



Annual Physicals Permanent Injunction

26th Study of the Independent Reviewer

&

Key Performance Area Indicator Workgroup

The Office of Integrated Health Support Network



Permanent Injunction

The Commonwealth shall meet the following:

- a. At least 86% of the people supported in residential settings will receive an annual physical exam, including review of preventive screenings, and at least 86% of individuals who have coverage for dental services will receive an annual dental exam.*

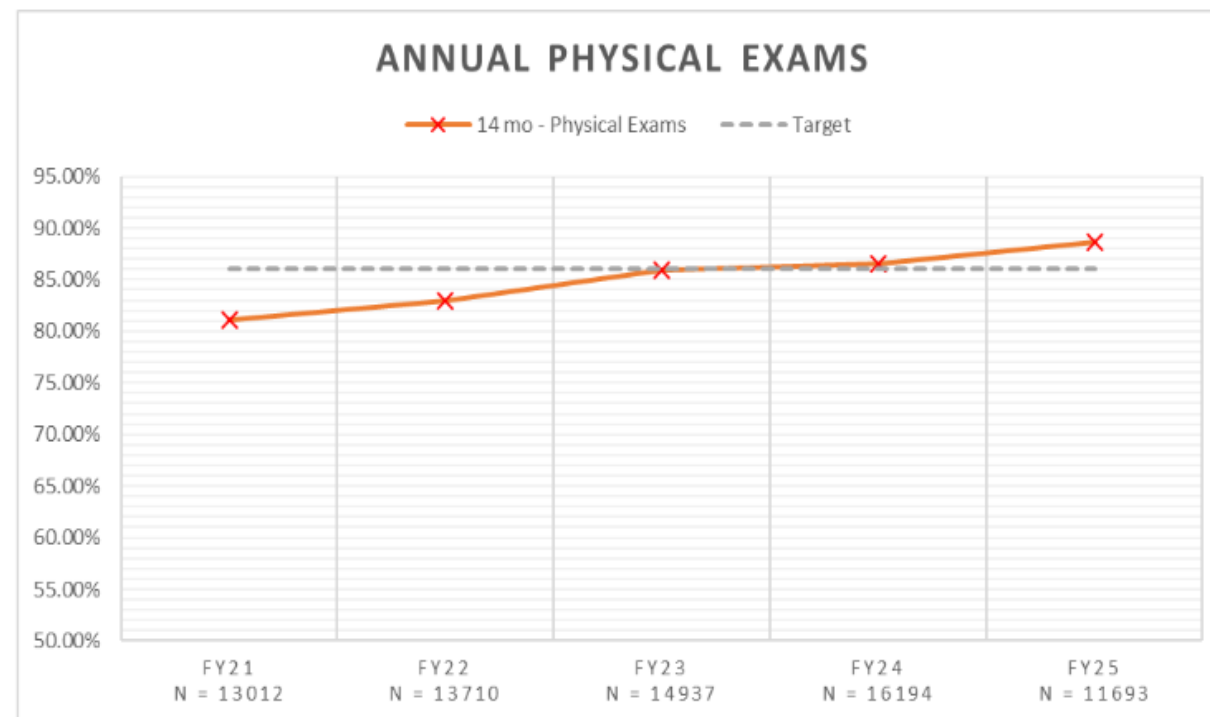
Current Permanent Injunction Data

Represents a steady rate of completion from FY21 to FY25 Q3 at 81% to 88%

Type of Exam	FY21 N = 13012	FY22 N = 13710	FY23 N = 14937	FY24 N = 16194	FY25 N = 11693
14 mo - Physical Exams	81.06%	82.98%	85.93%	86.56%	88.60%

*FY25 is data through 3/1/25 (FY ends on 6/30/25)

NOTE: The FY25 is data is cumulative of Q1, Q2 and Q3. The quarter 4 data will be added in July 2025.

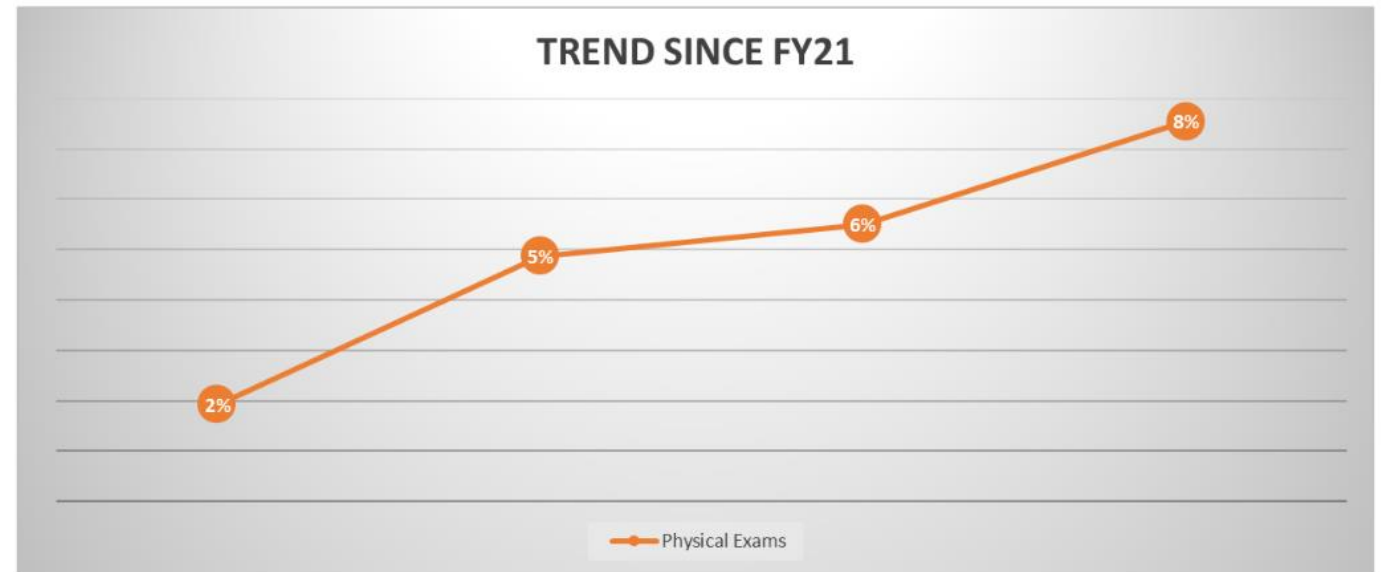


NOTE: The data presented is based on the 14 month planning cycle of the individual's annual ISP. The represents a change from the previous process of 12-month cycle.

BASELINE TREND FROM FY21				
	FY22 TREND	FY23 TREND	FY24 TREND	FY25 TREND
Physical Exams	↑ 2%	↑ 5%	↑ 6%	↑ 8%

NOTE: The FY25 is data is cumulative of Q1, Q2 and Q3. The quarter 4 data will be added in July 2025.

The year over year data since fiscal year 2022 represents a continued slow steady positive trend of increasing numbers of reported annual physical exams.



This chart shows the percent of individuals who have had annual physical exams in the first three quarters of FY2025 by CSB

The 10 CSBs with the lowest percentage are:

(Lowest to highest)

- New River Valley = 72.82%
- Goochland Powhatan = 75.94%
- Virginia Beach = 76.62%
- Northwestern = 78.57%
- Middle Peninsula Northern Neck = 78.97%
- Western Tidewater = 79.78%
- Loudon County = 80.61%
- Cumberland Mountain = 80.88%
- Allegheny Highlands = 81.12%
- Richmond Authority = 81.43%

FY21 to March, 1 2025	Column Labels		
CSBs	<14 mos	>14 mos	Grand Total
ALEXANDRIA COMMUNITY SERV BD	87.87%	12.13%	100.00%
ALLEGHANY HIGHLANDS CSB	81.12%	18.88%	100.00%
ARLINGTON MENTAL HEALTH	88.18%	11.82%	100.00%
BLUE RIDGE CSB	88.93%	11.07%	100.00%
CHESAPEAKE INTEGRATED BEHAV HEALTHCARE	89.12%	10.88%	100.00%
CHESTERFIELD CSB	83.55%	16.45%	100.00%
CITY OF VA BEACH CSB MHMRSAS	76.62%	23.38%	100.00%
COLONIAL BEHAVIORAL HEALTH	94.71%	5.29%	100.00%
CROSSROADS CSB	84.66%	15.34%	100.00%
CUMBERLAND MNTL HLTH CTR	80.88%	19.12%	100.00%
DANVILLE-PITTSYLVANIA COM SERV	83.08%	16.92%	100.00%
DICKENSON COUNTY BEHAVIORAL HEALTH SVCS	85.64%	14.36%	100.00%
DISTRICT 19 MEN HLTH SER	86.92%	13.08%	100.00%
Eastern Shore CSB	94.27%	5.73%	100.00%
Encompass Community Supports (Formerly RAPPAHANNOCK RAPIDAN CSB)	83.48%	16.52%	100.00%
FAIRFAX-FALLS CHURCH CSB	85.43%	14.57%	100.00%
GOOCHLAND POWHATAN MENTAL HLTH	75.94%	24.06%	100.00%
HAMPTON-NN CSB	91.43%	8.57%	100.00%
HANOVER COUNTY COMMUNITY SERVICES	87.85%	12.15%	100.00%
HARRISONBURG-ROCKINGHAM CSB	85.15%	14.85%	100.00%
HENRICO AREA MENTAL HLTH & DEVLPMNTL SVC	85.63%	14.37%	100.00%
HIGHLANDS CMNTY SVCS BOARD	88.01%	11.99%	100.00%
HORIZON BEHAVIORAL HEALTH	89.00%	11.00%	100.00%
LOUDOUN COUNTY CSB	80.61%	19.39%	100.00%
MIDDLE PENINSULA NORTHERN NECK CSB	78.97%	21.03%	100.00%
MOUNT ROGERS CSB	87.59%	12.41%	100.00%
NEW RIVER VALLEY COMMUNITY SERVICES	72.82%	27.18%	100.00%
NORFOLK COMMUNITY SERVICES BOARD	82.54%	17.46%	100.00%
NORTHWESTERN COMMUNITY SVCS	78.57%	21.43%	100.00%
PIEDMONT COMMUNITY SERVICES	88.56%	11.44%	100.00%
PLANNING DISTRICT ONE CSB	92.40%	7.60%	100.00%
PORTSMOUTH DEPT OF BEHAVIORAL	88.59%	11.41%	100.00%
PRINCE WILLIAM COUNTY CSB	89.50%	10.50%	100.00%
RAPPAHANNOCK AREA COMMUNITY SERVICES BRD	82.98%	17.02%	100.00%
REGION TEN CMMNTY SVCS BRD	92.23%	7.77%	100.00%
RICHMOND BHVRL HLTH AUTHORITY	81.43%	18.57%	100.00%
ROCKBRIDGE AREA COMMUNITY SVS BOARD	88.25%	11.75%	100.00%
SOUTHSIDE BEHAVIORAL HEALTH	87.43%	12.57%	100.00%
Unknown	92.59%	7.41%	100.00%
VALLEY CSB	87.19%	12.81%	100.00%
WESTERN TIDEWATER COMMUNITY SERVICES BOA	79.78%	20.22%	100.00%
Grand Total	85.05%	14.95%	100.00%



Work Force Challenges that lead to Access Barriers





The lack of Physicians and particularly Primary Care Physicians (PCPs) in the workforce is a frequent challenge reported by other healthcare providers.

- Virginia Department of Health Professions (VDHP) administers a survey during the license renewal process, which takes place annually on an ongoing basis during the birth month of each dentist. Their Healthcare Workforce Data Center produced their most recent report on the state of the health professions workforce in October 2024.
- They had 28,051 survey respondents that represented 72% of the 51,082 licensed physicians in the Commonwealth and nearly all the renewing practitioners.
- Nearly half of all physicians work at a for-profit establishment, while 10% work for the federal government. Group private practices currently employ 35% of all physicians in Virginia, the most of any establishment type in the state.
- Over one-third of all physicians expect to retire by the age of 65; 11% of the current workforce expect to retire in the next two years, while half of the current workforce expect to retire by 2042.



These graphics represent highlights of the
VDHP 2024 Health Workforce Data report:

At a Glance:

Licensed Physicians

Number:	51,082
New:	8%
Not Renewed:	10%

Response Rates

All Licensees:	72%
Renewing Practitioners:	88%

Source: Va. Healthcare Workforce Data Center

At a Glance:

Workforce

2022 Physician Workforce:	28,051
FTEs:	26,810

Utilization Ratios

Licensees in VA Workforce:	55%
Licensees per FTE:	1.91
Workers per FTE:	1.05

Source: Va. Healthcare Workforce Data Center

At a Glance:

Gov't Programs

Medicare Participant:	19%
Medicare Non-Participating Provider:	66%
Medicaid Participant:	63%

Medical Services

Telemedicine:	42%
Meaningful Use of EHRs:	30%
CPA - NP:	22%

Source: Va. Healthcare Workforce Data Center

At a Glance:

Gender

% Female:	40%
% Under 40 Female:	49%

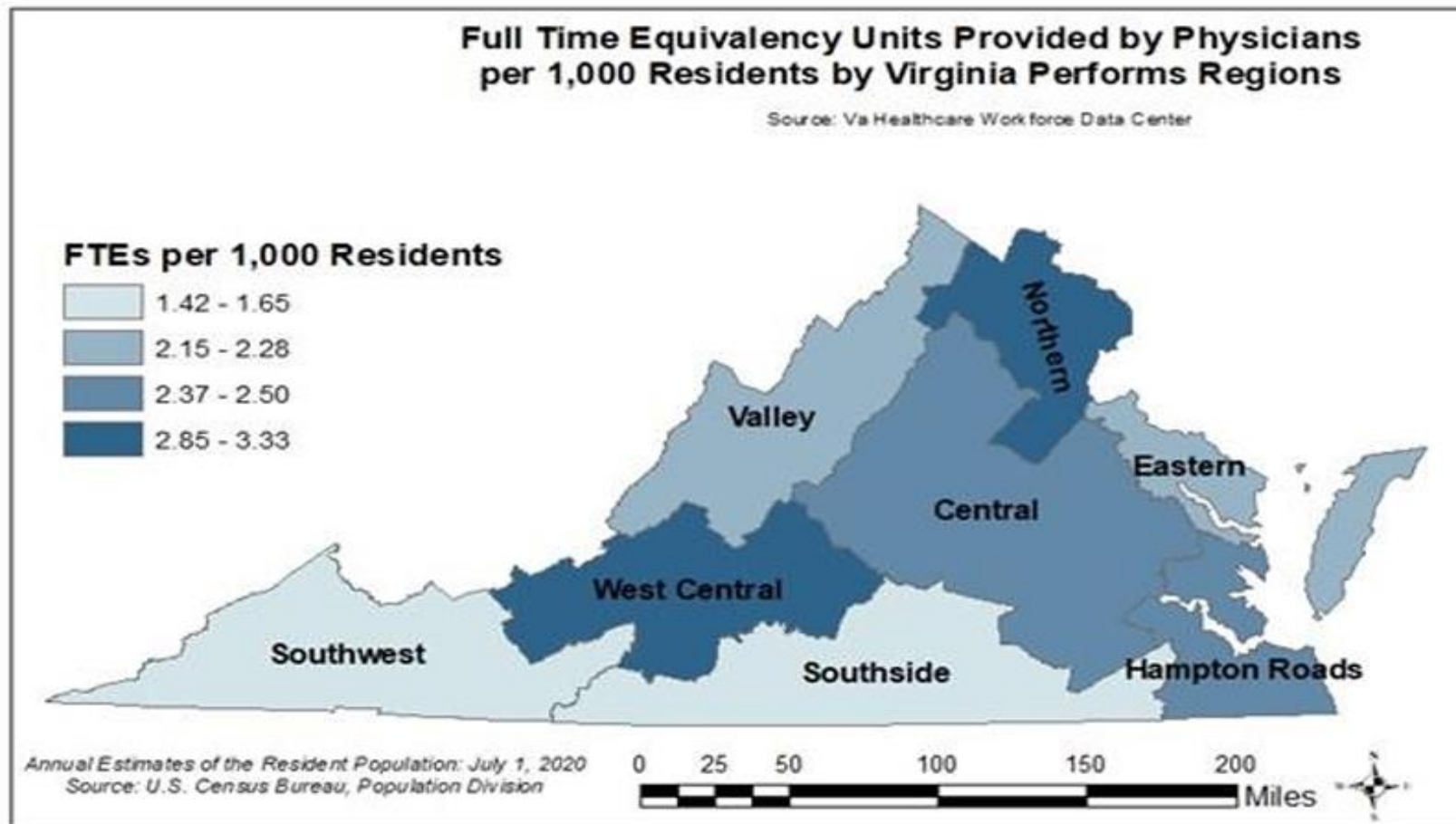
Age

Median Age:	51
% Under 40:	22%
% 55+:	40%

Diversity

Diversity Index:	55%
Under 40 Div. Index:	57%

Source: Va. Healthcare Workforce Data Center



Northern Virginia and West Central (northern part of Southwest) has the **highest** number of Physicians per 1000 Patients.

Southside and Southwest Virginia have the **lowest** number of Physicians per 1000 patients

Review of Primary Care in Virginia

In 2019, the Department of Medical Assistance Services (DMAS) contracted with VCU to conduct an evaluation to describe the current state of primary care and the existing provider workforce's capacity to care for Virginians, with a focus on Medicaid enrollees.

All primary care practices in Virginia (n=1,622)

Regions 2 & 4 also represent 2 of the 3 regions with the highest concentration of primary care providers



Two highlights from this report:

1. Virginia has an adequate primary care workforce that represents 83 primary care clinicians for every 100,000 Virginians.
2. Most primary care physicians report that they accept Medicaid (76%), and the majority report accepting new Medicaid patients (58%).

LINK: https://hbp.vcu.edu/media/hbp-2023/StateofPrimaryCare_ACC.pdf

Current Initiatives

1. Continue to promote the “Annual Healthcare Visit Toolkit” found on the DBHDS website under Educational Resources. LINK: <https://dbhds.virginia.gov/office-of-integrated-health/>
2. Continue to provide and present as needed the slide deck “Importance of Annual Physicals aka. Wellness Visits & Routine Check – ups.” LINK: <https://dbhds.virginia.gov/wp-content/uploads/2022/05/ImportanceOfAnnualPhysicals.Oct2021.pdf>
3. Continue to provide and present as needed the Health and Safety Alert titled “Annual Healthcare Visits.” LINK: <https://dbhds.virginia.gov/wp-content/uploads/2023/02/Annual-Healthcare-Visits-HS-Alert-Feb-23.pdf>
4. Post and promote the “Recognizing Declining Health” training to the Commonwealth of Virginia Learning Center (COVLC) that furthers the community’s understanding of the importance of having regular healthy visits to the primary care provider (PCP) so everyone has a clear understanding of what the individual’s baseline regarding health and wellness.
5. Collaborating with the office of Provider Network Supports to enhance the questions in ISP 4.0 to allow for a deeper dive into the preventative screening aspects of annual healthcare and identify opportunities for additional growth around prevention.



Questions?