



Annual Physicals Permanent Injunction

27th Study of the Independent Reviewer
&
Key Performance Area Indicator Workgroup
September 30, 2025

The Office of Integrated Health Support Network
FY21 through FY25



Permanent Injunction

The Commonwealth shall meet the following:

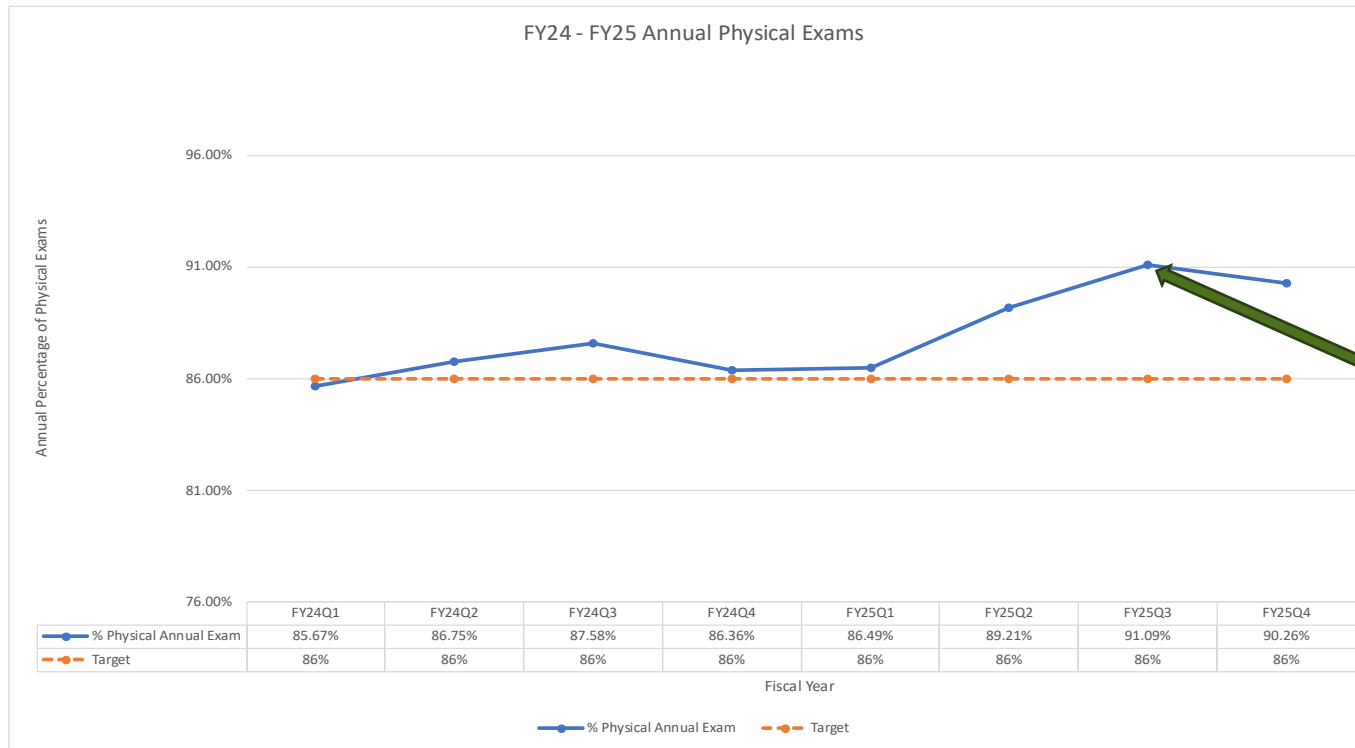
- a. At least 86% of the people supported in residential settings will receive an annual physical exam, including review of preventive screenings, and at least 86% of individuals who have coverage for dental services will receive an annual dental exam.*

Current Permanent Injunction Data

NOTE: The data presented is based on the 14 month planning cycle of the individual's annual ISP. The represents a change from the previous process of 12-month cycle.

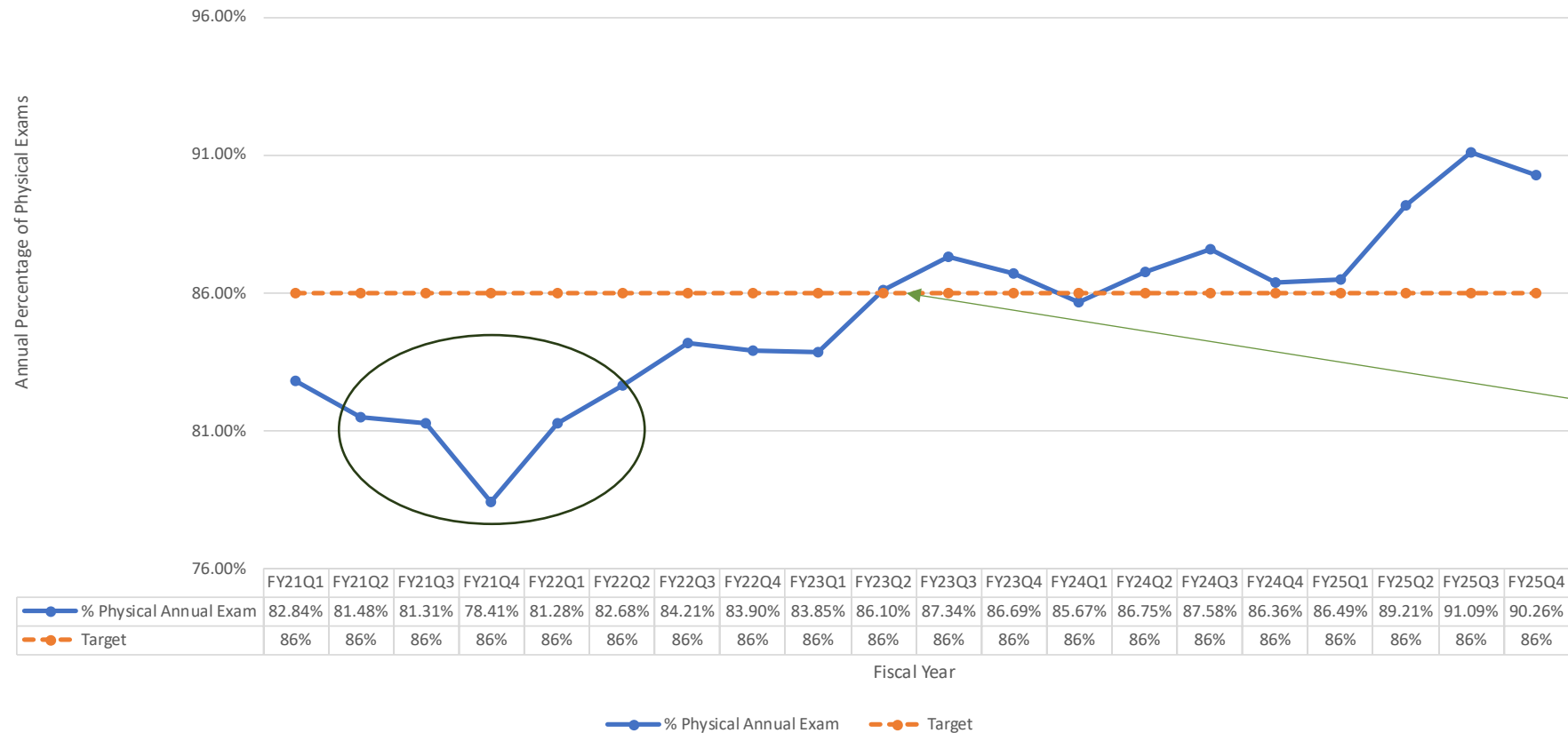
FY25 has demonstrated a steady, quarter-over-quarter increase compared to the previous fiscal year.

The % of Physical Annual Exams is consistently at or above the target line which indicates that the goal for annual physical exams was met or exceeded throughout all FY24 and FY25.



In Q3 of fiscal year 2025, we achieved a 91% rate, the highest since FY21. This also represents a 3.51% increase compared to Q3 of the previous fiscal year.

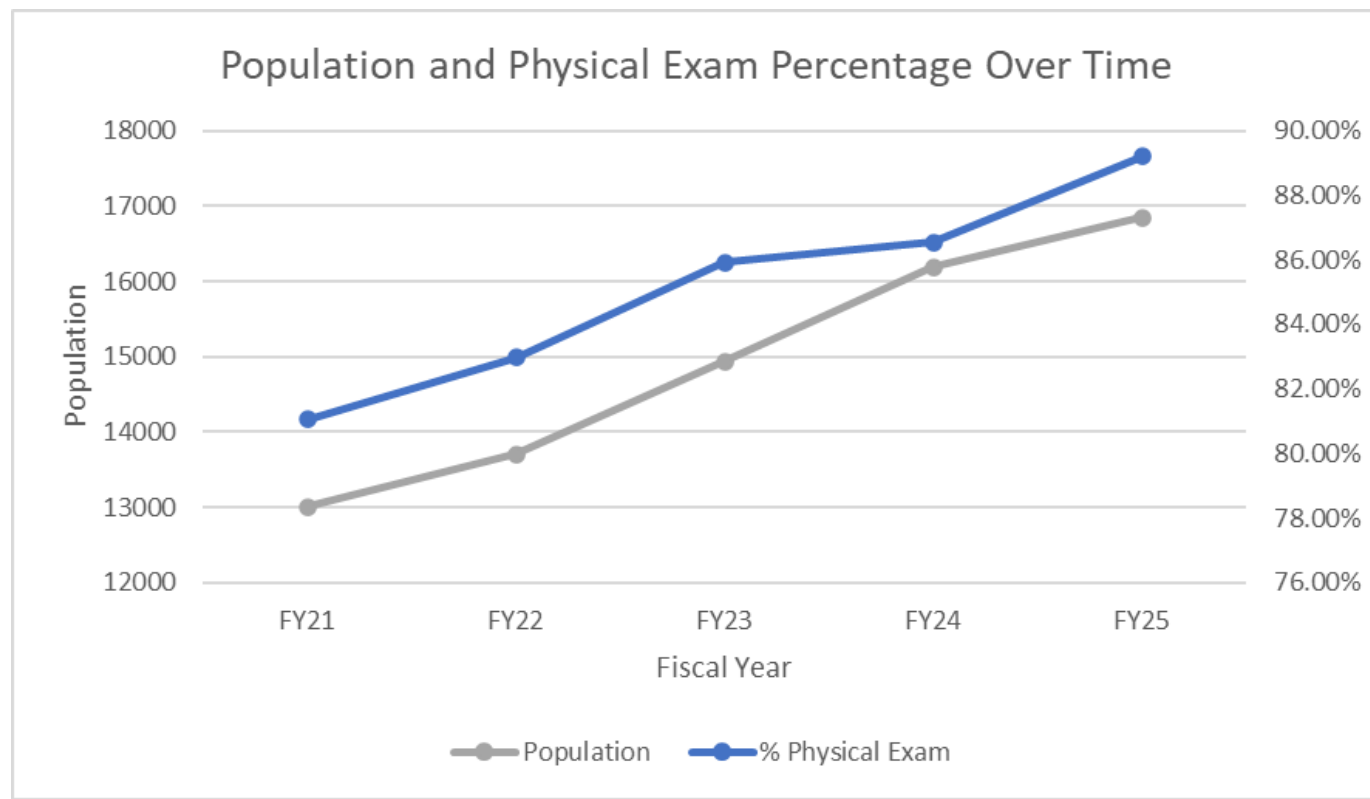
FY21 - FY25 Annual Physical Exams



Like annual dental exams, there was a sharp decline in FY21 likely due to the pandemic.

DBHDS first came into compliance in this PI in quarter two of FY23 and has consistently stayed at or above the 86% target.

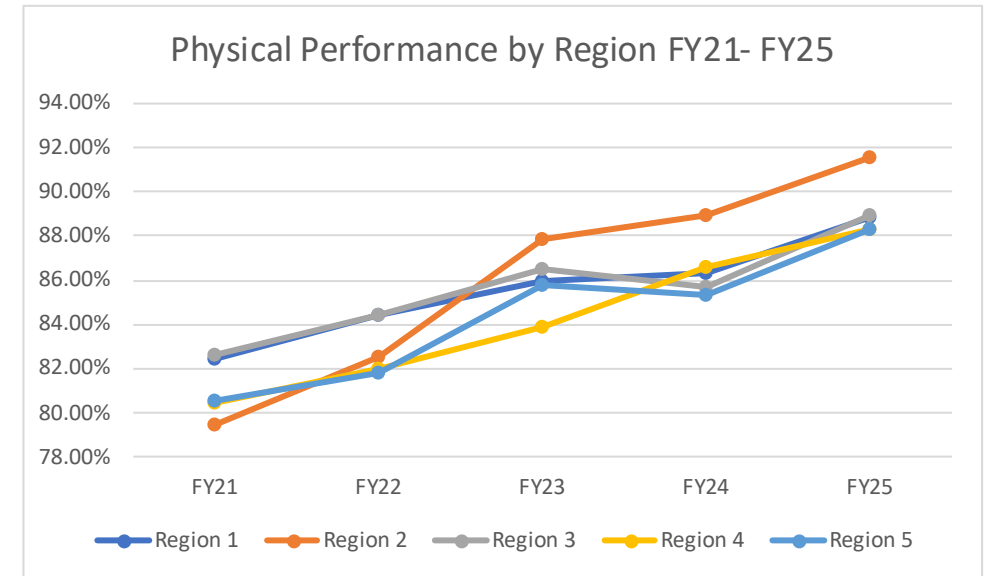
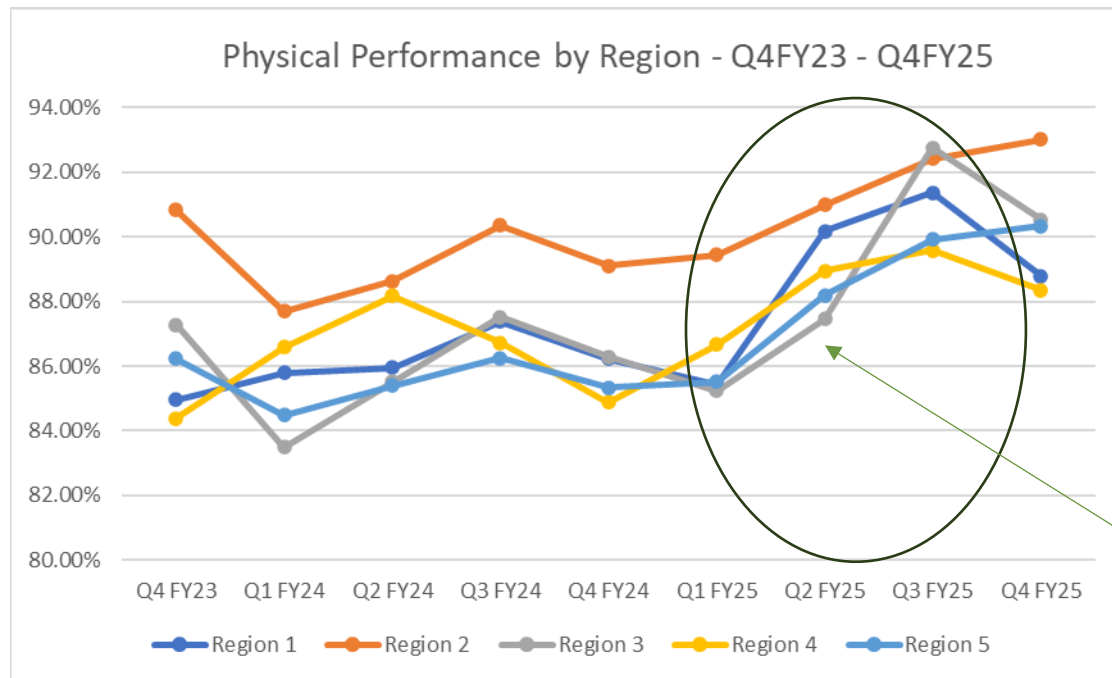
Waiver Population Growth Data



- The Waiver population has experienced a steady increase throughout the five-year period.
 - FY21 to FY25: 22.79%
 - FY21 to FY22: 5.09%
 - FY22 to FY23: 8.21%
 - FY23 to FY24: 7.76%
 - FY24 to FY25: 3.91%
- The dental exam percentage shows a continuous increase each year. FY21 started at 81% and has risen to 89% in FY25.
- Both the population and physical exam percentage are increasing over time suggesting that as overall population has grown, the number of physical exams performed has also increased, and the rate of people getting exams has improve.

PHYSICAL									
Region	Q4 FY23	Q1 FY24	Q2 FY24	Q3 FY24	Q4 FY24	Q1 FY25	Q2 FY25	Q3 FY25	Q4 FY25
Region 1	84.96%	85.79%	85.95%	87.38%	86.24%	85.41%	90.17%	91.36%	88.79%
Region 2	90.84%	87.69%	88.64%	90.35%	89.11%	89.44%	90.98%	92.41%	93.01%
Region 3	87.29%	83.49%	85.51%	87.52%	86.28%	85.23%	87.46%	92.76%	90.54%
Region 4	84.38%	86.59%	88.17%	86.72%	84.87%	86.66%	88.94%	89.58%	88.36%
Region 5	86.23%	84.48%	85.40%	86.25%	85.33%	85.52%	88.20%	89.92%	90.33%

Region 2 has consistently been the region with the highest percentage of annual physical exams. Region 3 did have a major jump in Q3FY25 which is a 6.04% increase from Q3FY24.



Note the sharp increase from Q1 FY25 to Q2 FY25 for ALL regions very similarly to the Dental Data

CSBs	FY21	FY22	FY23	FY24	FY25	Count	FY21 to FY25
ALEXANDRIA COMMUNITY SERV BD	90.82%	83.81%	87.16%	89.91%	90.55%	0	-0.27%
ALLEGHANY HIGHLANDS CSB	60.87%	81.63%	75.00%	89.09%	96.61%	2	35.74%
ARLINGTON MENTAL HEALTH	82.50%	84.07%	87.57%	90.20%	94.98%	0	12.48%
BLUE RIDGE CSB	85.97%	90.26%	90.52%	89.43%	88.77%	0	2.80%
CHESAPEAKE INTERGRATED BEHAV HEALTHCARE	83.99%	86.08%	92.24%	91.36%	92.72%	0	8.74%
CHESTERFIELD CSB	80.39%	79.35%	84.00%	85.74%	87.80%	1	7.41%
CITY OF VA BEACH CSB MHMRSAS	72.86%	74.71%	75.78%	78.51%	83.77%	5	10.91%
COLONIAL BEHAVIORAL HEALTH	92.41%	92.53%	94.02%	96.89%	96.83%	0	4.42%
CROSSROADS CSB	74.16%	87.03%	83.16%	87.56%	93.43%	1	19.27%
CUMBERLAND MNTL HLTH CTR	71.60%	74.44%	88.54%	86.00%	84.30%	3	12.70%
DANVILLE-PITTSYLVANIA COM SERV	92.03%	84.82%	76.58%	80.99%	85.46%	3	-6.57%
DICKENSON COUNTY BEHAVIORAL HEALTH SVCS	71.43%	86.49%	89.74%	90.70%	87.80%	1	16.38%
DISTRICT 19 MEN HLTH SER	83.24%	85.56%	86.22%	92.09%	87.70%	0	4.46%
Eastern Shore CSB	87.62%	92.38%	95.28%	97.32%	95.50%	0	7.88%
Encompass Community Supports (Formerly RAPPAHANNOCK RAPIDAN CSB)	78.15%	81.66%	83.25%	87.83%	89.82%	0	11.67%
FAIRFAX-FALLS CHURCH CSB	77.78%	80.97%	88.45%	89.17%	90.30%	0	12.52%
GOOCHLAND POWHATAN MENTAL HLTH	78.95%	72.29%	67.42%	75.26%	85.86%	4	6.91%
HAMPTON-NN CSB	90.68%	91.09%	91.78%	90.97%	92.71%	0	2.03%
HANOVER COUNTY COMMUNITY SERVICES	82.72%	83.82%	87.74%	92.12%	92.02%	0	9.29%
HARRISONBURG-ROCKINGHAM CSB	85.50%	85.38%	89.57%	80.78%	86.94%	1	1.44%
HENRICO AREA MENTAL HLTH & DEVLPMNTL SVC	80.61%	83.22%	86.08%	87.98%	89.96%	0	9.35%
HIGHLANDS CMNTY SVCS BOARD	90.91%	88.10%	84.21%	88.03%	91.03%	0	0.12%
HORIZON BEHAVIORAL HEALTH	86.50%	89.99%	88.31%	89.87%	91.13%	0	4.64%
LOUDOUN COUNTY CSB	71.00%	76.73%	79.95%	84.27%	90.11%	4	19.11%
MIDDLE PENINSULA NORTHERN NECK CSB	68.88%	78.10%	76.26%	84.68%	88.45%	3	19.57%
MOUNT ROGERS CSB	81.54%	82.64%	89.79%	90.48%	93.70%	0	12.16%
NEW RIVER VALLEY COMMUNITY SERVICES	68.44%	70.47%	73.19%	69.41%	84.23%	5	15.78%
NORFOLK COMMUNITY SERVICES BOARD	77.10%	78.11%	86.94%	84.87%	86.57%	1	9.47%
NORTHWESTERN COMMUNITY SVCS	76.34%	79.47%	77.27%	77.41%	82.68%	4	6.33%
PIEDMONT COMMUNITY SERVICES	85.94%	87.50%	90.09%	87.41%	90.16%	0	4.22%
PLANNING DISTRICT ONE CSB	84.31%	94.34%	96.91%	96.09%	89.94%	0	5.63%
PORTSMOUTH DEPT OF BEHAVIORAL	88.99%	83.70%	89.96%	88.54%	91.67%	0	2.68%
PRINCE WILLIAM COUNTY CSB	84.27%	87.71%	91.04%	90.54%	94.12%	0	9.85%
RAPPAHANNOCK AREA COMMUNITY SERVICES BRD	79.41%	79.48%	82.92%	85.79%	86.32%	0	6.91%
REGION TEN CMNTY SVCS BRD	90.23%	88.89%	93.52%	92.36%	95.07%	0	4.85%
RICHMOND BHVRL HLTH AUTHORITY	79.76%	82.39%	80.30%	80.82%	84.05%	3	4.29%
ROCKBRIDGE AREA COMMUNITY SVS BOARD	83.33%	80.00%	92.31%	90.48%	93.10%	0	9.77%
SOUTHSIDE BEHAVIORAL HEALTH	82.76%	88.24%	91.94%	85.00%	91.18%	0	8.42%
Unknown	100.00%	100.00%	83.33%	100.00%	85.71%	N/A	-14.29%
VALLEY CSB	83.05%	87.71%	88.97%	88.21%	87.72%	0	4.67%
WESTERN TIDEWATER COMMUNITY SERVICES BOA	82.84%	76.90%	87.23%	73.78%	80.21%	3	-2.62%

The red highlighted cells indicate the eight lowest CSBs that received annual physical exams by fiscal year.

Two CSBs have been in the bottom 8 of CSBs every fiscal year since FY21.

- City of VA Beach CSB MHMRSAS
- New River Valley Community Services

It's important to note that each of these CSBs has seen an increase of those receiving annual dental exams since FY21 between 10-16% increase

Three CSBs have been in the bottom 8 of CSBs in four of the five measured fiscal years since FY21.

- Goochland Powhatan Mental HLTH
- Loudoun County CSB
- Northwestern Community Svcs

It's important to note that Goochland Powhatan may be in the bottom 8 CSBs in FY25 but is still meeting the target of 86%. Loudoun County CSB was in the bottom 8 CSBs from FY21-FY24 but is currently meeting the target of 86% in FY24. Loudoun County CSB has also grown by 226 individuals since FY21. They have also increased just over 19% since FY21. Northwestern is just 3% off the target of 86%.

The green highlighted cells in the FY21 to FY25 column indicate the top eight CSBs by percentage of change from FY21 to FY25. The red highlighted cells indicate the eight lowest CSBs by percentage of change. Alleghany Highlands CSB increased almost 36% from FY21 to FY25.

FY25 Annual Physical Exams CSB	Physical ▼ <14 mos	>14 mos
ALEXANDRIA COMMUNITY SERV BD	90.55%	9.45%
ALLEGHANY HIGHLANDS CSB	96.61%	3.39%
ARLINGTON MENTAL HEALTH	94.98%	5.02%
BLUE RIDGE CSB	88.77%	11.23%
CHESAPEAKE INTERGRATED BEHAV HEALTHCARE	92.72%	7.28%
CHESTERFIELD CSB	87.80%	12.20%
CITY OF VA BEACH CSB MHMRSAS	83.77%	16.23%
COLONIAL BEHAVIORAL HEALTH	96.83%	3.17%
CROSSROADS CSB	93.43%	6.57%
CUMBERLAND MNTL HLTH CTR	84.30%	15.70%
DANVILLE-PITTSYLVANIA COM SERV	85.46%	14.54%
DICKENSON COUNTY BEHAVIORAL HEALTH SVCS	87.80%	12.20%
DISTRICT 19 MEN HLTH SER	87.70%	12.30%
Eastern Shore CSB	95.50%	4.50%
Encompass Community Supports (Formerly RAPPAHANNOCK RAPIDAN CSB)	89.82%	10.18%
FAIRFAX-FALLS CHURCH CSB	90.30%	9.70%
GOOCHLAND POWHATAN MENTAL HLTH	85.86%	14.14%
HAMPTON-NN CSB	92.71%	7.29%
HANOVER COUNTY COMMUNITY SERVICES	92.02%	7.98%
HARRISONBURG-ROCKINGHAM CSB	86.94%	13.06%
HENRICO AREA MENTAL HLTH & DEVLPMNTL SVC	89.96%	10.04%
HIGHLANDS CMNTY SVCS BOARD	91.03%	8.97%
HORIZON BEHAVIORAL HEALTH	91.13%	8.87%
LOUDOUN COUNTY CSB	90.11%	9.89%
MIDDLE PENINSULA NORTHERN NECK CSB	88.45%	11.55%
MOUNT ROGERS CSB	93.70%	6.30%
NEW RIVER VALLEY COMMUNITY SERVICES	84.23%	15.77%
NORFOLK COMMUNITY SERVICES BOARD	86.57%	13.43%
NORTHWESTERN COMMUNITY SVCS	82.68%	17.32%
PIEDMONT COMMUNITY SERVICES	90.16%	9.84%
PLANNING DISTRICT ONE CSB	89.94%	10.06%
PORTSMOUTH DEPT OF BEHAVIORAL	91.67%	8.33%
PRINCE WILLIAM COUNTY CSB	94.12%	5.88%
RAPPAHANNOCK AREA COMMUNITY SERVICES BRD	86.32%	13.68%
REGION TEN CMNTY SVCS BRD	95.07%	4.93%
RICHMOND BHVRL HLTH AUTHORITY	84.05%	15.95%
ROCKBRIDGE AREA COMMUNITY SVS BOARD	93.10%	6.90%
SOUTHSIDE BEHAVIORAL HEALTH	91.18%	8.82%
Unknown	85.71%	14.29%
VALLEY CSB	87.72%	12.28%
WESTERN TIDEWATER COMMUNITY SERVICES BOA	80.21%	19.79%
Grand Total	89.21%	10.79%

NOTE:

In FY25, six CSBs reported that 86% of individuals did not have an annual physical exam.

- City of VA Beach CSB = 83.77%
- Cumberland Mntl Hlth = 84.3%
- New River Valley = 84.23%
- Northwestern CSB = 82.68%
- RBHA = 84.05%
- Western Tidewater CSB = 80.21%

The highlighted cells on the table on the left indicate the bottom 8 CSBs that had annual physical exams in FY25 (indicated on previous slide).

The highlighted cells on the table on the right indicate the bottom 8 CSBs by percentage of population.

FY25 Annual Physical Exams CSB	% of Population
ALEXANDRIA COMMUNITY SERV BD	0.75%
ALLEGHANY HIGHLANDS CSB	0.35%
ARLINGTON MENTAL HEALTH	1.42%
BLUE RIDGE CSB	2.17%
CHESAPEAKE INTERGRATED BEHAV HEALTHCARE	2.20%
CHESTERFIELD CSB	7.68%
CITY OF VA BEACH CSB MHMRSAS	4.57%
COLONIAL BEHAVIORAL HEALTH	1.12%
CROSSROADS CSB	1.26%
CUMBERLAND MNTL HLTH CTR	1.02%
DANVILLE-PITTSYLVANIA COM SERV	1.67%
DICKENSON COUNTY BEHAVIORAL HEALTH SVCS	0.24%
DISTRICT 19 MEN HLTH SER	2.60%
Eastern Shore CSB	0.66%
Encompass Community Supports (Formerly RAPPAHANNOCK RAPIDAN CSB)	1.98%
FAIRFAX-FALLS CHURCH CSB	10.70%
GOOCHLAND POWHATAN MENTAL HLTH	0.59%
HAMPTON-NN CSB	3.90%
HANOVER COUNTY COMMUNITY SERVICES	1.56%
HARRISONBURG-ROCKINGHAM CSB	1.59%
HENRICO AREA MENTAL HLTH & DEVLPMNTL SVC	4.61%
HIGHLANDS CMNTY SVCS BOARD	0.93%
HORIZON BEHAVIORAL HEALTH	5.02%
LOUDOUN COUNTY CSB	3.12%
MIDDLE PENINSULA NORTHERN NECK CSB	1.49%
MOUNT ROGERS CSB	2.73%
NEW RIVER VALLEY COMMUNITY SERVICES	1.99%
NORFOLK COMMUNITY SERVICES BOARD	3.85%
NORTHWESTERN COMMUNITY SVCS	2.71%
PIEDMONT COMMUNITY SERVICES	1.81%
PLANNING DISTRICT ONE CSB	1.00%
PORTSMOUTH DEPT OF BEHAVIORAL	1.42%
PRINCE WILLIAM COUNTY CSB	5.25%
RAPPAHANNOCK AREA COMMUNITY SERVICES BRD	5.03%
REGION TEN CMNTY SVCS BRD	2.41%
RICHMOND BHVRL HLTH AUTHORITY	2.90%
ROCKBRIDGE AREA COMMUNITY SVS BOARD	0.52%
SOUTHSIDE BEHAVIORAL HEALTH	1.21%
Unknown	0.04%
VALLEY CSB	1.69%
WESTERN TIDEWATER COMMUNITY SERVICES BOA	2.22%
% of Population	100.00%



Eight CSBs that need the most assistance to ensure that individuals receive annual physical exams

FY25 - Lowest 8 CSBs in Physical				
CSB	Total Population	Met	% Met	% of Total Population
CITY OF VA BEACH CSB MHMRSAS	770	645	83.77%	4.57%
CUMBERLAND MNTL HLTH CTR	172	145	84.30%	1.02%
DANVILLE-PITTSYLVANIA COM SERV	282	241	85.46%	1.67%
GOOCHLAND POWHATAN MENTAL HLTH	99	85	85.86%	0.59%
NEW RIVER VALLEY COMMUNITY SERVICES	336	283	84.23%	1.99%
NORTHWESTERN COMMUNITY SVCS	456	377	82.68%	2.71%
RICHMOND BHVRL HLTH AUTHORITY	489	411	84.05%	2.90%
WESTERN TIDEWATER COMMUNITY SERVICES BOA	374	300	80.21%	2.22%

The above graphic indicates the eight lowest CSBs by percentage of individuals that received an annual physical exam in FY25. One CSB is still meeting the 86% target, while the lowest CSB is just under 6% off the mark.



Work Force Challenges that lead to Access Barriers

The lack of Physicians and particularly Primary Care Physicians (PCPs) in the workforce is a frequent challenge reported by other healthcare providers.

- Virginia Department of Health Professions (VDHP) administers a survey during the license renewal process, which takes place annually on an ongoing basis during the birth month of each dentist. Their Healthcare Workforce Data Center produced their most recent report on the state of the health professions workforce in February of 2025.
- They had 39,647 survey respondents that represented 72% of the 55,314 licensed physicians in the Commonwealth and nearly all the renewing practitioners.
- Nearly half of all physicians work at a for-profit establishment, while 10% work for the federal government. Group private practices currently employ 33% of all physicians in Virginia, the most of any establishment type in the state.
- Four of every ten physicians expect to retire by the age of 65; 11% of the current workforce expect to retire in the next two years, while half of the current workforce expect to retire by 2044.

Reference: <https://www.dhp.virginia.gov/media/dhpweb/docs/hwdc/medicine/0101Physician2024.pdf>

These graphics represent highlights of the VDHP 2024 Health Workforce Data report:

At a Glance:

Licensed Physicians

Number:	51,082
New:	8%
Not Renewed:	10%

Response Rates

All Licensees:	72%
Renewing Practitioners:	88%

Source: Va. Healthcare Workforce Data Center

At a Glance:

Workforce

2022 Physician Workforce:	28,051
FTEs:	26,810

Utilization Ratios

Licensees in VA Workforce:	55%
Licensees per FTE:	1.91
Workers per FTE:	1.05

Source: Va. Healthcare Workforce Data Center

At a Glance:

Number of Patients/Week

Primary (Median):	50-74
Secondary (Median):	1-24

Accepts New Patients?

Primary:	54%
Secondary:	45%

Medicare/Medicaid

New Medicare Patients:	67%
New Medicaid Patients:	75%

Source: Va. Healthcare Workforce Data Center

At a Glance:

Gender

% Female:	40%
% Under 40 Female:	49%

Age

Median Age:	51
% Under 40:	22%
% 55+:	40%

Diversity

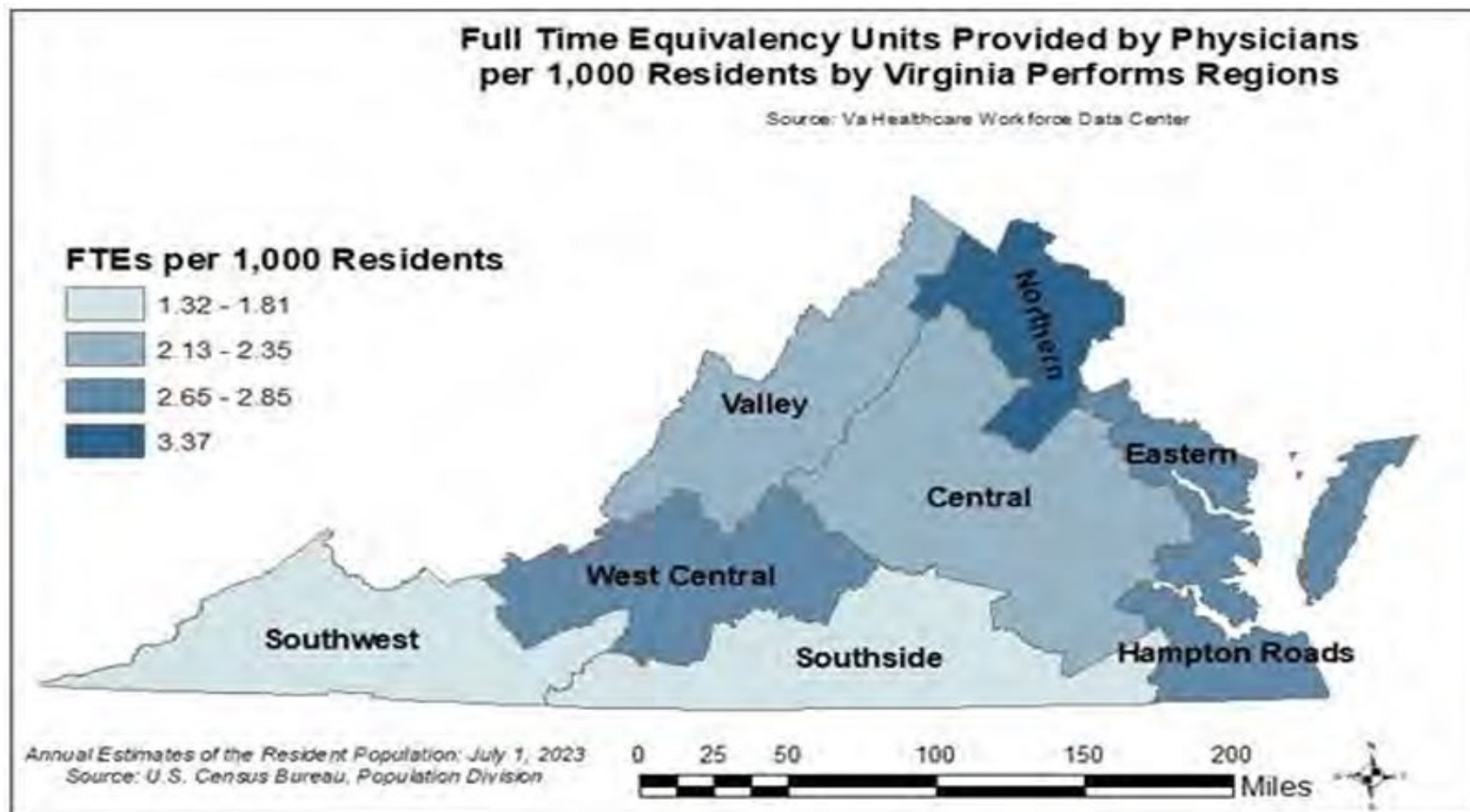
Diversity Index:	55%
Under 40 Div. Index:	57%

Source: Va. Healthcare Workforce Data Center

Reference: <https://www.dhp.virginia.gov/media/dhpweb/docs/hwdc/medicine/0101Physician2024.pdf>

Full Time Equivalency Units Provided by Physicians per 1,000 Residents by Virginia Performs Regions

Source: Va Healthcare Workforce Data Center



Northern Virginia and West Central (northern part of Southwest) has the **highest** number of Physicians per 1000 Patients.

Southside and Southwest Virginia have the **lowest** number of Physicians per 1000 patients

Reference: <https://www.dhp.virginia.gov/media/dhpweb/docs/hwdc/medicine/0101Physician2024.pdf>

Physicians Participating in Medicaid

Accepting New Medicare/Medicaid Patients?				
Response	Primary Location		Secondary Location	
	#	%	#	%
Medicaid				
Yes	8,820	76%	1,918	77%
No, I am not a Medicaid provider	2,118	18%	430	17%
No, I am a Medicaid Provider, but am not accepting new Medicaid patients	705	6%	127	5%
Total	11,643	100%	2,475	100%
Medicare				
Yes	12,959	67%	-	-
No	6,407	33%	-	-
Total	19,366	100%	-	-

Source: Va. Healthcare Workforce Data Center

- Among physicians who are accepting new patients at the primary office location, 76% are accepting new Medicaid patients
- 63% of physicians participate in Virginia's Medicaid program.

Gov't Program Participation		
Medicare Participating Provider		
Yes	5,607	19%
No	23,564	81%
Total	29,171	100%
Medicare Non-Participating Provider		
Yes	19,203	66%
No	9,967	34%
Total	29,170	100%
Medicaid Participating Provider		
Yes	18,296	63%
No	10,874	37%
Total	29,170	100%

Source: Va. Healthcare Workforce Data Center

Current Initiatives

1. Promote the “Annual Healthcare Visit Toolkit” found on the DBHDS website under Educational Resources. LINK: <https://dbhds.virginia.gov/office-of-integrated-health/> **On-going**
2. Provide and present as needed the slide deck “Importance of Annual Physicals aka. Wellness Visits & Routine Check – ups.” LINK: <https://dbhds.virginia.gov/wp-content/uploads/2022/05/ImportanceOfAnnualPhysicals.Oct2021.pdf> **On-going**
3. Provide and present as needed the Health and Safety Alert titled “Annual Healthcare Visits.” LINK: <https://dbhds.virginia.gov/wp-content/uploads/2023/02/Annual-Healthcare-Visits-HS-Alert-Feb-23.pdf> **On-going**
4. Post and promote the “Recognizing Declining Health” training to the Commonwealth of Virginia Learning Center (COVLC) that furthers the community’s understanding of the importance of having regular healthy visits to the primary care provider (PCP) so everyone has a clear understanding of what the individual’s baseline regarding health and wellness. **On - going**
5. Collaborating with the office of Provider Network Supports to enhance the questions in ISP 4.0 to allow for a deeper dive into the preventative screening aspects of annual healthcare and identify opportunities for additional growth around prevention. **In Process** (Implementation target date July 1, 2025)
6. Support Dr. Amanda Mueller, DBHDS Medical Director for DD to present at “The Importance of Advocacy” with a focus on medical appointments and engaging medical personnel at the Provider Innovation Conference. **Completed September 2025**
7. Develop an on – line request process for stakeholders to access the OIHSN Registered Nurse Care Consultants (RNCC) to obtain assistance accessing annual physical exams and other preventive healthcare. **Under Development**



Questions?