



Meet Sandra

Sandra did not feel fulfilled at her job and wasn't sure what to do. The advice she was getting from people in her life was to give it more time.

Want to improve a life skill?



Sandra's Support Coordinator suggested she get a Peer Mentor.

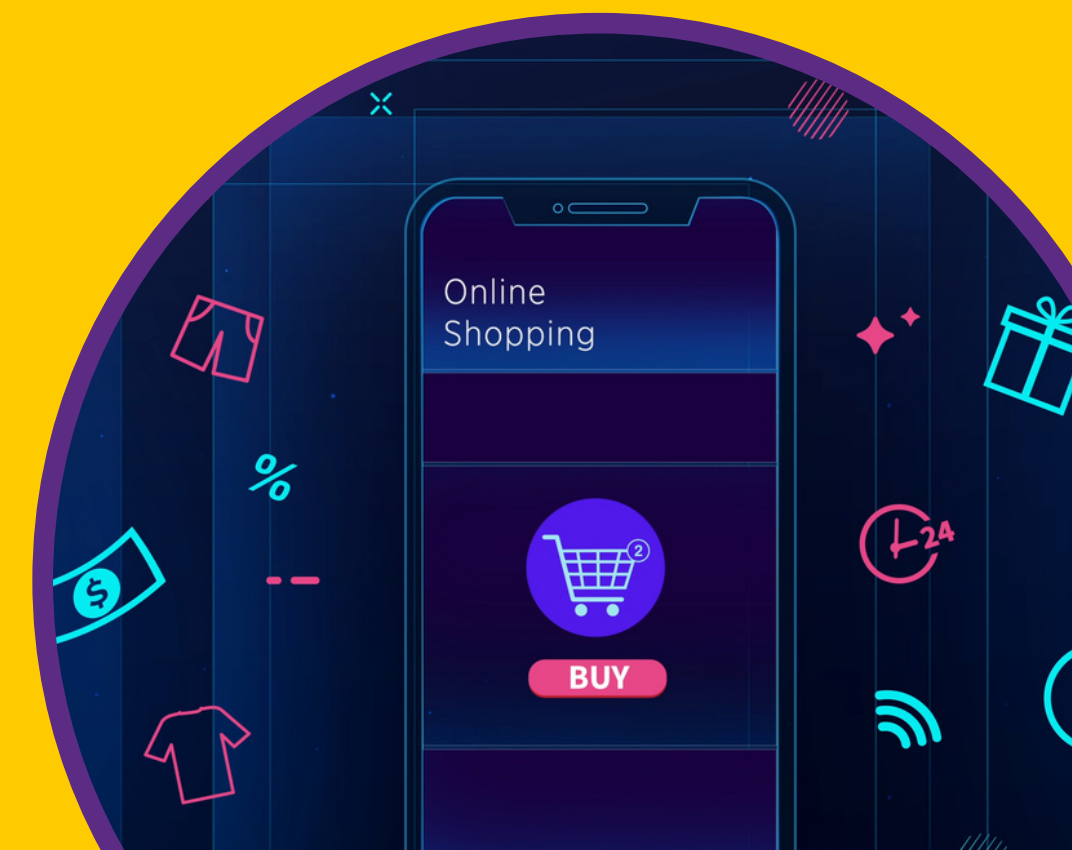
Soon Sandra interviewed a few different Mentors until she found the right match for her!



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Now Sandra says, "Working with a Mentor made me feel less alone. It is possible to find a job that fits me better and makes me happy. They helped me learned how to advocate for a better job."





Meet Henry

Henry was having a hard time meeting people and making friends. He was also having trouble speaking up for himself and asking for what he needed.

Want to be more social?



Henry's mom heard about the Peer Mentoring Service from another mom.

He and his Mom met with a few different Mentors until they found the right match for Henry!



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Now Henry says, "I like telling my Mentor about all the new things I'm trying. I have even gone to new coffee shops and bookstores that my Mentor helped me find. I am more comfortable going out and introducing myself to people. Now I order my coffee by myself but ask for help when I need it."