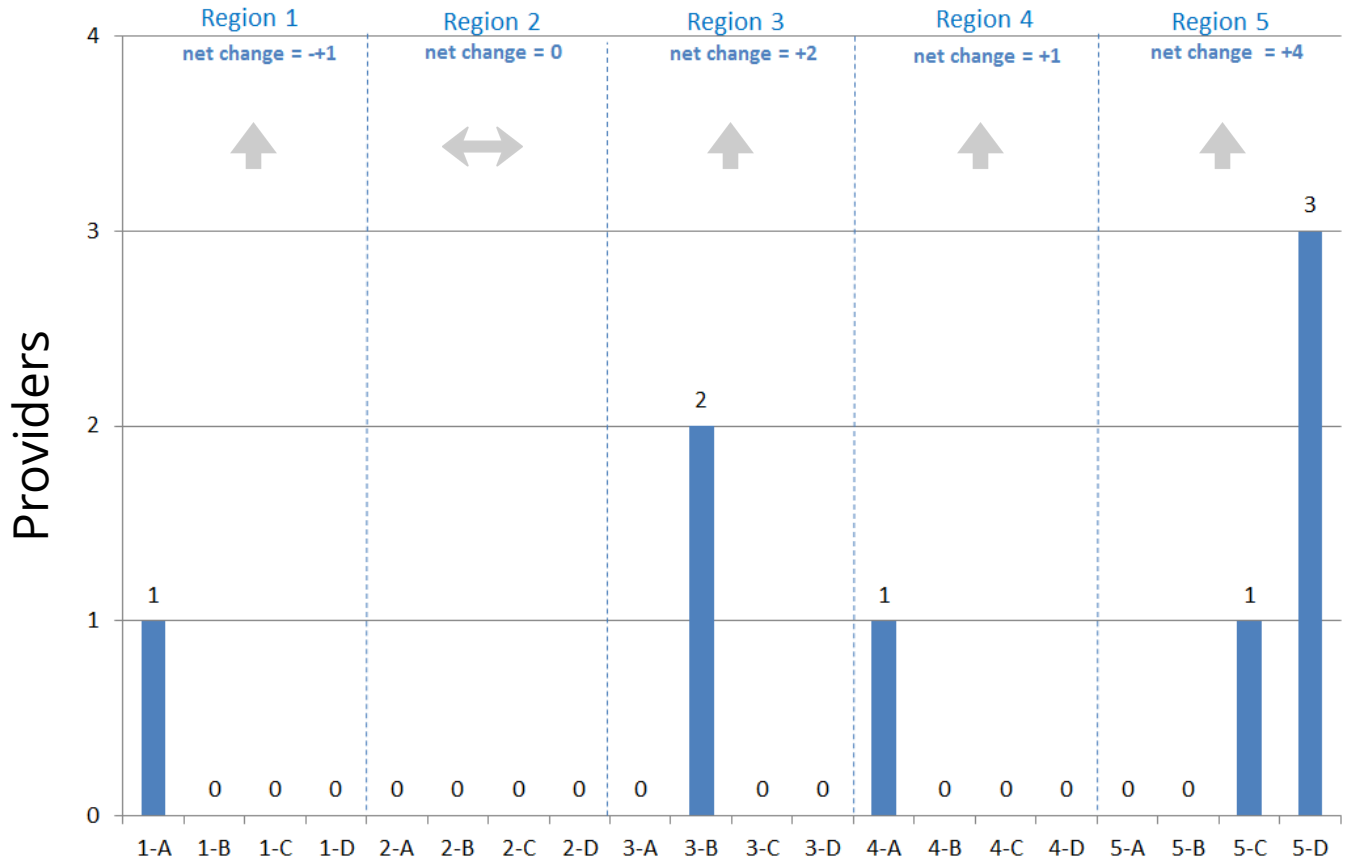


Overall net unique provider change



## Independent Living Supports (net changes from June 18 to Oct 19)

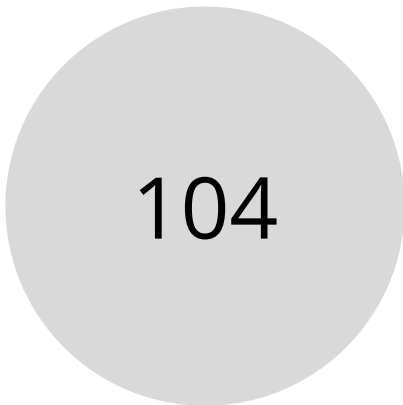
non-unique



Total unique provider count as of 10.31.19

1-A	1
1-B	1
1-C	0
1-D	1
2-A	1
2-B	0
2-C	0
2-D	0
3-A	2
3-B	2
3-C	0
3-D	0
4-A	3
4-B	0
4-C	0
4-D	0
5-A	0
5-B	0
5-C	2
5-D	6
<b>Grand Total</b>	<b>19</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

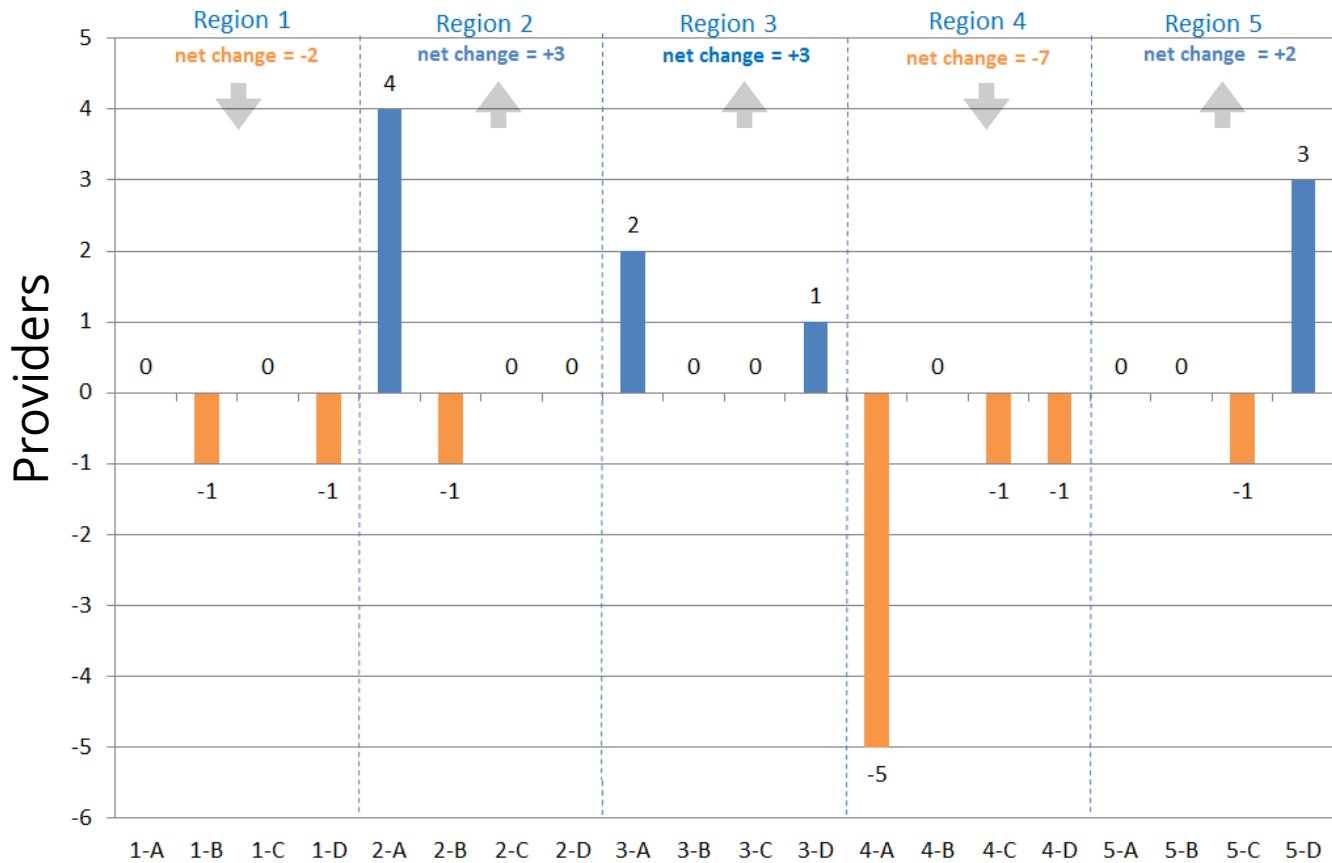


Overall net unique provider change



## In-home Support Services (net changes from June 18 to Oct 19)

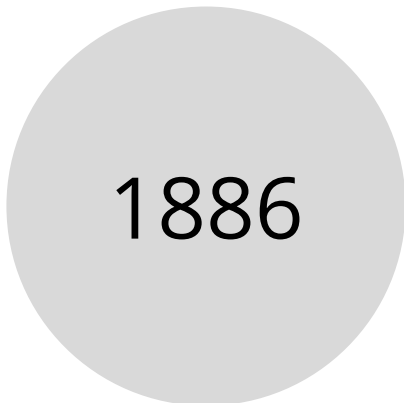
non-unique



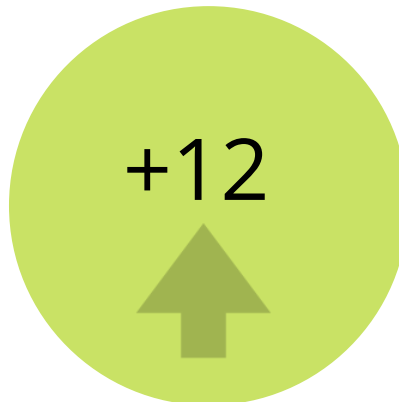
Total unique provider count as of 10.31.19

1-A	3
1-B	5
1-C	2
1-D	4
2-A	21
2-B	0
2-C	2
2-D	2
3-A	10
3-B	9
3-C	2
3-D	3
4-A	10
4-B	1
4-C	2
4-D	1
5-A	1
5-B	1
5-C	12
5-D	30
<b>Grand Total</b>	<b>121</b>

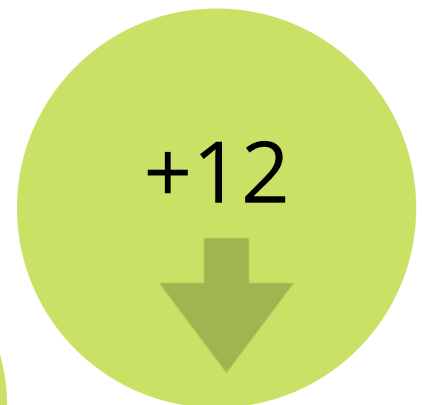
Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19



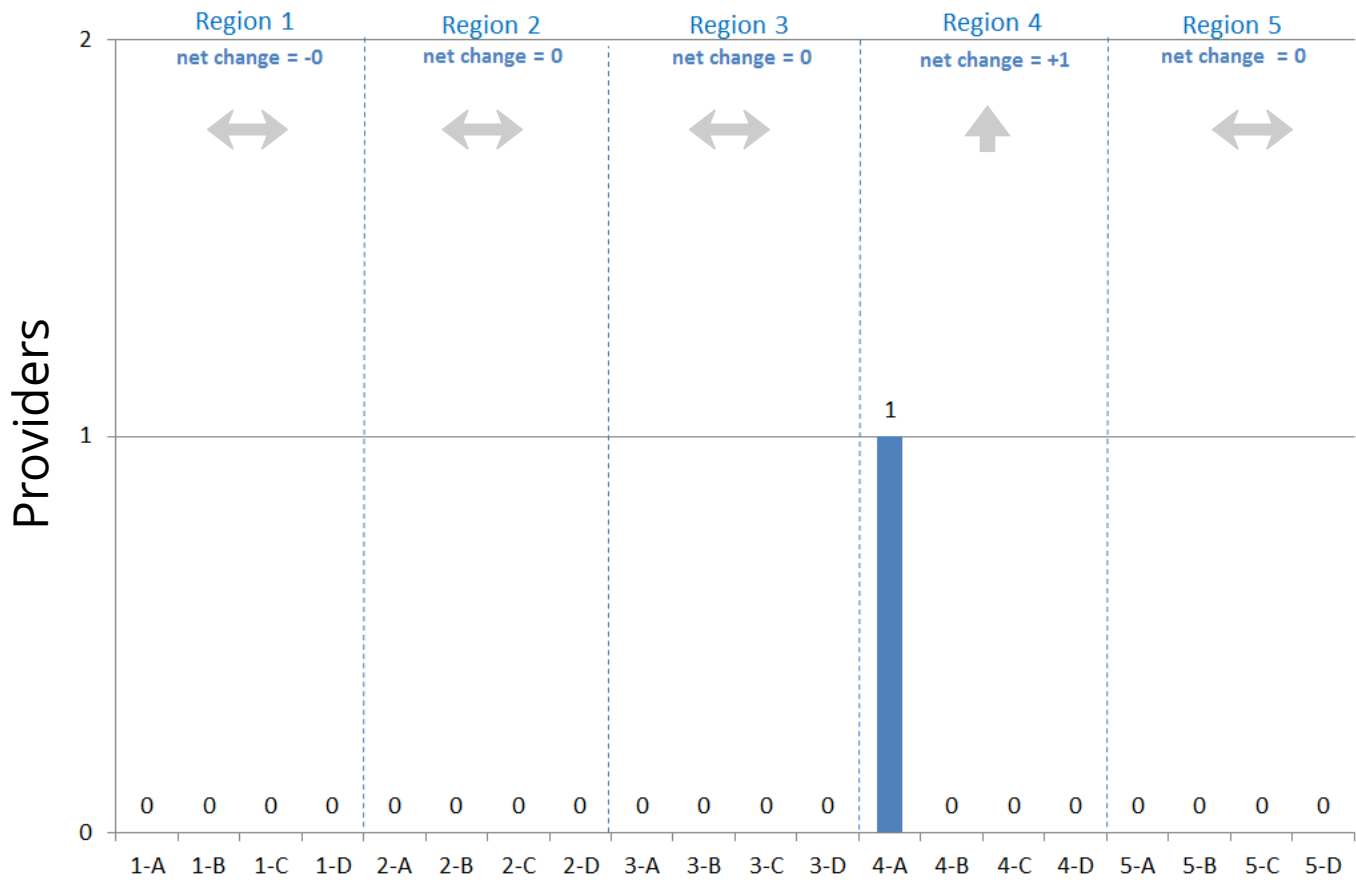
Overall net unique provider change





## Shared Living (net changes from June 18 to Oct 19)

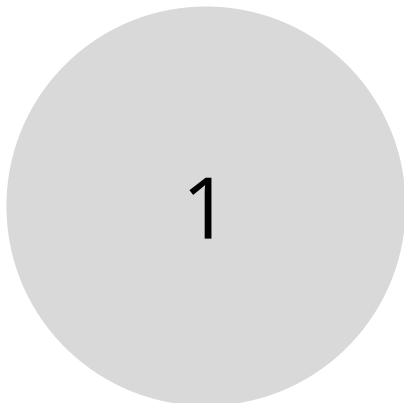
non-unique



Total unique provider count as of 10.31.19

1-A	0
1-B	0
1-C	0
1-D	0
2-A	0
2-B	0
2-C	0
2-D	0
3-A	0
3-B	0
3-C	0
3-D	0
4-A	1
4-B	0
4-C	0
4-D	0
5-A	0
5-B	0
5-C	0
5-D	0
<b>Grand Total</b>	<b>1</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

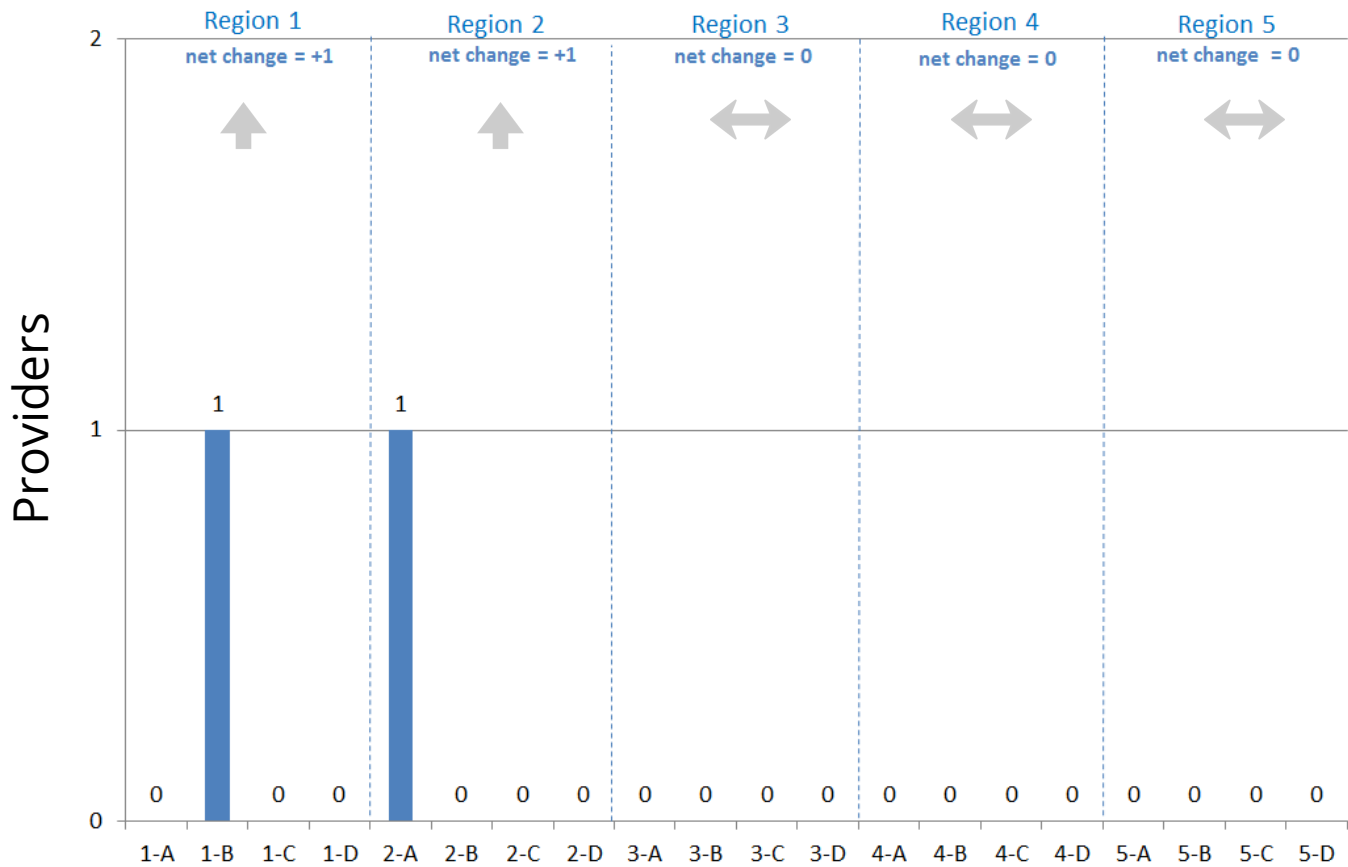


Overall net unique provider change



### Supported Living (net changes from June 18 to Oct 19)

non-unique



Total Unique Provider Count

1-A	0
1-B	2
1-C	0
1-D	0
2-A	4
2-B	0
2-C	1
2-D	1
3-A	0
3-B	1
3-C	1
3-D	0
4-A	6
4-B	0
4-C	0
4-D	0
5-A	0
5-B	1
5-C	1
5-D	2
<b>Grand Total</b>	<b>20</b>

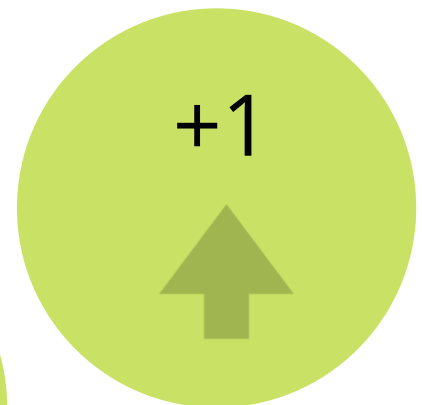
Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

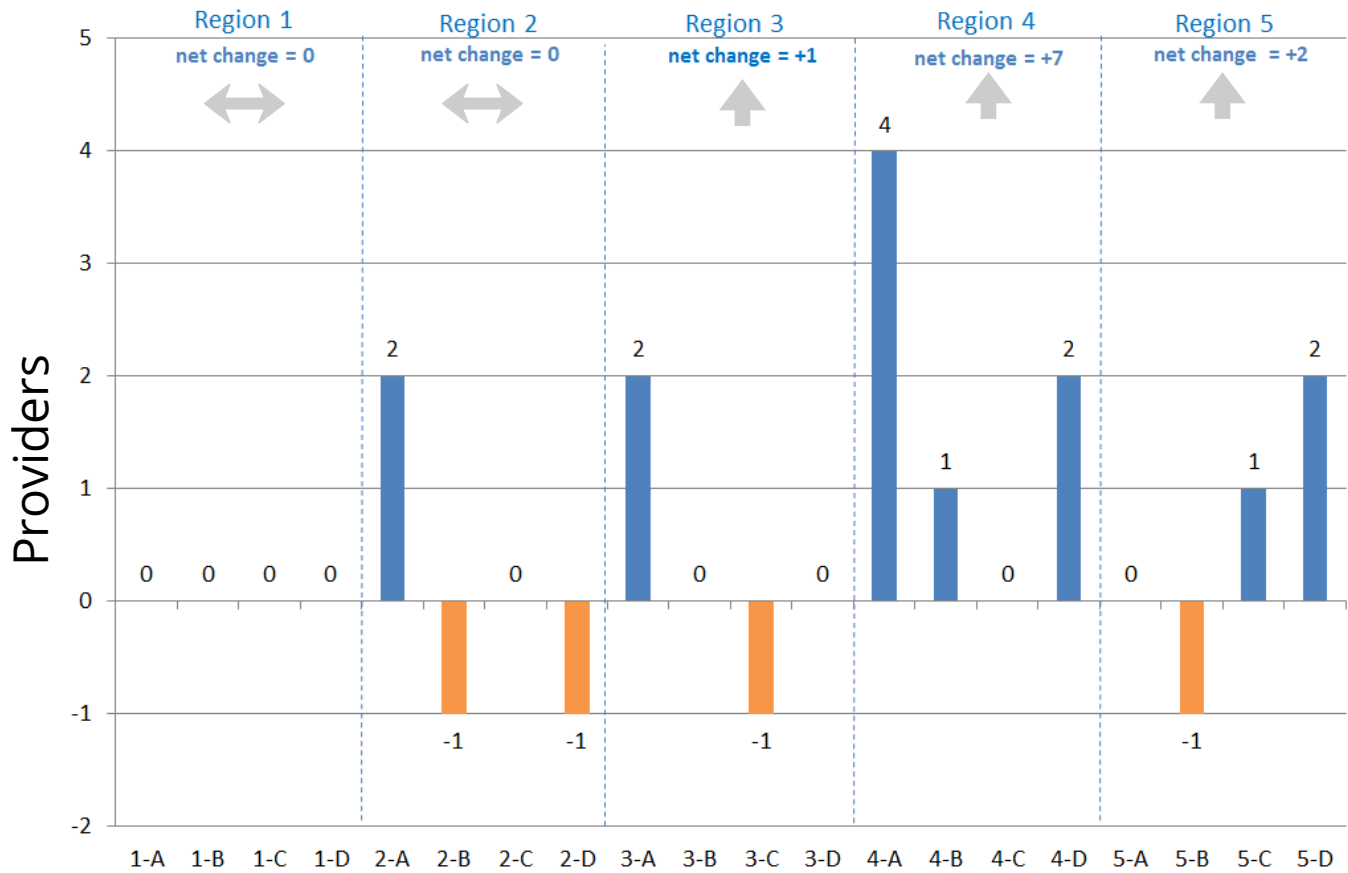


Overall net unique provider change



### Sponsored Residential (net changes from June 18 to Oct 19)

non-unique



Total Unique Provider Count

1-A	3
1-B	6
1-C	0
1-D	11
2-A	4
2-B	0
2-C	3
2-D	1
3-A	6
3-B	5
3-C	3
3-D	3
4-A	10
4-B	2
4-C	1
4-D	4
5-A	0
5-B	0
5-C	14
5-D	18
<b>Grand Total</b>	<b>94</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

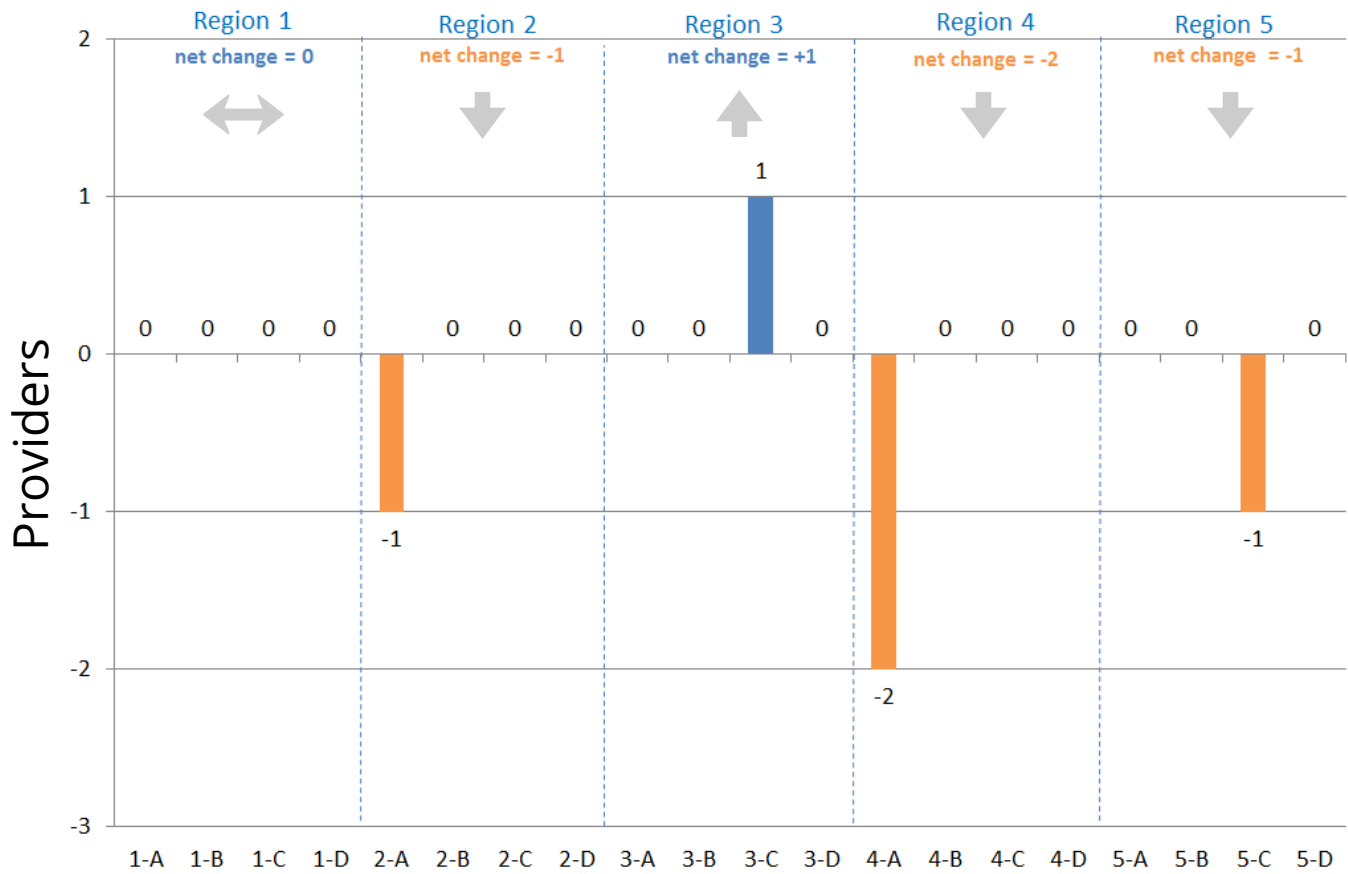


Overall net unique provider change



### Crisis Supports Services (net changes from June 18 to Oct 19)

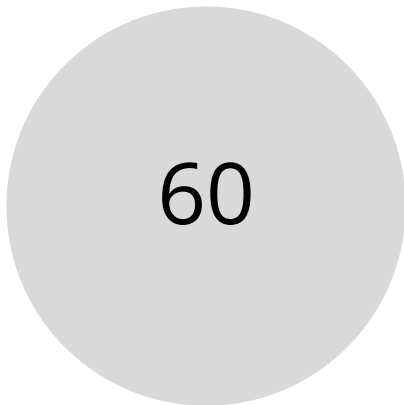
non-unique



Total Unique Provider Count

1-A	0
1-B	0
1-C	0
1-D	0
2-A	4
2-B	0
2-C	0
2-D	0
3-A	1
3-B	0
3-C	1
3-D	0
4-A	0
4-B	0
4-C	0
4-D	0
5-A	0
5-B	0
5-C	0
5-D	0
<b>Grand Total</b>	<b>6</b>

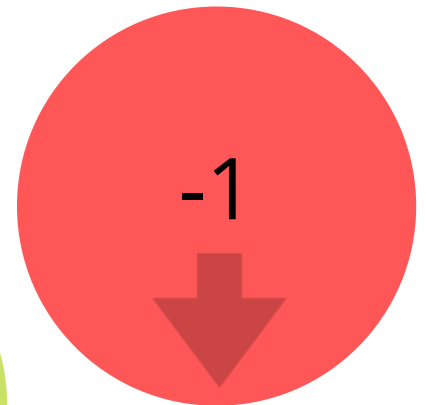
Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

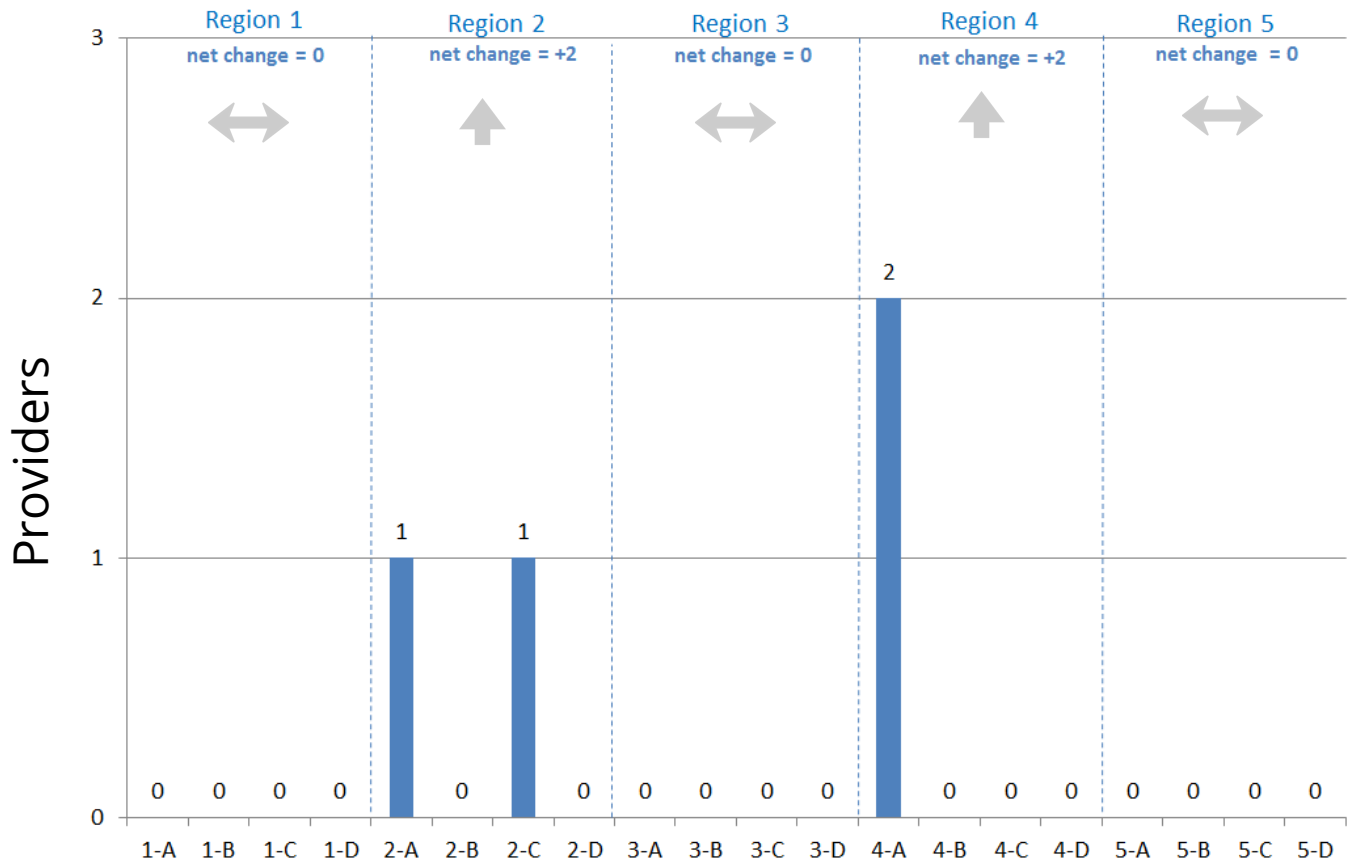


Overall net unique provider change



## Benefits Planning (net changes from June 18 to Oct 19)

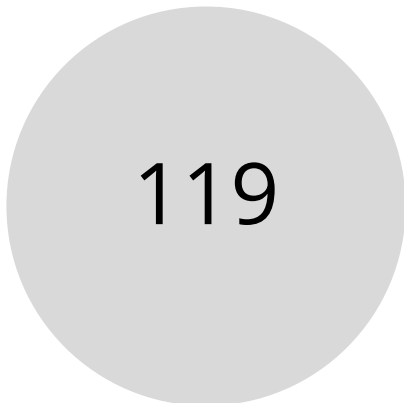
non-unique



Total Unique Provider Count

1-A	0
1-B	0
1-C	0
1-D	0
2-A	1
2-B	0
2-C	1
2-D	0
3-A	0
3-B	0
3-C	0
3-D	0
4-A	2
4-B	0
4-C	0
4-D	0
5-A	0
5-B	0
5-C	0
5-D	0
<b>Grand Total</b>	<b>4</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19



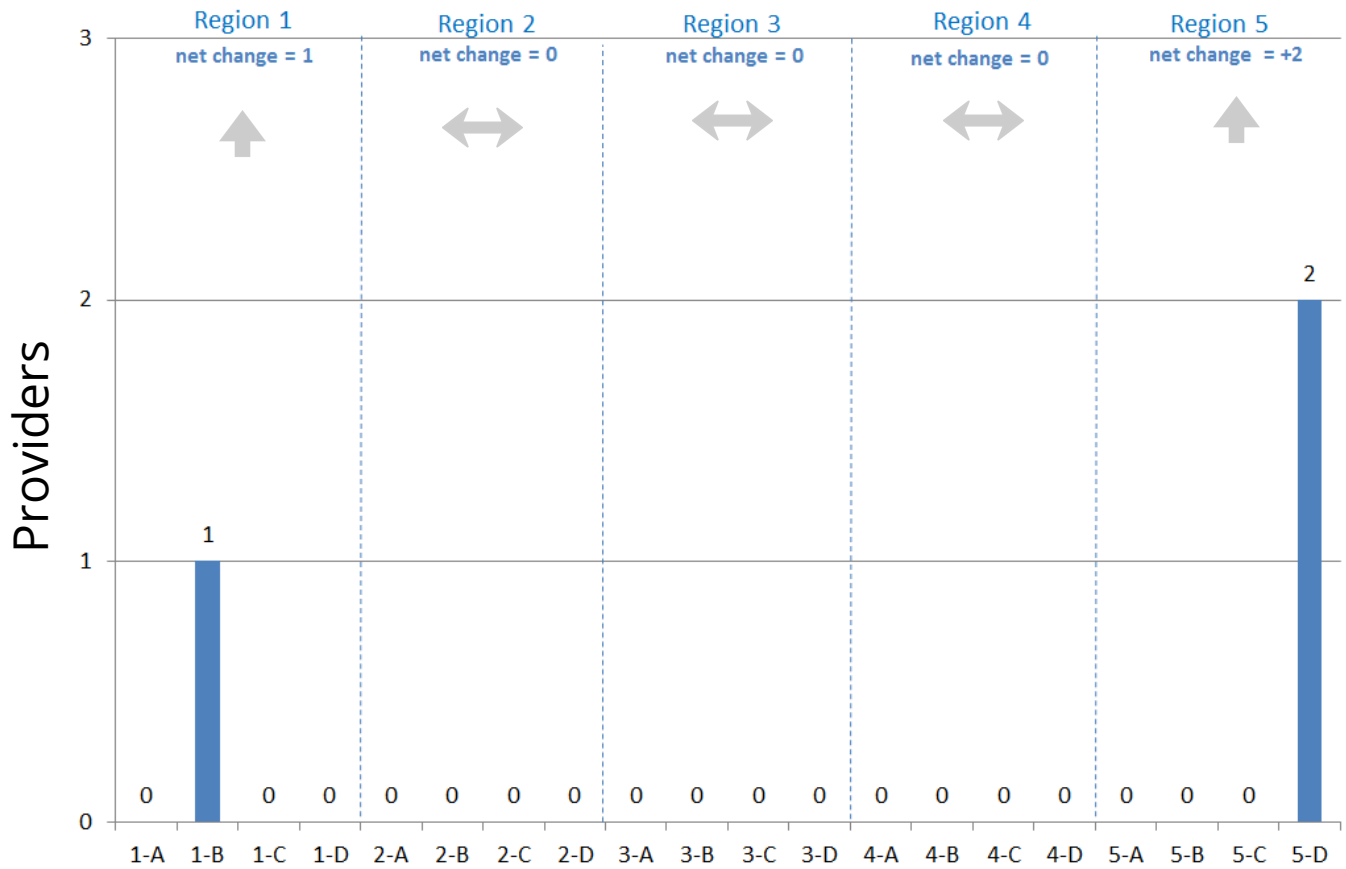
Overall net unique provider change





### Electronic Home-Based Services (net changes from June 18 to Oct 19)

non-unique



Total Unique Provider Count

1-A	0
1-B	1
1-C	0
1-D	0
2-A	0
2-B	0
2-C	0
2-D	0
3-A	0
3-B	0
3-C	0
3-D	0
4-A	0
4-B	0
4-C	0
4-D	0
5-A	0
5-B	0
5-C	0
5-D	2
<b>Grand Total</b>	<b>3</b>

Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

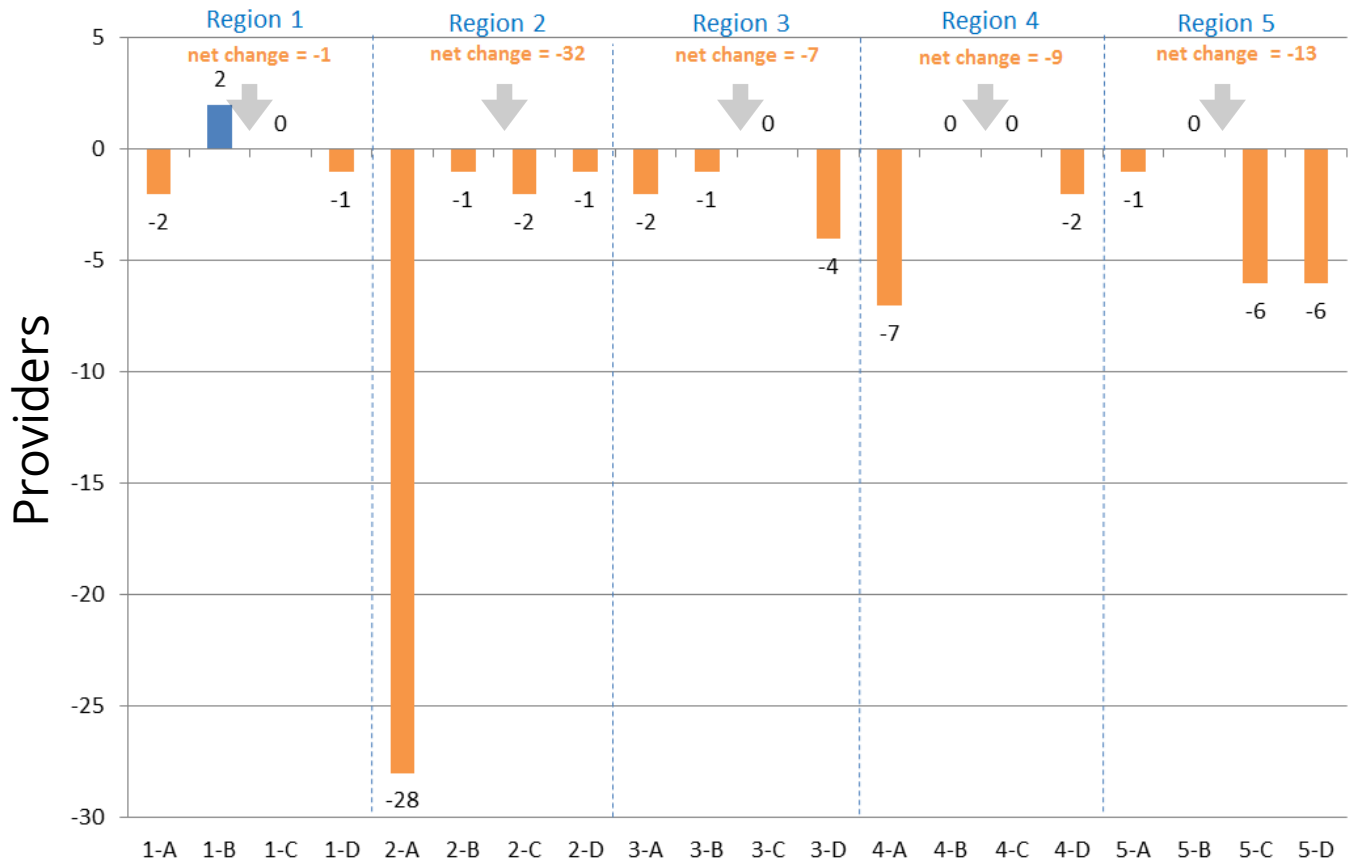


Overall net unique provider change



## Skilled Nursing (net changes from June 18 to Oct 19)

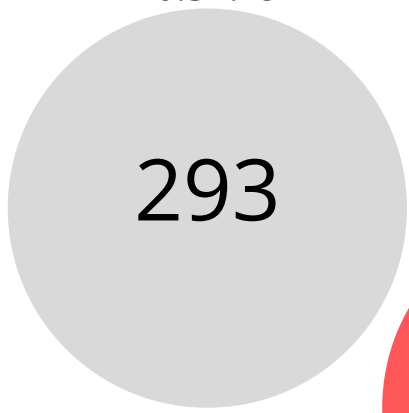
non-unique



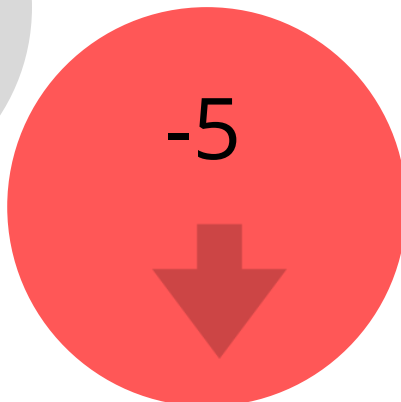
Total Unique Provider Count

1-A	1
1-B	3
1-C	1
1-D	1
2-A	7
2-B	1
2-C	0
2-D	2
3-A	4
3-B	1
3-C	2
3-D	1
4-A	4
4-B	0
4-C	1
4-D	0
5-A	1
5-B	0
5-C	4
5-D	10
<b>Grand Total</b>	<b>44</b>

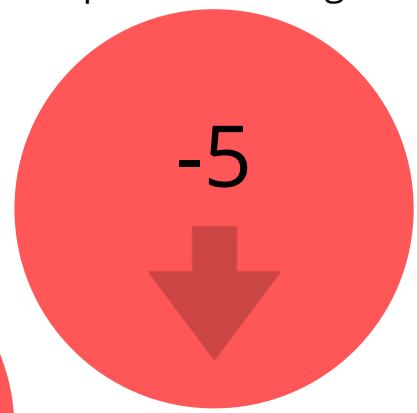
Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19

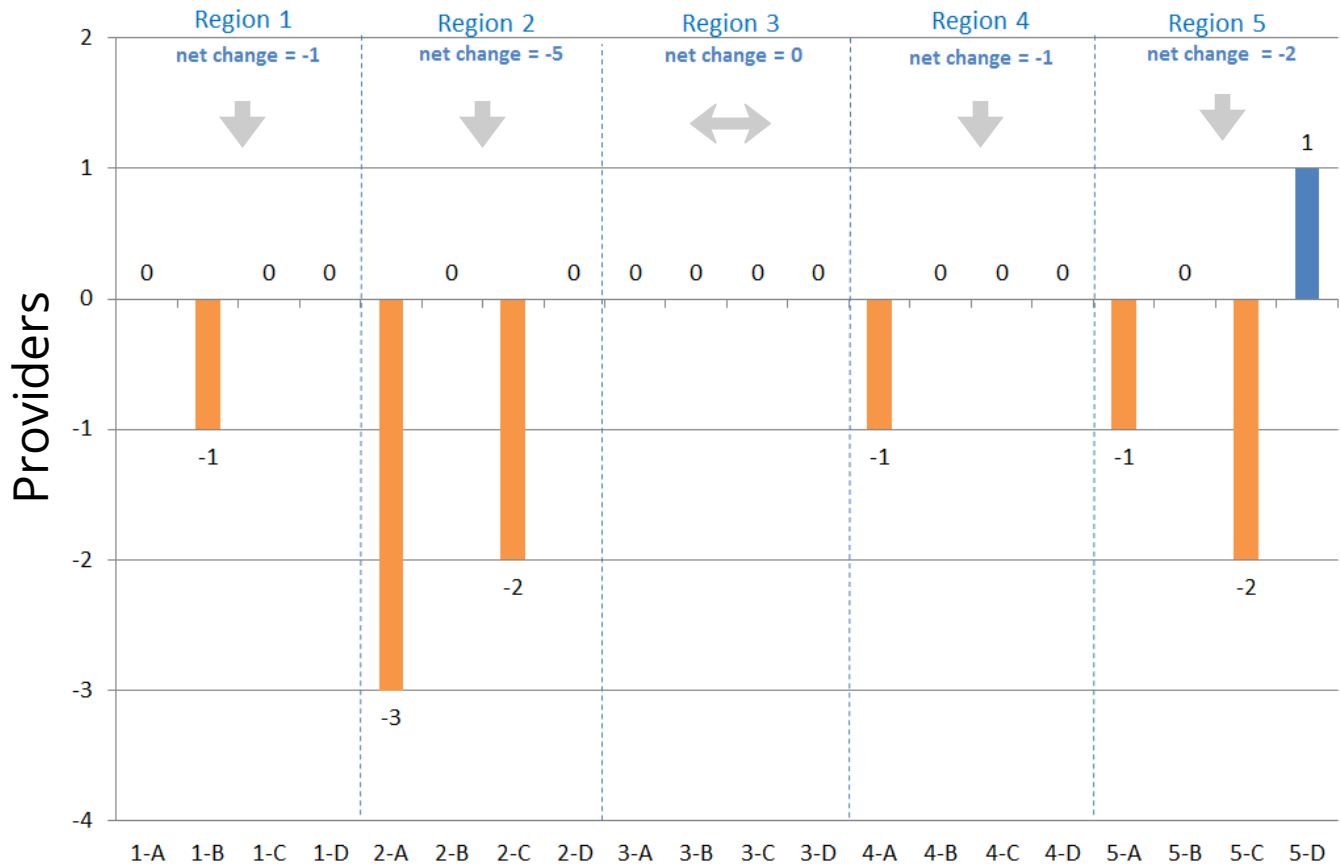


Overall net unique provider change



## Private Duty Nursing (net changes from June 18 to Oct 19)

non-unique



Total Unique Provider Count

1-A	1
1-B	0
1-C	0
1-D	0
2-A	45
2-B	1
2-C	2
2-D	0
3-A	3
3-B	1
3-C	2
3-D	5
4-A	10
4-B	0
4-C	1
4-D	1
5-A	2
5-B	0
5-C	6
5-D	17
<b>Grand Total</b>	<b>97</b>

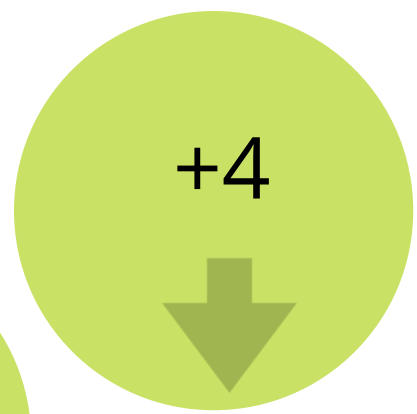
Total people authorized on 10.31.19



Change in people authorized from 6.18 to 10.19



Overall net unique provider change



## IDENTIFIED GAPS

Provider Development leads five Regional Support Teams (RSTs) designed to provide support with ensuring informed choice and with removing barriers to more integrated service options across Virginia. This section highlights findings from RST processes.

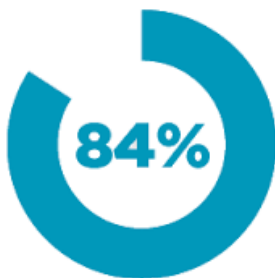
DBHDS is working to integrate the RST referral process into the Waiver Management System to ease communication, tracking and data reporting and is now incorporating RST barrier data in this Provider Data Summary report. The inclusion of this data relates to the following draft measure under negotiation with the Department of Justice:

### Draft measure

86% of people with a DD waiver, who are identified through indicator #13 of III.D.6 (below), desiring a more integrated residential service option (defined as independent living supports, in-home support services, supported living, and sponsored residential) have access to an option that meets their preferences within nine months.

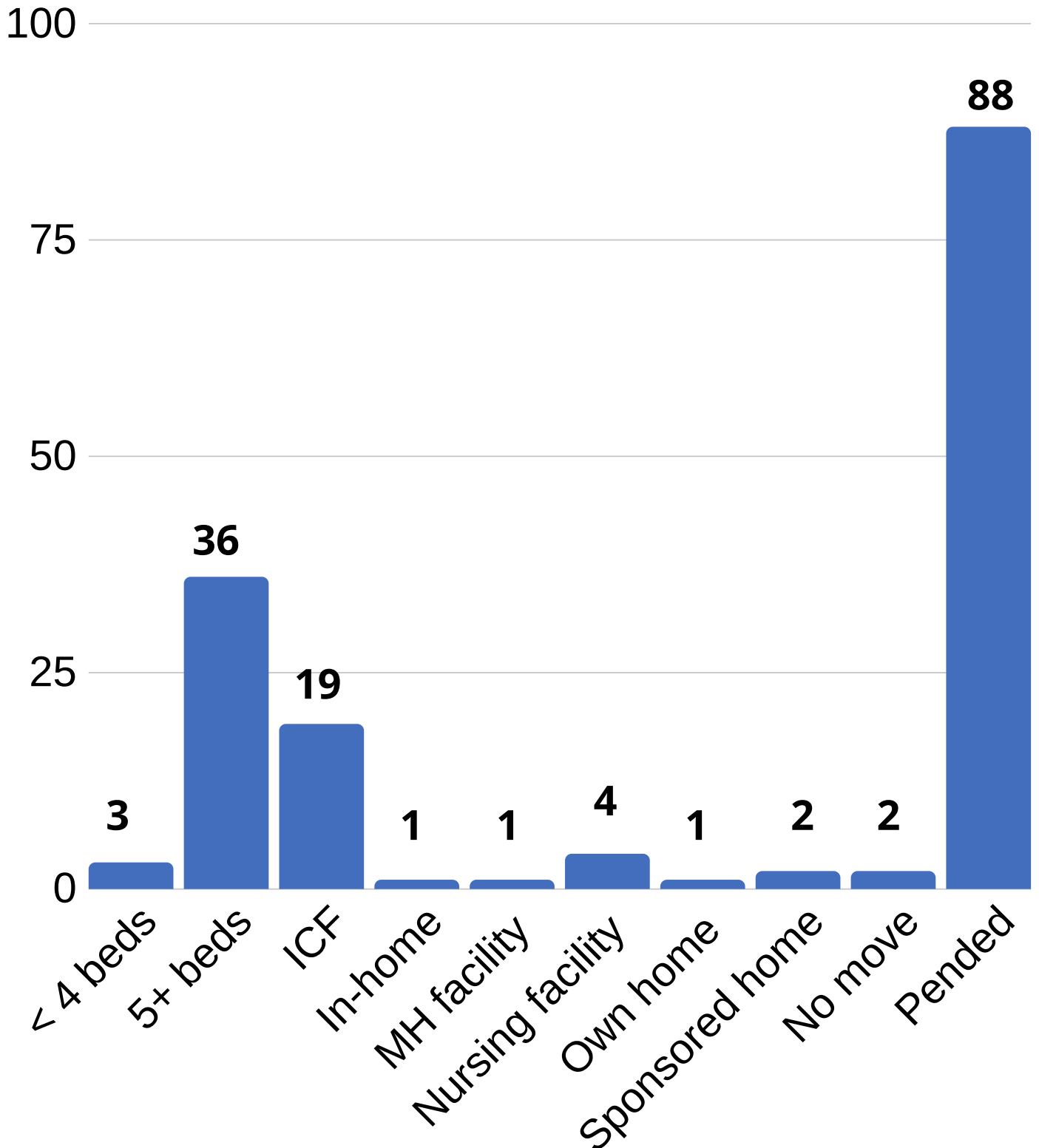
**III.D.6.13.** DBHDS will identify individuals who chose a less integrated residential setting due to the absence of more integrated options in the desired locality. The names of these individuals will be included in quarterly letters provided to each CSB. On a semi-annual basis, information about new service providers will be provided to CSBs, so that the identified individuals can be made aware of new, more integrated options as they become available. A Community Resource Consultant will contact each of these CSBs at least annually to ensure that any new more integrated options have been offered. DBHDS will report annually the number of people who moved to more integrated settings.

From July to October 2019, there were a total of 157 RST referrals. No individual moved in to a less integrated setting when a more integrated setting was desired. Sixty-nine of these referrals are in a close status at the time of this report and are included in the following information based on the final decisions made by the person and, as applicable, his or her Substitute Decision-Maker.



84% of all closed referrals moved to a less integrated setting due to the Substitute Decision-Maker not choosing services in a more integrated setting.

10% of all closed referrals moved to a more integrated setting. The ability to report this information is dependent on CSBs notifying DBHDS of the final decision made by the person for each referral. In the graph below, 56% of the referral outcomes are unknown limiting the value of the information. Closing pended referrals is contingent on Support Coordinators providing the final decision regarding a move for each person referred.





Region 1 Subareas

A	B	C	D
Charlottesville	Rockingham	Bath	Lynchburg
Albemarle	Harrisonburg	Alleghany	Amherst
Green	Augusta	Lexington	Appomattox
Louisa	Staunton	Rockbridge	Campbell
Nelson	Highland	Buena Vista	Bedford
Fluvanna	Waynesboro	Covington	

Charlottesville  
Rockbridge County  
Waynesboro City

Specific localities with at least 50 people with DD waiver and fewer than three integrated service options.

Region 2 Subareas

A	B	C	D
Alexandria	Fauquier	Stafford	Frederick
Arlington	Rappahannock	King George	Winchester
Falls Church	Culpeper	Caroline	Shenandoah
Fairfax City	Madison	Fredericksburg	Warren
Fairfax County	Orange	Spotsylvania	Page
Loudoun			Clarke
Manassas			
Manassas Park			
Prince William			

Arlington County  
Fauquier County

Region 3 Subareas

A	B	C	D
Roanoke City	Danville	Radford	Lee
Roanoke County	Pittsylvania	Pulaski	Norton
Craig	Henry	Floyd	Scott
Botetourt	Martinsville	Patrick	Dickenson
Salem	Carroll	Bland	Russell
Franklin	Grayson	Wythe	Buchanan
Montgomery	Galax		Tazewell
Giles			Washington
			Smyth
			Bristol

Carroll County  
Franklin County  
Henry County  
Pulaski County  
Russell County  
Scott County  
Smyth County

Region 4 Subareas

A	B	C	D
Richmond	Goochland	Charlotte	Dinwiddie
Henrico	Powhatan	Halifax	Brunswick
Hanover	Buckingham	Lunenburg	Hopewell
Chesterfield	Cumberland	Mecklenburg	Surry
New Kent	Amelia	Emporia	Prince George
Charles City		Prince Edward	Sussex
Colonial Heights		Nottoway	Petersburg
			Greensville

Dinwiddie County

Region 5 Subareas

A	B	C	D
Essex,	Accomack,	James City County,	Chesapeake,
Gloucester,	North Hampton	Hampton City,	Isle of Wight,
King and Queen,		Newport News City,	Norfolk,
King William,		Williamsburg City,	Portsmouth City,
Lancaster,		York County,	South Hampton,
Mathews,		Poquoson City	Franklin City,
Middlesex,			Virginia Beach
Northumberland,			City,
Richmond,			Suffolk
Westmoreland			

James City County  
Richmond County  
York County