



# Post Move Monitoring



**Division of Facility Services  
Office of Patient Continuum Services**

**Department of Behavioral Health and Developmental Services**

**Community Integration Project Team**



Adapted from the PMM Community Information Handout rev. 7.30.23

# What is Post Move Monitoring?

- Focus is health, safety and overall wellbeing of individuals discharged from Virginia Training Centers
- Requirement of the DOJ Settlement Agreement
- Collaborative effort between Training Center staff, Community Services Board personnel, Community Providers and the Community Integration Manager.
- Communication across DBHDS departments to include Office of Human Rights and Office of Licensing.

# PMM Requirements

- Minimum of three face to face visits within 17 days of discharge to ensure Essential Supports are in place
- Provide additional supports as needed
- Should include visits to the home and day activity environments
- Scheduled to include monitoring of a meal in the home and day activity location
- Effective 11/01/15, an additional face to face visit to occur 45 to 60 days post discharge

# The Post Move Monitoring Report (PMMR)

- Detailed method of documenting evidence of the provision of essential supports.
- Includes questions directed toward the individual's acclimation to their new home and day activities.
- Reports are forwarded to the Provider and CSB Support Coordinator and made available for review by the Office of Human Rights, Office of Licensing, Community Resource Consultant, and DOJ Independent reviewer.
- AR/Guardian is also contacted and provided with information following each visit.

# Additional Post Move Monitoring

- Office of Human Rights
- CSB Support Coordinators
- Community Resource Consultants by referral
- Ongoing Post Move Monitoring and Incident Review Follow-Up by designated Community Integration staff

# PMM Incident Report Follow Up

- Notifications of serious incidents are received by Community Integration staff
- Sources include Providers, Office of Licensing, Office of Human Rights, and Community Services Boards.
- Involves contact with the provider to offer support and gather additional information regarding the wellbeing of the individual.
- The purpose of this process is to prevent or reduce the risk of additional incidents such as hospitalizations, nursing facility admissions, and fatality.